

Texas School Health Advisory Committee (TSHAC)
APPROVED Meeting Minutes
September 12, 2022
10:00 a.m.
Department of State Health Services (DSHS)

Meeting Site:
TEAMS Virtual Meeting – Robert D. Moreton Building
Public Hearing Room M-100

Table 1: Texas School Health Advisory Committee member attendance at the September 12, 2022, meeting

MEMBER NAME	YES	NO	MEMBER NAME	YES	NO
Cabra, Nydia	X		Mosley, Michael	X	
Carollo, John		X	Nelson, Michelle	X	
Fudge, Barney	X		Rios, Eduardo	X	
Gardner, Julie	X		Rivera, Maria	X	
Glasscock, Bena	X		Ruiz, Raiza	X	
Hoffman, Shannon	X		Schwind, Karen	X	
Kay, Patricia		X	Silvius, Pete	X	
Kelly, Michael, Chair	X		Simpson, Margaret	X	
Kuhn, John	X		Surani, Zehra		X
Mitchell, Li-Yu	X		Vigil, Sharon	X	

Agenda Item 1: Welcome/Call to Order/Introductions

The meeting of the Texas School Health Advisory Committee (TSHAC) was called to order at 10:00 a.m., Monday, September 12, 2022, by Dr. Michael Kelly, Chair. Dr. Kelly provided the opening remarks to the committee, and members of the public and thanked expired members for their service on TSHAC: Neel Naik, Nomita Bajwa, Mandy Tyler, and Josette Saxton. Dr. Kelly introduced new members and indicated that they will have an opportunity to introduce themselves during the roll call: Margaret Simpson, John Kuhn, Maria Rivera, Michelle Nelson, Shannon Hoffman, and Sharon Vigil.

Ms. Francesca Kupper, Health and Human Services Commission (HHSC) Advisory Committee Coordination Office, announced the meeting was being conducted in accordance with the Texas Open Meetings Act, conducted the roll call, asked each member to briefly introduce themselves, and announced a quorum of the committee was present. Ms. Raiza Ruiz,

Committee Member representing DSHS, introduced DSHS staff, Hayden Evans, and Olivia Holzum.

Agenda Item 2: Consideration of Officer Election Procedure and election of Chair and Vice-Chair Elections

Dr. Michael Kelly, Chair, turned the meeting over to Mr. John Chacón, with HHSC Advisory Committee Coordination Office, to facilitate the officer elections. Mr. Chacón read the changes to the officer elections procedures for adoption by the committee members. Mr. Chacón opened the floor for questions, hearing none, Mr. Chacón asked for a motion to adopt the new officer elections procedures.

MOTION: Ms. Sharon Vigil motioned to approve the officer elections procedures as presented. Mr. Eduardo Rios second the motion. A roll call vote was taken by Mr. Chacón, and the Election Procedures as presented was approved by a roll call vote unanimously with fifteen approvals, no disapprovals, and no abstentions. The motion carried.

Mr. Chacón proceeded to the Chair elections and announced the nominations for Chair. The Chair nominee, Mr. Eduardo Rios was nominated by Dr. Michael Kelly. Mr. Rios provided his qualifications for the office of Chair. Being that there was only one candidate for the office of Chair, Mr. Chacón requested for a motion to elect Mr. Eduardo Rios as the Chair of the TSHAC by acclamation.

MOTION: Dr. Michael Kelly motioned to elect Mr. Eduardo Rios as the Chair of the TSHAC by acclamation. Mr. John Chacón conducted a roll call vote and Mr. Eduardo Rios was elected to serve as Chair of Texas School Health Advisory Committee with fifteen approves, no disapprovals, and no abstentions. Mr. Chacón advised the Chair that Mr. Rios will begin serving as Chair at the next Texas School Health Advisory Committee meeting.

Mr. Chacón proceeded to the Vice-Chair elections and announced the nominations for Vice-Chair. The Vice-Chair nominees, Ms. Bena Glasscock was nominated by Ms. Raiza Ruiz and Ms. Michelle Nelson nominated herself. Both candidates provided their qualifications for the office of Vice-Chair.

MOTION: Mr. John Chacón conducted a roll for the Vice-Chair election. Ms. Bena Glasscock was elected by a majority vote. Ms. Glasscock received ten votes, Ms. Michelle Nelson received two votes, and there were three abstentions from Mr. Barney Fudge, Mr. Michael Mosley, and Ms. Sharon Vigil.

