

**Texas School Health Advisory Committee
Meeting Minutes**

**March 29, 2021
10:00 a.m.**

Health and Human Services Commission

Meeting Site:

Microsoft TEAMS Live Event

Table 1: Texas School Health Advisory Committee member attendance at the March 29, 2021 meeting

MEMBER NAME	YES	NO	MEMBER NAME	YES	NO
Bajwa, Nomita, Pharm D	X		Naik, Neel, MD	X	
Cabra, Nydia	X		Ostrum, Helenka, MS, MPH	X	
Carollo, John		X	Rios, Eduardo	X	
Fudge, Barney	X		Saxton, Josette, MSSW	X	
Gardner, Julie. MEd	X		Schwind, Karen	X	
Glasscock, Bena, LPC	X		Silvius, Pete		X
Kay, Patricia MD	X		Surani, Zehra	X	
Kelly, Michael, PhD. MEd, Chair	X		Tyler, Mandy, MEd, RD	X	
Mitchell, Li-Yu MD	X		Wheeler, Anita, MSN, RN	X	

Agenda Item 1: Welcome/Call to Order/Introductions

The meeting of the Texas School Health Advisory Committee (TSHAC) was called to order at 10:00 a.m., Monday, March 29, 2021 by Dr. Michael Kelly. Dr. Kelly provided the opening remarks to the committee, and members of the public.

Mr. Eric Owens of the HHSC Advisory Committee Coordination Office announced the meeting was being conducted in accordance with the Texas Open Meetings Act and conducted the roll call of the members. A quorum of the Committee was present. Members introduced themselves including location and category of TSHAC membership they represent.

Agenda Item 2: Approval of the Meeting Minutes for the September 14, 2020 TSHAC Meeting

Mr. Eric Owens of the HHSC Advisory Committee Coordination Office called for a motion to approve the September 14, 2020 meeting minutes.

Motion: Ms. Anita Wheeler moved to approve the minutes from the September 14, 2020 meeting as presented. Mr. Eduardo Rios seconded the motion. Committee members unanimously approved the minutes with sixteen approves, no disapproves, no abstentions.

Agenda Item 3: Presentation to the TSHAC by Dorothy Garza, from Texas Health and Human Services, regarding youth mental health

Ms. Dorothy Garza provided a presentation to the TSHAC regarding youth mental health.

Dr. Kelly introduced the speaker Dorothy Garza who would be giving a presentation regarding youth mental health. She is a program specialist with the Health and Human Services Children's mental health team and the lead on House Bill 19 since it began. House Bill 19 was passed and became effective on September 1, 2019. It directs local mental and behavioral health authorities to employ an MPHP located in Education Service Center (ESC). Ms. Garza gave an update on how many MPHP's have been hired and which Education Service Centers are still looking for candidates. She stated there has been a shortage in staffing in the rural education service center areas. Ms. Garza stated key outcomes from the MPHPs reports between June 2020-December 2020. There are continued problem-solving other sources of support related to mental health substance abuse. They have a SharePoint where the MPHPs can share information which assists the areas without MPHPs.

Mr. Ed Rios asked if the statistic information would be available and Ms. Garza stated absolutely; it will be in the annual report. Ms. Josette Saxton thanked Ms. Garza for her presentation and asked about how suicide prevention is being addressed in their scope of work. Ms. Garza responded saying they have been providing the MPHPs with prevention and intervention resources that address suicide. They have brought in presenters from the HHSC office mental health coordination and described services rendered. The American foundation for suicide prevention is set to speak to team in June. Dr. Michael Kelly, chair asked about substance abuse and if there is anything in the training related to smoking in reference to the youth smoking cessation program. Ms. Garza we just had Donna Wood from HHSC presented to leadership teams their initiatives and resources being used and made available to further address this and other substance abuse issues. Looking at the entire picture at what is going into those risky behaviors and any substance use, not just tobacco cessation. Dr. Michael Kelly, chair also asked about ADHD mental health being addressed or more severe mental health. Ms. Garza responded that it all depends on what the schools are needing help with and there is not a checklist. Responded that the intent of the MPHP was not to create a bunch of trainers but to create a navigator to identify existing resource. Any mental health challenges the school community is facing, the MPHPs will be providing resources and helping connect resources.

