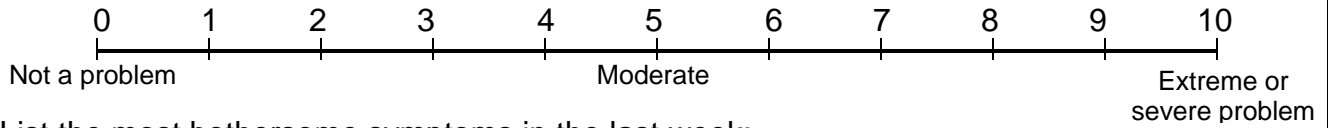


Depression

Circle that number that best describes how much a problem your symptoms were:

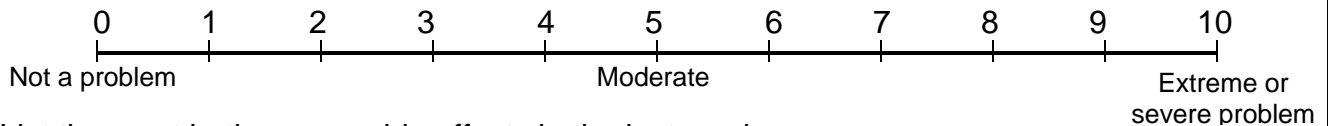


List the most bothersome symptoms in the last week:

-
-
-

Things I did for me: _____

Circle that number that best describes how much a problem your side effects were:



List the most bothersome side effects in the last week:

-
-
-

Things I did that helped: _____

List medications that you are currently taking:

- 1.
- 2.
- 3.
- 4.

About how long have you been taking each medication? Weeks Months Years

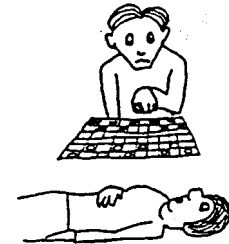
SYMPTOMS



Not sleeping or sleeping too much



Restlessness or slowness observable by others



Can't make decisions and can't concentrate



Feeling down all day



Blaming yourself too much and feeling worthless



Fatigue or loss of energy nearly every day



Significant change in weight or appetite



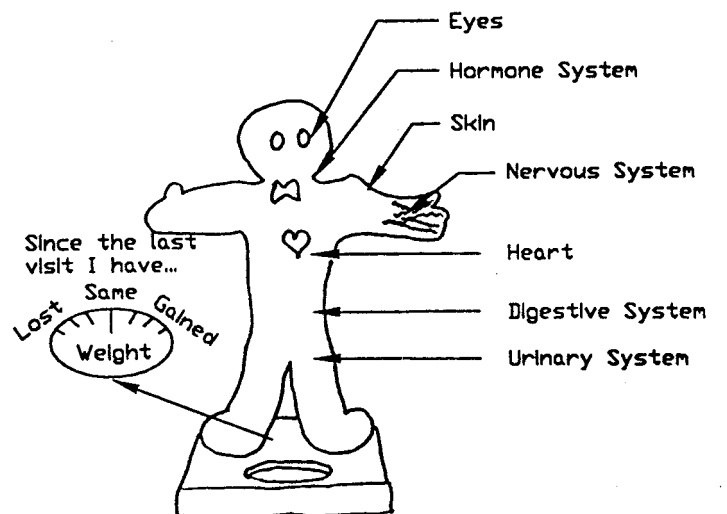
Thinking about death frequently



No longer interested in favorite activities

Medications can cause side effects in many parts of the body. Some may go away in time, others can be treated by your doctor.

Ask your doctor about side effects that need to be reported immediately!



Illegal drugs and alcohol may increase the side effects of medications or keep them from working.

