

Lead Around the Home

If your house or apartment was built before 1978, there is a good chance the paint has lead in it.

Outside the Home...

- ▶ Do not try to remove the lead paint yourself.
- ▶ Do not paint over the old lead paint.
- ▶ Keep your family, especially young children, away from areas where lead paint is peeling or chipping.
- ▶ Plant grass, bushes or shrubs in bare dirt areas around your home.
- ▶ Call your local health department if you have questions about removing lead paint.

Inside the Home...

- ▶ Keep your home very clean. Pay special attention to areas your child can reach.
 - Clean floors, window sills, doorframes and baseboards with soap and water weekly.
 - Use a vacuum with a HEPA filter.
- ▶ Do not reuse cleaning rags until washed.
- ▶ Wash the cleaning rags separately from other family laundry.
- ▶ Do not let your child eat non-food items.
- ▶ Wash your child's toys, bottles and pacifiers often.
- ▶ Wash your child's hands before meals and at bedtime.



The only way to know if your child has a high blood lead level is to have a blood lead test. Children 6 years old and younger are at a higher risk.

Call your doctor or clinic to get your children tested if you think they may have lead poisoning.

Questions about lead?

Call your doctor, local health department or the Texas Childhood Lead Poisoning Prevention Program at **1-800-588-1248**.