

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p><u>Acerflex</u></p> <p>Manufacturer Nutricia</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Isoleucine, leucine and valine-free medical food. Not intended as a sole source of nutrition. Not intended for infants under 1 year of age.</p>	<p>Inborn errors of metabolism: for the dietary management of Maple Syrup Urine Disease in children over the age of 1 year.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p>	<p>PWD: 454g can</p> <p>4 cans/case</p> <p>pineapple</p>	
<p><u>Alimentum</u></p> <p>Manufacturer Abbott</p> <p>Form PWD, RTU</p> <p>Type Protein Hydrolysate</p> <p>Level 1 Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, casein hydrolysate, hypoallergenic infant formula with DHA and ARA added. Iron-fortified, gluten-free, lactose-free. 33% of fat is MCT oil. RTU contains sucrose and modified tapioca starch. Powdered Alimentum differs from RTU in that it contains corn derivatives.</p>	<p>1) Cow's milk and/or soy allergy, intolerance or sensitivity.</p> <p>2) Malabsorption.</p> <p>3) Gastroesophageal reflux (GER) with one or more of the following: aspiration or risk of aspiration, respiratory disease (bronchopulmonary dysplasia, reactive airway disease, chronic lung disease, asthma, or pneumonia), poor weight gain or weight loss, esophagitis, using reflux medications such as Prevacid, Prilosec, Zantac, Bethanecol, Tagamet, Reglan, Zegrid (omeprazole) or generic equivalents. For other reasons, contact state office staff.</p> <p>4) Intact protein sensitivity/allergy.</p> <p>5) RTU may be issued for intolerance to powder, if the RTU form improves compliance and better accommodates the infants condition.</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 16oz</p> <p>6 cans/case</p> <p>RTU: 32oz</p>	
<p><u>BCAD 1</u></p> <p>Manufacturer Mead Johnson</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Exempt/ Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>An isoleucine, leucine and valine-free iron-fortified formula. Contains increased levels of B-vitamins for cofactor production. Appropriate amounts of leucine, isoleucine, and valine must be supplied by other foods. Not intended as a sole source of nutrition.</p>	<p>Maple Syrup Urine Disease (MSUD) in infants or toddlers.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p> <p>No UPC on can; must be drop shipped</p>	<p>PWD: 16oz can</p> <p>6 cans/case</p>	
<p><u>BCAD 2</u></p> <p>Manufacturer Mead Johnson</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Isoleucine, leucine and valine-free. Amino acid modified, branched-chain amino acid-free, medical food with iron. Appropriate amounts of leucine, isoleucine, and valine must be supplied by other foods. Not intended as a sole source of nutrition. 24g protein/100g powder.</p>	<p>Maple Syrup Urine Disease (MSUD) in children or adults.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p> <p>No UPC on can; must be drop shipped</p>	<p>PWD: 16oz can</p> <p>6 cans/case</p>	

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

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Texas WIC 1

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Boost		31cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free liquid supplement. Similar to Ensure and Nutren.	1) Medical condition that increases calorie needs. 2) Oral motor feeding problems. 3) Tube feeding. Normally used for adults. If prescribed for a child or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz bottle 24 cans/case vanilla chocolate
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Boost High Protein		30cal/oz, nutritionally complete, Kosher , high-protein, low residue, gluten-free, lactose-free liquid supplement. Similar to Ensure High Protein.	For supplemental protein requirements such as those recovering from illness including cancers, wounds, and surgery	RTU: 8oz bottle 24 cans/case vanilla
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Boost Plus		46cal/oz, nutritionally complete, high-calorie, Kosher , low-residue, gluten-free, lactose-free oral supplement. Similar to Ensure Plus.	1) Medical condition that increases calorie needs and/or fluid restriction. 2) Oral motor feeding problems. 3) Tube feeding. Normally used for adults. If prescribed for a child or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz bottle 24 cans/case vanilla chocolate strawberry
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Boost Pudding		240cal/5 oz, nutritionally complete, Kosher , low-residue, gluten-free, lactose-free supplement in pudding form. Similar to Ensure Pudding.	Chewing or swallowing problems and need for increased calories.	RTU: 5oz cup 4 cups/carton vanilla chocolate butterscotch
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Bright Beginnings Pediatric Drink		30cal/oz, nutritionally complete, gluten-free, lactose-free supplement for oral or tube feeding. Similar to Pediasure and Nutren Jr.	1) Medical condition that increases calorie needs or for catch up growth in preemies. 2) Oral motor feeding problems. 3) Tube feeding. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT (Failure to thrive) due to inadequate calorie intake. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can 24 cans/case vanilla chocolate strawberry
Manufacturer	PBM Products			
Form	RTU			
Type	Pediatric Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			