Agenda Item 3: Consideration of February 28, 2022, draft meeting minutes

Dr. Michael Kelly, Chair, called for a motion to approve the February 28, 2022, meeting minutes.

Motion: Mr. Eduardo Rios moved to approve the minutes from the February 28, 2022, TSHAC meeting as presented. Ms. Karen Schwind seconded the motion. Committee members approved the minutes by a majority vote with thirteen approves, no disapproves, and two abstentions from Dr. John Kuhn and Ms. Sharon Vigil.

Agenda Item 4: Presentation from Michael & Susan Dell Center for Healthy Living childhood obesity and physical activity during Covid-19

Deanna Hoelscher, Director, Michael & Susan Dell Center for Healthy Living, provided the presentation and referenced a PowerPoint entitled "Changes in Objectively-Measured Physical Activity and Sedentary Behavior among School-Age Children during COVID-19".

Dr. Michael Kelly thanked Dr. Hoelscher and asked the committee if there were any questions or comments. Mr. Eduardo Rios thanked Dr. Hoelscher for the informative presentation.

Agenda Item 5: Presentation from Texas School Safety Center regarding bullying prevention

Brian Clason, Program Manager for Curriculum & Instruction at Texas School Safety Center, provided the presentation and referenced a handout entitled "Bullying Checklist for Schools".

Dr. John Kuhn thanked the speaker and shared that he has worked with the Texas School Safety Center in the past. Ms. Bena Glascock asked about the minimum standards for bullying coming out from the Texas Education Agency (TEA). Mr. Barney Fudge responded that she must reach out to that specific department from TEA for more information. Dr. Michael Kelly asked for any additional questions.

Dr. Michael Kelly, Chair, called for recess at 11:20 am and indicated the meeting would reconvene at 11:45 am.

Agenda Item 6: Updates from subcommittees on document revisions and resources.

Dr. Michael Kelly, Chair, reconvened the meeting at 11:45 am and asked Ms. Francesca Kupper to conduct a roll call to ensure a quorum of the committee was present. Ms. Kupper conducted a roll call and announced a quorum of the committee was present.

Dr. Michael Kelly, Chair, introduced Mr. Eduardo Rios, Dr. Li-Yu Mitchell, Ms. Karen Schwind, and Ms. Bena Glascock to provide subcommittee updates. Highlights of the update and member discussion included:

Regarding Completed Benefits of Supporting Healthy Physical Activity Behaviors in School Districts subcommittee:

- Mr. Eduardo Rios shared updates from the subcommittee. He shared that the subcommittee put together a reference for how to support healthy physical activity behaviors for schools. This document can inform and help districts revise their physical education and recess policies. The document is now available on the [TSHAC Recommendations webpage](#).

Regarding Completed SHAC APR Template subcommittee:

- Mr. Eduardo Rios shared that each SHAC must present to the board of trustees. The template document standardizes the report to the board. This is a template to communicate consistent information on their progress through the school year. The template is used to share and build consistency within SHACs across state. Mr. Barney Fudge asked if the PowerPoint format would be kept for districts. Ms. Raiza

Ruiz shared that this would replace the PowerPoint. Mr. Barney Fudge recommended keeping the PowerPoint.

- Mr. Barney Fudge asked for clarification on page 6 regarding healthy fitness content. Mr. Eduardo Rios responded that it is just an example, not a requirement. Ms. Sharon Vigil asked why the document was moved from a PowerPoint to a word document. Mr. Eduardo Rios shared that statute requires a report from schools. Mr. Eduardo Rios shared that people can still use a PowerPoint in addition to the report. Ms. Karen Schwind asked if the PowerPoint could still be made available for SHACs. Mr. Eduardo Rios shared that this came from meeting the requirement of having a report for consistency. He shared they can put a PowerPoint together with the same information if the committee would like one. Ms. Sharon Vigil shared she thought it was a good idea to create one since SHACs are used to that format. The completed word document is available on the [TSHAC Resources webpage](#).

Regarding Health Education for all Texas Students K-12 Grade subcommittee:

- Dr. Li-Yu Mitchell shared that the subcommittee could use additional members. The subcommittee has met and divided sections to be worked on. Expiring members had been working on some parts but will need to be replaced. Dr. Li-Yu Mitchell shared that some areas need refreshing but the subcommittee hopes to complete these revisions by the end of the year. Ms. Margaret Simpson, Ms. Michelle Nelson, and Dr. Maria Rivera volunteered to join the subcommittee.