Ms. Bena Glasscock is a Counselor in ESC 16, which does not have a MPHP. She asked Ms. Garza if she could explain how we can access the outreach programs that are in place until they get one in place. Ms. Garza stated she would need to reach out to her local ESC and they can share the SharePoint information that has many of the resources the MPHPs use. As a TSHAC, how to go about contacted the local SHAC's and letting them know about these resources. Ms. Anita Wheeler stated TSHAC can utilize the Friday Beat, which has about 9,000 subscribers, to help get the word out about this.

Agenda Item 4: Discussion related to draft Texas Administrative Code §102.1031 from the Texas Education Agency

Mr. Barney Fudge, TEA, led discussion related to draft Texas Administrative Code §102.1031 from the Texas Education Agency.

Mr. Barney Fudge, with the Texas Education Agency, lead a discussion related to the draft Texas Administration Code §102.1031. Mr. Fudge stated that this was an agenda item for the February meeting, and he will give an update to stay on task.

The School Health Program sent out the rules via email and received 5 comments from members on the committee. Mr. Fudge said additional comments can be provided once the rules are posted. Anita Wheeler asked when the rules be formally posted. Mr. Fudge said he has no timeframe for when they will be posted at this time.

Agenda Item 5: Discussion related to Senate Bill 435, 86th Legislative Session, 2019, which amended Education Code, §28.004(c), relating to recommendations by local school health advisory councils regarding opioid addiction and abuse education in public schools

Ms. Anita Wheeler provided an update to the committee on Senate Bill 435 from the 86th legislative session regarding education related recommendations for opioid addiction, abuse and intervention and referenced a handout entitled "SB 435 Senate Bill 435, 86th Legislative Session." Member discussion included:

Ms. Anita Wheeler provided an update to the committee on Senate Bill 435 from the 86th legislative session regarding education related recommendations for opioid addiction, abuse and intervention and referenced a handout entitled "SB 435 Senate Bill 435, 86th Legislative Session". Ms. Wheeler discussed the Opioid Use Prevention Resource document created by a member of the School Health Program. Ms. Wheeler reached out to TSHAC members and received input on the best evidence-based resources. Ms. Wheeler asked if there were any additional questions and comments before approving the document. Member discussion included:

Mr. Barney Fudge asked about the format used once document approve would it detail and specify which ones have a cost and which one are free. Ms. Wheeler responded yes and stated there is a section that states the purpose of the document. If there is a fee, there will be information to indicate which resources are free and which have a fee. ED Rios commented in the table there is a comment section next to resource that notes the fees.

Ms. Wheeler asked if members were ready to make a motion to put this document in its final format and make it available for posting.

Motion: Mr. Eduardo Rios moved to take the resource list and put it in its final format and make it ready for posting. Ms. Karen Schwinn seconded the motion. The committee members majority approved the minutes with sixteen approves, no disapproves, no abstentions.

Dr. Kelly asked what will happen next and Ms. Wheeler informed him it will be put into the template. The committee will take final look and then post it to the website. A notice will be sent to committee members and will put notification in the Friday beat.

Dr. Kelley, Chair asked what will happen next or what are the next actions and Ms. Anita Wheeler informed him that next DSHS would take it and put it in the template that is used for all TSHAC publications.

Agenda Item 6: Updates to the TSHAC Document Revision Schedule

Ms. Anita Wheeler provided an update to the committee regarding the document revision schedule and referenced a handout entitled "TSHAC Document Revision Schedule". Highlights of the document and member discussion included:

Dr. Kelly asked Anita Wheeler how many times documents have been accessed for utility. Ms. Wheeler said at this time they do not have exact number, but it does not mean we cannot obtain the data. Helenka Ostrum from the Texas Department of Agriculture (TDA) had a comment about the Student Consumption of Soda and recommended retiring the document. Karen Schwind commented about the Health Issues and Parent Involvement document and stated there is a resource available that is more accurate and updated than the one listed on the SHAC as a reference. Ms. Wheeler stated that many of these documents were created when there was little information on the topics available. If there are better resources available, then some of these resources can be retired. Patricia Kay stated she reviewed this list said there are some things that still seem to be outdated. She will send out to members to see which ones they may be interested in serving on as a subcommittee member.