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Texas WIC 2

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Bright Beginnings Pediatric Drink w/Fiber</u>		30cal/oz, nutritionally complete, gluten-free, lactose-free supplement for oral or tube feeding formula with fiber. Similar to Pediasure with Fiber and Nutren Jr. with Fiber.	1) Medical condition that increases calorie and fiber needs or for catch up growth in preemies. 2) Oral motor feeding problems and need for increased fiber. 3) Tube feeding and need for increased fiber. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT (Failure to thrive) due to inadequate calorie intake. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can 24 cans/case vanilla
Manufacturer	PBM Products			
Form	RTU			
Type	Pediatric Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Bright Beginnings Sov Pediatric Drink</u>		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, cow's milk protein-free supplement for oral or tube feeding.	1) Medical condition that increases calorie needs or for catch up growth in preemies and cow's milk allergy or intolerance with a need for weight gain. 2) Oral motor feeding problems and cow's milk allergy or intolerance. 3) Tube feeding and cow's milk allergy or intolerance. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can 24 cans/case vanilla
Manufacturer	PBM Products			
Form	RTU			
Type	Pediatric Soy Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Calcilo XD</u>		20cal/oz, low-calcium, vitamin D-free, infant formula; Kosher , gluten-free, lactose-free, nutritionally complete for all nutrients except calcium, phosphorus and vitamin D.	1) For use in osteoporosis 2) For use in William's syndrome 3) For all other reasons, contact State If for metabolic reason, requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 13.2oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Low Calcium Formula			
Level 4	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>Carnation Instant Breakfast Lactose Free VHC</u>		70cal/oz, nutritionally complete, calorically dense, Kosher , gluten-free, lactose-free, low residue, low-sodium, low cholesterol. 2.25 kcal/ml	For medical conditions requiring very high calories and/or a severe liquid restriction	RTU: 250mL box 24 boxes/case vanilla chocolate
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Compleat</u>		32cal/oz, blenderized, gluten-free, lactose-free, nutritionally balanced supplement made from natural foods. Contains fiber.	Medical condition requiring tube feeding. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 250mL can 24 cans/case unflavored
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			

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Texas WIC 3

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Compleat Pediatric		30cal/oz, blenderized, nutritionally balanced, gluten-free, lactose-free, formulated from natural foods with fiber.	Medical condition requiring tube feeding. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 250mL can 24 cans/case unflavored
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Crucial		45cal/oz , nutritionally complete, high-calorie, high-protein, low-residue, gluten-free, lactose-free elemental diet. 50% of fat is MCT oil. For Adults Only	1) Wound healing 2) Critical illness including major surgery, trauma, hypermetabolism, and head injury	RTU: 250mL can 24 cans/case unflavored
Manufacturer	Nestle			
Form	RTU			
Type	Elemental Formula			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Cyclinex 1		Non-essential amino acid-free medical food with iron. Gluten-free and lactose-free.	1) HHH Syndrome 2) Defects in urea cycle enzyme 3) Gyrate atrophy of the choroid and retina Note: For infants or children. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt/Medical Food			
Maximum Length of Issuance	1 Certification Period			
Cyclinex 2		Non-essential amino acid-free medical food with iron. Gluten-free and lactose-free.	1) HHH Syndrome 2) Defects in urea cycle enzyme 3) Gyrate atrophy of the choroid and retina Note: For children or adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
DiabetiSource AC		36cal/oz, Kosher , gluten-free, lactose-free, nutritionally balanced supplement made from natural foods.	1) Diabetes Mellitus 2) Glucose intolerance 3) Stress-induced hyperglycemia 4) Diabetes with wounds	RTU: 250mL can 24 cans/case unflavored
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
E028 Splash		30cal/oz, nutritionally complete, lactose, gluten, whey, soy and milk protein-free elemental formula containing 100% free amino acids. For oral or tube feeding. 35% of fat is MCT oil. Not intended for infants under 1 year of age. Same nutrient profile as Neocate One +.	1) Severe malabsorption 2) Severe food allergies, multiple protein intolerance. 3) GI impairment 4) Medical condition requiring a hypoallergenic elemental formula. Normally used for children over age 1.	RTU: 8oz box 27 boxes/case orange-pineapple grape tropical fruit
Manufacturer	Nutricia			
Form	RTU			
Type	Pediatric Elemental Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