Regarding Completed Late Start of School Activities for Students in High School subcommittee:

- Ms. Karen Schwind shared the completed document which was last updated in 2016. The subcommittee researched current literature and made updates and recommendations for high school to start at 8:30 am or after. The document recommends switching elementary and high school bus routes. The document also emphasized that high school students need additional sleep. Ms. Karen Schwind thanked DSHS staff for supporting the work of the subcommittee. The document can be accessed on the [TSHAC Recommendations webpage](#).

Regarding Bullying Prevention Toolkit subcommittee:

- Ms. Bena Glasscock shared that the toolkit was last updated in 2018. The old toolkit is four separate documents. The subcommittee is working to consolidate the toolkit into one document. The subcommittee has reviewed links and resources, removed outdated information, and included updated and new resources. The subcommittee is waiting for TEA's recommendations for minimum standards on bullying before completing their changes. Ms. Bena Glasscock asked for additional volunteers on the subcommittee. Ms. Sharon Vigil, Mr. Eduardo Rios, and Ms. Margaret Simpson volunteered to join the subcommittee.

Regarding Mental Health Resource for Educators in Schools subcommittee:

- Ms. Bena Glasscock shared that the document was updated in 2014. After reviewing the resources, the subcommittee decided to retire the document due to the TEA's new website with robust information and resources. Instead, DSHS will link the TEA website to the School Mental Health topic section on the TSHAC webpage. Mr. Eduardo Rios complemented TEA on the wealth of resources made available and agreed the TSHAC document should be retired.
- Dr. Michael Kelly thanked all the subcommittee members and leadership for their work. Ms. Raiza Ruiz asked if they could vote to approve ARP template and then

separately work on the PowerPoint. Dr. Michael Kelly agreed and summarized the proposed approval and retirement of all the documents discussed.

Motion: Mr. Rios motioned to approve the documents as described. Ms. Schwind seconded the motion. Motion carried with 13 approvals (B. Glasscock, S. Hoffman, M. Kelly, J. Kuhn, LY Mitchell, M. Nelson, E. Rios, M. Rivera, R. Ruiz, K. Schwind, P. Silvius, M. Simpson, and S. Virgil); no disapprovals, and two abstentions (B. Fudge and M. Mosley).

Agenda Item 7: Open Discussion on current topics and trends in School Health

Dr. Michael Kelly, Chair, opened the floor for discussion on suggested topics from members/participants for the next meeting. Highlights of the discussion included:

- Mr. Eduardo Rios asked about the recent attention around fentanyl and if the committee needs to revisit the opioid resource document. Ms. Raiza Ruiz shared that she would follow up with DSHS staff. Dr. Michael Kelly shared that this topic would be added to the next meeting agenda to decide if the committee needs to add to an existing document or create a new recommendation or resource document. Ms. Vigil seconded that and asked for a presentation on current resources. Ms. Karen Schwind asked to add the use of Naloxone/Narcan and resources for schools to have on stock at their schools. Dr. Mitchell agreed and shared her school is working to adopt policy regarding Narcan in schools and is trying to find free resources. She wants to let other SHACS know how to adopt this. Dr. Rivera agreed and shared that her school struggles with identifying a prescriber and legal needs.
- Ms. Michelle Nelson asked to discuss suicide in high school. Mr. Eduardo Rios shared that the committee previously discussed this topic and shared the committee believed TEA's Texas School Mental Health website best covered this topic. Ms. Michelle Nelson shared those websites are nice but wants more direct contact with schools and students and be more hands on.
- Ms. Michelle Nelson asked for a subcommittee to create a recommendation or resource document regarding school safety in terms of school shootings. Ms. Raiza Ruiz shared we don't currently have this document. She shared that DSHS will research what resources already exist before creating additional information. She shared she would report back on this topic.
 - Ms. Bena Glasscock shared that the Texas School Safety Center takes the lead on that topic.
- Ms. Karen Schwind shared a concern with current trends in school health is the lack of a school health resource at DSHS. Ms. Raiza Ruiz shared she will update committee on the position later in the agenda. She agrees it is a good resource, but it is a tough job market for school nurses and DSHS wants to get a qualified individual for the role. Ms. Raiza Ruiz recognized this is an essential position for the School Health Program.
- Ms. Shannon Hoffman asked about structure of subcommittees and if there are standing workgroups or subcommittees or if they are based on what documents come up. Dr. Michael Kelly shared there are not standing subcommittees. They are ad hoc subcommittees and the request of committee. Dr. Michael Kelly shared there is a schedule for updating documents which is revisited each meeting to decide which documents need revisions. Mr. Eduardo Rios shared that subcommittees are specific to the topic and length of subcommittee depends on the topic.
- Ms. Shannon Hoffman recommended an issue to explore and provide resources to local SHACs on workforce of what professionals can be utilized for mental health such

