**Plano Independent School District**

**School Health**

**Possible Problems with Blood Pressure Measurement**

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| **Observation** | **Reason/Action** |
| False- low reading | Forearm is positioned above the heart.  Cuff is too large. |
| False-high reading | Forearm is positioned below the heart.  Performing a blood pressure test on the same arm more than two times in a row.  Cuff is too small. |