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Texas WIC 4

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p>EleCare</p> <p>Manufacturer: Abbott Form: PWD Type: Elemental Formula Level 3 Exempt/Medical Food Maximum Length of Issuance: 1 Certification Period</p>		<p>Nutritionally complete hypoallergenic amino acid-based medical food with iron for oral or tube feeding. 20 cal/oz is the standard dilution for infant feeding. 30 cal/oz is the standard dilution for children over 1 year of age.</p>	<p>1) Severe malabsorption 2) Multiple food allergies 3) GI impairment, or medical condition requiring a hypoallergenic formula.</p> <p>Note: A protein hydrolysate (Nutramigen LIPIL, Alimentum, or Pregestimil LIPIL) must be trialed before issuing unless medically contraindicated. Contact state office staff for exceptions.</p>	<p>PWD: 14.1oz can 6 cans/case unflavored vanilla</p>
<p>EnfaCare LIPIL</p> <p>Manufacturer: Mead Johnson Form: PWD, RTU Type: Premature Infant Formula Level 1 Exempt Maximum Length of Issuance: See guidelines in next panel</p>		<p>22 cal/oz, iron fortified, Kosher, high protein, vitamin, and mineral formula with added DHA and ARA designed for preterm and/or low birth weight infants. 20% of fat is MCT oil. Similar to Neosure.</p>	<p>Premature or low birth weight infants meeting birth weight guidelines as indicated below. If needed longer or for other medical reasons, consult with state office staff. Premature infants weighing more than 5lbs 8oz at birth - may issue for 1 month with hospital prescription.</p> <p>≥3lbs. 5oz (1500gms) to ≤ 5lb 8oz (<2500gms) issue up to 9 months chronological age.</p> <p><3lbs. 5oz (<1500gms) issue up to 12 months chronological age.</p> <p>If requested outside of these parameters or for other reasons, contact the State office for approval. Ready-to-use may be issued if the RTU form improves compliance or better accommodates the infants condition.</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>RTU: 32oz can 6 cans/case</p> <p>PWD: 12.8oz cans 6 cans/case</p>
<p>EHMF-Enfamil Human Milk Fortifier</p> <p>Manufacturer: Mead Johnson Form: PWD Type: Human Milk Fortifier Level 4 Exempt Maximum Length of Issuance: 1 month</p>		<p>One packet added to 25mL of human milk provides approximately 24cal/oz. One packet added to 50mL of human milk provides approximately 22cal/oz. Kosher. Increases the levels of protein, energy, calcium, and phosphorus when mixed with mother's milk. Similar to SHMF.</p>	<p>For breast-fed babies who were born premature or with a low birth weight</p>	<p>PWD: 0.71g packet 100 packets/carton 2 cartons/case 200 packets/case</p>
<p>Enfamil AR LIPIL</p> <p>Manufacturer: Mead Johnson Form: PWD, RTU Type: Milk Based; Rice Starch Added Infant Formula Level 1 Non-Exempt Maximum Length of Issuance: 1 Certification Period</p>		<p>20cal/oz, milk-based, Kosher, iron-fortified infant formula with rice starch, DHA and ARA added. Thickening occurs when it comes in contact with stomach acid.</p>	<p>1) Documented intolerance to Similac Sensitive RS and Gastroesophageal reflux Disease (GERD), Gastroesophageal reflux (GER), or reflux. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with Similac Sensitive RS required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.</p> <p>2) May be considered if Health Care Provider (HCP) indicates that a lactose free formula is not medically acceptable.</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 12.9oz can 6 cans/case</p> <p>RTU: 32oz can 6 cans/case</p>
<p>Enfamil LIPIL 24</p> <p>Manufacturer: Mead Johnson Form: RTU Type: Standard Milk Protein Infant Formula Level 4 Maximum Length of Issuance:</p>		<p>24cal/oz, Kosher, standard milk-based, iron-fortified infant formula</p>	<p>For infants who have exceptional calorie needs, volume restriction, and/or oral motor feeding problems who cannot be accommodated by liquid concentrate or powder plus intolerance to contract formula.</p> <p>Contact State for approval</p>	<p>RTU: 2oz bottle 48 bottles/case</p>