as social workers, school counselors, nurses, promotoras, and community health workers. Dr. Michael Kelly asked if the staff could connect with her after to decide more about this topic.

- Ms. Raiza Ruiz asked for volunteers for the SHAC Annual Progress Report PowerPoint. Mr. Eduardo Rios volunteered. Ms. Karen Schwind also volunteered.

Agenda Item 8: Workgroup assignments for resource updates

Ms. Raiza Ruiz, DSHS, provided updates to the TSHAC Document Revision Schedule and referenced handout titled "TSHAC Document Revision Schedule". Highlights of the update and member discussion included:

- Dr. Michael Kelly asked for volunteers to work with DSHS staff to update the SHAC Assessment and Cover Letter and share updates with committee. Pete Silvius volunteered to chair the subcommittee and asked when this needs to be completed. Dr. Michael Kelly shared updates for the committee should occur in February 2023 and finalized Fall 2023. Dr. Michael Kelly asked for additional volunteers for the subcommittee. Dr. John Kuhn, Mr. Eduardo Rios, and Ms. Michelle Nelson volunteered to work on the subcommittee. Dr. Michael Kelly thanked the committee.

Agenda Item 9: Updates from the Texas Education Agency, Texas Department of Agriculture, and Texas Department of State Health Services.

Mr. Barney Fudge provided an update on the Texas Education Agency, Mr. Michael Mosley provided an update from the Texas Department of Agriculture, and Ms. Raiza Ruiz provided an update from the Department of State Health Services. Highlights of updates and member discussion included:

- Mr. Barney Fudge shared the following updates from TEA:
 - House Bill (HB) 1525 and Senate Bill (SB) 9
 - Frequently Asked Questions (FAQ) document is still with legal for review.
 - SB 9 FAQ document posted to the Health Education webpage on 4-14-2022
 - Physical Fitness Assessment
 - For the 2022-2023 academic year, physical fitness assessment data will be due to the agency on June 9, 2022.
 - For the 2021-2022 academic year, approximately 59% (718 out of 1220 districts; total of 4,897 campuses) submitted fitness data to the agency via PFAI. That is an approximate 26% increase (568 out of 1220) from the previous academic year.
 - Information and resources which include a Quick Start Guide: Physical Fitness Assessment Initiative (PFAI), PFAI File Information and Upload Help Template, PFAI Data Template Spreadsheet, and PFAI Data Submission FAQs have been posted to the Physical Fitness Assessment Initiative (PFAI) web page and are being provided to assist districts with a successful data submission.
 - For technical assistance, please email pfaiprogramsupport@tea.texas.gov.
 - School Health Survey