Agenda Item 7: Updates from the Texas Education Agency, Texas Department of Agriculture, and Texas Department of State Health Services

Mr. Barney Fudge provided an update on the Texas Education Agency, Ms. Helenka Ostrum provided an update of the Texas Department of Agriculture and Ms. Anita Wheeler provided an update on the Department of State Health Services. Each provided an update on their respective agencies. Highlights of updates and member discussion included:

Dr. Kelly, Chair, introduced Mr. Barney Fudge with the Texas Education Agency (TEA). Mr. Fudge gave an update to the Physical Education and Health Education Standards. At the November 2020 State Board of Education meeting, The State BOE gave final approval to the Health Education and Physical Education TEKS effective August 01, 2022 and will be implemented in classrooms in the 2022-2023 school year. Health Education TEKS can be found on the health education TEKS content along with a link to the document that provides the approved health TEKS. For the Physical Education TEKS, the board did not have any revisions. Go to proposed rules page for the agency for these TEKS. Mr. fudge asked Ms. wheeler where to send the links to access this information. Ms. Natalie Gonsalves responded for Ms. Wheeler and suggested to Mr. Fudge to send those links to the School Health mailbox. Mr. Fudge stated that the instructional material review will be in July 2021.

Dr. Kelly, Chair, introduced Ms. Helenka Ostrum of TDA. Ms. Ostrum noted that school meals are still available to students. Families are encouraged to contact their school districts for availability. Ms. Ostrum gave text instructions on how to find a grab and go meal site. Ms. Ostrum explained the summer meal program. The US Department of Agriculture released several waivers for the summer meal program. They provide healthy meals for students in the summer. Ms. Ostrum states that the Health Ambassadors for Ready Texas (HART) applications are now open. They are seeking high school students to champion healthy eating. The applications close April 9, 2021. TDA has a student art contest that encourages children to learn healthy nutrition. They are now taking entries and the deadline is April 2, 2021.

Dr. Kelly, Chair then introduced Ms. Anita Wheeler with DSHS. Ms. Wheeler stated that year has been busy. The Texas School Health Advisory Guide is updated and is now posted on the DSHS School Health website. She stated that additionally they have updated and revised the school food allergies for children at risk for anaphylaxis. Texas School Health Advisory Council rules have been approved and adopted. They were updated to clarify several policies. Ms. Wheeler also stated that

the rules related to the administration of stock asthma treatment and medication has been approved and adopted and can be found on the Texas Administrative code. Ms. Wheeler said an update was made to the Epinephrine auto injection rules. Since the 87th regular session began in January, the agency has received 12 bills to analyze and the agency continue to receive bills. Two are related to School Health Advisory Council. Ms. wheeler also made comments on HB 1114 and HB 1594.

Agenda Item 8: Scheduling of the next TSHAC meeting and future meeting dates

Ms. Anita Wheeler led the discussion of future meeting including the next meeting set for September 13, 2021 and February 21,2022. Highlights of the member discussion included:

If the meetings move to in person, will there be an option to attend the meeting without. Mr. John Chacon stated they can call in and the meetings are webcasted. They will be able to attend through those methods.

Agenda Item 9: Future TSHAC agenda topics and priorities

Ms. Anita Wheeler led the discussion of future meeting topics and highlights of member discussion included:

Mr. Eduardo Rios, In the same way they did opioid resources, recommend pulling topics on the mental health front. There are a lot of them and weeding through those can be daunting. Ms. Anita Wheeler said she will get with Dorothy to make sure everything is aligned with what they are doing.

Dr. Kelly stated resources correlated to diabetes in schools would be beneficial. Ms. Wheeler said we would take that under advisement and touch based with the Diabetes team at DSHS.

Julie Gardner stated Its Time Texas has created many resources about SHAC's. She said it may be something we should look at down the road. Ms. Wheeler stated they work with Texas Action for Healthy Kids who also worked with Its Time Texas. It may be an opportunity for them to do a presentation of the resources.

Agenda Item 10: Public Comment

No public comment was offered.

Agenda Item 11: Adjournment

Dr. Michael Kelly, Chair, provided closing remarks and thanked committee members and members of the public for their attendance. Dr. Kelly, Chair, adjourned the meeting at 11:35 a.m.

Below is the link to the archived video of the March 29, 2021 Texas School Health Advisory Committee meeting that will be available for viewing approximately two years from date meeting was posted on website and based on the DSHS records retention schedule.

<https://texashhsc.swagit.com/play/03302021-501/2/>