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Texas WIC 5

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p>Enfamil LIPIL w/ Iron</p> <p>Manufacturer Mead Johnson</p> <p>Form PWD, CON, RTU</p> <p>Type Standard Milk-Based Infant Formula</p> <p>Level 1 Non-Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, iron-fortified, Kosher, milk-based infant formula with DHA and ARA added. Similar to Similac Advance.</p>	<p>Documented intolerance to contract formula. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 12.9oz 6 cans/case</p> <p>CON: 13oz 12 cans/case</p> <p>RTU: 32oz 6 cans/case</p>	
<p>Enfamil Premature LIPIL 24 w/ Iron</p> <p>Manufacturer Mead Johnson</p> <p>Form RTU</p> <p>Type Premature Infant Formula</p> <p>Level 4 Exempt</p> <p>Maximum Length of Issuance 1 month</p>	<p>24cal/oz, Kosher, high-protein and mineral formula, whey protein (60:40) dominant iron-fortified infant formula with DHA and ARA added. 40% of fat is MCT oil. Similar to Similac Special Care Advance 24 w/ Iron.</p>	<p>For premature or low birth weight infants</p> <p>When more than 12 oz (355 mL) of 24 Calories/fl oz formula is used per day, which may occur in larger infants weighing over 2500 g (5.5 lbs.) consuming only Enfamil Premature, intake of some nutrients (e.g. fat soluble vitamins) may be excessive.</p>	<p>RTU: 2oz bottle 48 bottles/case</p>	
<p>Enfaport LIPIL w/ Iron</p> <p>Manufacturer Mead Johnson</p> <p>Form RTU</p> <p>Type Milk Based; High MCT content</p> <p>Level 3 Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, iron-fortified, milk-based infant formula. Nutritionally complete, 84% of fat as MCT. Sole source of nutrition up to 6 months, major source of nutrition through 12 months of age</p>	<p>1) Chylolthorax</p> <p>2) For children and adults who do not efficiently digest or absorb conventional fat and long chain fatty acid oxidation disorders e.g. decreased pancreatic lipase, decreased bile salts, defective mucosal fat absorption, and/or defective lymphatic anomalies, hyperlipoproteinemia type 1, or long chain 3-hydroxyacyl-CoA dehydrogenase deficiency (LCHAD)</p> <p>3) Conditions requiring high MCT oil; 84% of fat blend as medium chain triglycerides (MCT) oil</p>	<p>RTU: 8oz</p>	
<p>Ensure</p> <p>Manufacturer Abbott</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level 2 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>31cal/oz, nutritionally complete, Kosher, gluten-free, lactose-free, low-residue supplement for oral or tube feeding. Similar to Boost.</p>	<p>1) Medical condition that increases calorie needs.</p> <p>2) Oral motor feeding problems.</p> <p>3) Tube feeding.</p> <p>Normally used for adults. If prescribed for a child or for any reason other than that listed above, consult with local agency RD or state office staff.</p>	<p>RTU: 8oz can 24 cans/case vanilla, choc, coffee latte strawberry, butter pecan RTU: 32oz can- 6 cans/case vanilla</p>	
<p>Ensure w/Fiber</p> <p>Manufacturer Abbott</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level 2 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>31cal/oz, nutritionally complete, gluten-free, lactose-free supplement with fiber. For oral or tube feeding. Similar to Boost w/Fiber and Nutren w/Fiber.</p>	<p>1) Medical condition that increases calorie and fiber needs.</p> <p>2) Oral motor feeding problems and need for increased fiber.</p> <p>3) Tube feeding and need for increased fiber.</p> <p>Normally used for adults. If prescribed for a child or for any reason other than that listed above, consult with local agency RD or state office staff.</p>	<p>RTU: 8oz can 24 cans/case vanilla chocolate</p>	

