

# A1c Goals

Individualize goal based on patient risk factors

**A1c < 6-7%**



**A1c < 7-8%**

### Intensify management if:

- Absent/stable cardiovascular disease
- Mild-moderate microvascular complications
- Intact hypoglycemia awareness
- Infrequent hypoglycemic episodes
- Recently diagnosed diabetes

### Less intensive management if:

- Evidence of advanced or poorly controlled cardiovascular and/or microvascular complications
- Hypoglycemia unawareness
- Vulnerable patient (ie, impaired cognition, dementia, fall history)

A1c is referenced to a non-diabetic range of 4-6% using a DCCT-based assay. ADA Clinical Practice Recommendations. *Diabetes Care* 2009;32(suppl 1):S19-20

## References

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