

# Strategic Plan for Asthma Control in Texas, 2021-2024



## Summary

The Texas Asthma Control Program at the Texas Department of State Health Services helps Texans better manage their asthma. Our mission is to make Texas a healthier place to breathe.

We created the "Strategic Plan for Asthma Control in Texas, 2021-2024" with the help of our partners across the state. We will use this plan to:

- Help people with asthma have better control of their disease
- Improve access to asthma self-management education and other asthma control services for everyone
- Decrease emergency room visits or hospital admissions because of asthma

## Priority Areas

The plan is organized into six priority areas:

1. Connecting people with asthma to asthma self-management education. Lessons cover ways that people with asthma can keep their asthma under control.
2. Helping Texans quit tobacco and avoid secondhand smoke. Smoke from tobacco and other products can trigger an asthma attack.
3. Making asthma home visits a normal part of asthma care. A trained home visitor can help find common asthma triggers.
4. Helping medical professionals stay up to date with best practices for asthma care.
5. Connecting people with asthma to social services or community programs for extra support outside of the doctor's office.
6. Supporting policies that improve air quality for everyone, indoors, outdoors, at work, or at home.

View the strategic plan at [dshs.texas.gov/asthma](https://dshs.texas.gov/asthma)

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