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Texas WIC 6

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Ensure High Calcium		28cal/oz, nutritionally complete supplement, Kosher , gluten-free, lactose-free, low-residue, 500mg calcium/ 8oz can.	1) Persons who are at risk for fractures, need extra protein, calcium, vitamin D, and other nutrients 2) Persons recovering from surgery	RTU: 8oz can 24 cans/case vanilla chocolate
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ensure High Protein		29cal/oz high-protein, Kosher , gluten-free, lactose-free, low-residue oral supplement. 21.3% cal are from protein. Nutritionally complete. Similar to Boost High Protein.	1) Medical condition that restricts or precludes the use of conventional foods 2) Good source of nutrition for persons who have or are at risk for pressure ulcers.	RTU: 8oz can 24 cans/case vanilla chocolate wild berry
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ensure Plus		45cal/oz, nutritionally complete, Kosher , high calorie, low-residue, gluten-free, lactose-free, oral supplement. Similar to Boost Plus. Contains 3g fiber per serving.	1) Medical condition that increases calorie needs and/or fluid restriction. 2) Oral motor feeding problems. 3) Tube feeding. Normally used for adults. If prescribed for a child or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can 24 cans/case vanilla, choc, butter pecan straw & crm, coffee latte RTU: 32oz can 6 cans/case vanilla, chocolate
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ensure Pudding		170cal/4 oz, nutritionally complete, Kosher , gluten-free, lactose-free, supplement in pudding form. Similar to Boost Pudding.	1) Chewing or swallowing problems and need for increased calories. 2) Fluid restricted diets	RTU: 4oz cup 4 cups/carton homemade vanilla creamy milk chocolate butterscotch delight
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
FiberSource HN		36cal/oz, nutritionally complete, high-nitrogen, 100% soy protein supplement with fiber for oral or tube feeding. Contains MCT oil.	For persons with abnormal bowel function, extended inactivity, neurologic impairment, or developmental disability requiring additional protein.	RTU: 250mL can 24 cans/case unflavored
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			

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Texas WIC 7

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p style="text-align: center;"><u>GA</u></p> <p>Manufacturer Mead Johnson Form PWD Type Metabolic Level S/3 Exempt/Medical Food Maximum Length of Issuance 1 Certification Period</p>		A lysine and tryptophan-free, iron-fortified formula. Contains increased B-vitamins for cofactor production. 1 unpacked level scoop = 4.5 g powder.	Glutaric acidemia type I in infants or children. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case
<p style="text-align: center;"><u>Gentlease LIPIL</u></p> <p>Manufacturer Mead Johnson Form PWD Type Standard Milk-Based Infant Formula Level 1 Non-Exempt Maximum Length of Issuance 2-3 months</p>		20cal/oz, iron-fortified, Kosher , nutritionally complete infant formula with reduced lactose (25% the lactose of a full lactose milk-based formula), partially hydrolyzed nonfat cow milk protein, and whey protein concentrate with DHA and ARA.	Documented intolerance to contract formula. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.	PWD: 12oz can 6 cans/case
<p style="text-align: center;"><u>Glutarex 1</u></p> <p>Manufacturer Abbott Form PWD Type Metabolic Level S/3 Exempt Maximum Length of Issuance 1 Certification Period</p>		Amino acid modified medical food with iron. Lysine and tryptophan-free. Gluten-free and lactose-free.	Glutaric acidemia type I in infants or children. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
<p style="text-align: center;"><u>Glutarex 2</u></p> <p>Manufacturer Abbott Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period</p>		Amino acid modified medical food with iron. Lysine and tryptophan-free. Gluten-free and lactose-free.	Glutaric acidemia type I in children and adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
<p style="text-align: center;"><u>Glytrol</u></p> <p>Manufacturer Nestle Form RTU Type Increased Calorie Supplement Level 4 Medical Food Maximum Length of Issuance 1 Certification Period</p>		30cal/oz, iron-fortified, Kosher , gluten-free, lactose-free, sucrose-free carbohydrate blend to support glycemic control.	For persons with Diabetes Mellitus, abnormal glucose tolerance, or hyperglycemia.	RTU: 250 ml 24 cans/case vanilla

