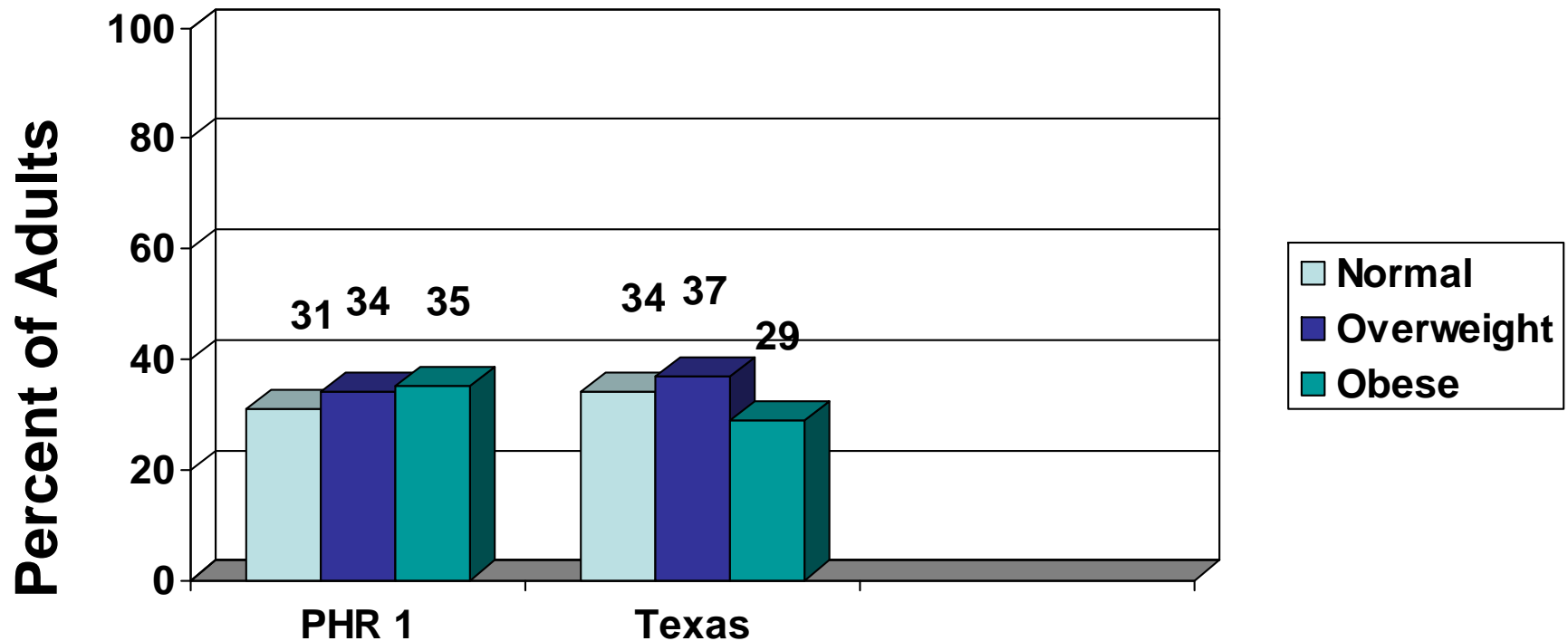


# Public Health Region 1

## 69% overweight or obese



\* A BMI between 25 and 29.9 is considered overweight

\*\*A BMI greater than 30 is considered obese

Texas BRFSS: 2007 Results