

My Child Has A High Lead Level



The only way to know if your child has a high blood lead level is to have a blood lead test.

Children 6 years old and younger are at a higher risk. Call your doctor or clinic to get your children tested if you think they may have lead poisoning.

Questions about lead?

Call your doctor, local health department or the Texas Childhood Lead Poisoning Prevention Program at **1-800-588-1248**.

How can lead poisoning harm my child?

- ▶ It can damage the brain and nervous system.
- ▶ It can slow growth.
- ▶ It can cause learning and behavior problems.
- ▶ It can cause hearing problems and headaches.

What can I do?

- ▶ Take your child to the doctor for another blood lead test.
- ▶ Call your doctor to discuss your child's blood lead level.

What will the doctor or nurse do?

- ▶ Ask you some questions about where you live, what your child eats, and where adults in your house work.
- ▶ Tell you ways to clean up lead in your house.
- ▶ Tell you about foods that can help your child fight lead poisoning.
- ▶ Perform tests to see if your child is learning and behaving normally.

It is important to find how your child is getting exposed to lead.

- ▶ Someone from the health department may be sent to your house to find the sources of lead.