- For the 2022-2023 academic year, survey data will be due to the agency on May 26, 2023.
- For the 2021-2022 academic year, approximately 63% (773 out of 1220 districts) submitted survey data. That is an approximate 15% increase (675 out of 1220) from the previous academic year.
- Report on Physical Education has been posted to the Coordinated School Health webpage under the Physical Education Reports heading.
- 2019-2020 State Average #of PE classes= 20.8 2020-2021=21.68
- 2019-2020 State Average# of Days=3.8 2020-2021=3.65
- 2019-2020 State Average# of Minutes=186.2 2020-2021=178.88
- Health Education and Physical Education Texas Essential Knowledge and Skills (TEKS)
 - The revised TEKS became effective in Texas Administrative Code (TAC) on August 1, 2022, with implementation beginning with the 2022-2023 academic year.
 - To view the TEKS for health education, please visit TAC, Chapter 115. To view the TEKS for physical education, please visit TAC, Chapter 116.
 - The revisions for health education and physical education include new standards for kindergarten–grade 8, three new high school courses for health education, and two new high school courses and one revised course for physical education. The new health courses are being offered for one-half credit and the new physical education courses are being offered for one-credit.
- Instructional Materials for Health Education and Physical Education
 - At the November 2021 State Board of Education (SBOE) meeting, the SBOE approved instructional materials which address the new health education and physical education TEKS.
 - The list of approved instructional materials can be found by visiting <https://tea.texas.gov/sites/default/files/p2022-list-of-materials-adopted.pdf>.
 - The SBOE did not adopt any instructional materials for health education at the elementary level or instructional materials for physical education at the elementary or middle school level.
 - The physical education materials adopted were for high school and address the TEKS for Lifetime Fitness and Wellness Pursuits which is one of the new high school courses.
 - Please note that districts can use any instructional materials they wish to teach the TEKS. If the instructional materials haven't been vetted through the TEA process, districts must determine the extent to which the instructional materials meet the TEKS.
 - If you have further questions about instructional materials or the adoption process, please visit <https://helpdesk.tea.texas.gov/hc/en-us/categories/360001825294-Instructional-Materials> to fill out a help desk ticket.
- HB 3489-Guidelines for the Use of Digital Devices
 - Adds Texas Education Code (TEC) §38.0231
 - Work has begun and will be reaching out to designated contact at DSHS soon.

- Mr. Michael Mosely shared the following TDA updates:
 - 2022 NSLP Farm Fresh Challenge begins in October is open for sign-ups.
 - Health Ambassadors for a Ready Texas (HART) has begun.
- Ms. Raiza Ruiz shared the following updates from DSHS:
 - School Health Program Updates
 - The Health Promotion and Chronic Disease Prevention Section (HPCDPS) was restructured in July 2022. With the reorganization, the School Health Program moved to the new Community Health Worker and School Health Branch. Ms. Ruiz is the new manager for this Branch.
 - HPCDPS is currently hiring a Director of the Health Promotion Unit.
 - The School Health Program Nurse Position has been posted and Ms. Ruiz hopes to schedule interviews soon.
 - The PS IV position is currently posted.
 - The approved TSHAC Documents will be uploaded to the DSHS TSHAC website in the coming weeks. DSHS will send an email to the committee members once this is completed.
 - TSHAC New Members: Ms. Ruiz reminded members to complete new member orientation training and send the certifications to schoolhealth@dshs.texas.gov. Members also need to sign and return the Statement of Members that Olivia will send out after the meeting.
 - Guidelines for the Care of Students with Food Allergies Update
 - This workgroup is comprised of TSHAC and SEAC members. The document was reorganized to fit DSHS/TSHAC branding and to make it easier to read. The workgroup updated research and legislation since the document was last published. The document is still being updated by the workgroup.
 - Ms. Ruiz thanked Dr. Michael Kelly for work as Chair and awarded him a certificate of service.

Agenda Item 10: Scheduling of the next TSHAC meeting and future meeting dates.

Dr. Michael Kelly, Chair, led discussion and provided the future proposed meeting dates. Highlights of member discussion included:

- Dr. Kelly, Chair, recommended February 27, 2023, as the next meeting date.
- Dr. Michael Kelly asked if that worked for most people. There were no objections. Mr. Eduardo Rios shared that date worked with him. Mr. John Chacón shared that ACCO will make sure and verify that date works for the production team.

Agenda Item 11: Future TSHAC agenda topics and priorities

Dr. Michael Kelly, Chair, opened the floor for suggested topics. Highlights of member discussion included:

- Dr. Michael Kelly shared that the TSHAC bylaws will be updated at the next meeting. He shared that a few documents will be coming up for revision based off the revision schedule in packets. Dr. Michael Kelly asked for any future topics. Ms. Karen Schwind added to the list for next year the Recommended School Health Services and Staff Roles. Dr. Michael Kelly verified that was noted.

Agenda Item 12: Public Comment

- No public comment was offered.

Agenda Item 13: Adjournment

Dr. Michael Kelly, Chair, provided closing remarks and thanked committee members and members of the public for their attendance. Dr. Kelly, Chair, adjourned the meeting at 12:49 p.m.

Below is the link to the archived video of the September 12, 2022, Texas School Health Advisory Committee meeting that will be available for viewing approximately two years from date meeting was posted on website and based on the DSHS records retention schedule.

[Texas School Health Advisory Committee \(TSHAC\) Agenda](#)