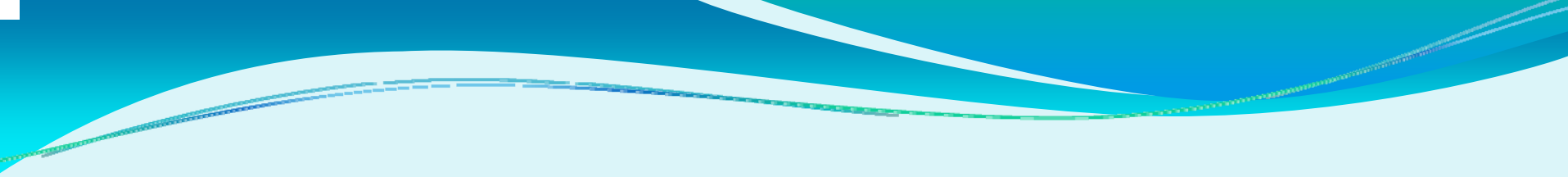




MHPAC

September 3, 2009

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- Via Hope, is Texas Mental Health Resource that will provide mental health training and technical assistance for mental health consumers, youth, family members and other stakeholders. Via Hope is an effort supported by a partnership with the Department of State Health Services, Mental Health America of Texas and the National Alliance on Mental Illness of Texas to transform mental health services statewide.



Provide Training Based on 2009 Needs Assessment

- Identify a minimum of five priority areas for training and technical assistance by September 20.
- Identify the specific topics for training in a minimum of five different cities by October 20.
- Identify the list of trainings, costs, and supporting materials by November 20.



Training Needs Assessment

- Peer Specialist Training Topics.
 - Check top 3 from list of 9 topics.
 - Write in others not listed.

- Peer Support Training Topics for Providers.
 - Answer only if representing employers.
 - Check top 3 from list of 9 topics.
 - Write in others not listed.



Priority Areas for Training

- Personal Recovery and Resiliency
 - Managing Your Illness
- Mental Health Treatment Options
 - Understanding diagnosis and treatment options
- Integrated mental/physical health care.
 - Understanding Relationship between mental/physical health
- Childhood Development
 - Social/Emotional, language cognitive, and physical development.
- Community Integration
 - Housing, employment, transportation, etc.
- Suicide Prevention



Develop Peer Training and Certification Program

- Phase One - Adult peers
 - Individuals with SMI who are in recovery, employed in positions to work with others with SMI.
- Phase Two - Family and professional partners.
 - Family members of individuals with SMI, helping other family members of individuals with SMI.



Develop Peer Training and Certification Program

- Administrative issues for training and certification.
 - Application process.
 - Eligibility requirements.
 - Prerequisites.
 - Grandfathering and reciprocity.
 - Testing process.
 - Continuing education requirements for recertification.
 - Guiding principles and code of ethics.



Develop Peer Training and Certification Program

- Identification of preferred training curriculum.
 - Georgia/Appalachian Consulting/DBSA Model.
 - Recovery Innovations Model.
- Procurement of curriculum.
 - “Own or rent”.
- Adapt for Texas requirements.
 - Description of state mental health system?
- Whole Health.
 - Promote connection between physical and mental health.



Develop Peer Training and Certification Program

- Wellness, Recovery, Action Plan (WRAP)
 - Developed by Mary Ellen Copeland.
 - Self help tool for individuals in recovery.
 - Pre-requisite for individuals applying to become peer specialists?
 - Sources of WRAP facilitation.



Develop Peer Training and Certification Program

- Provide training & develop training capacity.
 - Currently, no in-house training capability.
 - Continue to contract or develop capability?
- Contract with Firm for Professional Trainers.
 - Initial Training Class for Peer Specialists.
 - Train the Trainers Class from initial graduates.
 - Second Class for Peer Specialists using new trainers.
 - Fall back, “Plan B”.



Develop Peer Training and Certification Program

- Infrastructure Development.
 - Peer Supports = Workforce Development.
 - Educate providers on benefits of hiring peer providers.
 - Develop sample job descriptions and workplace policies regarding peer specialists.
 - Identify changes in workplace culture needed to successfully incorporate peer specialists.
 - Identify any other supports needed to make position successful.



Develop Peer Training and Certification Program

- Adult peer certification:
 - Proposed administrative and training plans by September 20, 2009.
 - Proposed policies, procedures, and curriculum by November 20, 2009.
 - Initial training 1st quarter of calendar 2010.
 - Train the Trainers, 2nd quarter of calendar 2010.
 - Second Training, 3rd quarter of calendar 2010.



Develop Peer Training and Certification Program

- Family and professional partners
 - Proposed administrative and training plans by January 20, 2010.
 - Policies, procedures, and curriculum by February 20, 2010.
 - Training schedule to be determined.
- Group working with DSHS on same issue



Develop Peer Training and Certification Program

- First year goal:
 - 50 peer specialists.
 - 7 peer trainers.
 - 10 family partners.
 - 10 professional partners.



Contact Information

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