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 8

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS	Description	REASONS FOR ISSUANCE	PACKAGING
<p style="text-align: center;"><u>Good Start Gentle Plus</u></p> <p>Manufacturer Nestle Form PWD, CON, RTU Type Standard Milk-Based Formula Level 1 Non-Exempt Maximum Length of Issuance 2-3 months</p>	<p>20cal/oz, iron-fortified, nutritionally complete infant formula with partially hydrolyzed 100% whey protein. Contains DHA/ARA.</p>	<p>Documented intolerance to contract formula. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 12oz can 6 cans/case CON: 13 oz can 12 cans/case RTU: 32 oz can 6 cans/case</p>
<p style="text-align: center;"><u>Good Start Soy Plus</u></p> <p>Manufacturer Nestle Form PWD, CON, RTU Type Standard Soy Protein Infant Formula Level 1 Non-Exempt Maximum Length of Issuance 2-3 months</p>	<p>20cal/oz, iron-fortified, nutritionally complete infant formula with partially hydrolyzed soy protein. Has DHA and ARA added.</p>	<p>Documented intolerance to contract soy formula, and cow's milk allergy, lactose intolerance or galactosemia. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment, unless medically contraindicated. Please document reason if medically contraindicated. Note: For galactosemia powder form is recommended.</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 12.9oz can 6 cans/case CON: 13oz can 12 cans/case RTU: 32oz can 6 cans/case</p>
<p style="text-align: center;"><u>Good Start Gentle Plus 2</u></p> <p>Manufacturer Nestle Form PWD, CON, RTU Type Follow Up Formula Level 1 Non-Exempt Maximum Length of Issuance 2-3 months</p>	<p>20cal/oz, nutritionally complete formula for infants 9-24 months. Contains partially hydrolyzed 100% whey protein and additional calcium and iron. Has DHA and ARA added.</p>	<p>Documented intolerance to Similac Go & Grow. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.</p>	<p>PWD: 12oz can 6 cans/case</p>
<p style="text-align: center;"><u>Good Start 2 Soy Plus</u></p> <p>Manufacturer Nestle Form PWD Type Follow Up Soy Based Formula Level 1 Non-Exempt Maximum Length of Issuance 2-3 months</p>	<p>20cal/oz, iron-fortified, nutritionally complete formula for infants 9-24 months. Contains partially hydrolyzed soy protein. Has DHA and ARA added.</p>	<p>1) Documented intolerance to Similac Go & Grow Soy formula and allergy or sensitivity to cow's milk, galactosemia or vegan diet in children over age 1 year. Shall reassess product need every 3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.</p> <p>2) If prescribed for infants or for any reason other than that listed above, contact local agency RD or state office staff.</p>	<p>PWD: 12.9oz can 6 cans/case</p>
<p style="text-align: center;"><u>Good Start Premature 24</u></p> <p>Manufacturer Nestle Form RTU Type Premature Infant Formula Level 4 Exempt Maximum Length of Issuance 1 month</p>	<p>24cal/oz, iron-fortified, nutritionally complete, high protein and mineral infant formula with partially hydrolyzed whey protein. Casein-free. Has DHA and ARA added. Similar to Enfamil Premature 24 & Similac Special Care 24</p>	<p>For premature or low birth weight infants</p> <p>At present manufacturer does not have weight or intake guidelines. Consult with Primary Healthcare Provider (PCP) when the infant reaches a weight of 8 pounds or consumes 16-24 oz in 24 hours.</p>	<p>RTU: 3oz bottle 8 bottles/case</p>

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Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 9

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS	Description	REASONS FOR ISSUANCE	PACKAGING
<p style="text-align: center;"><u>Good Start Supreme Nourish Plus</u></p> <p>Manufacturer Nestle Form PWD Type Standard Milk-Based Infant Formula Level 1 Non-Exempt Maximum Length of Issuance 2-3 months</p>	<p>20cal/oz, nutritionally complete infant formula with partially hydrolyzed 100% whey protein. Does not contain DHA/ARA.</p>	<p>Documented intolerance to contract formula. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment unless medically contraindicated. Please document reason if medically contraindicated.</p>	<p>PWD: 12oz can 6 cans/case</p>
<p style="text-align: center;"><u>HCY 1</u></p> <p>Manufacturer Mead Johnson Form PWD Type Metabolic Level S/3 Exempt/Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>Methionine-free medical food with cystine and iron. Increased B vitamins for cofactor production. Not intended as a sole source of nutrition. Unpacked level scoop = 4.5g. 22g protein/100g powder.</p>	<p>Homocystinuria in infants or children. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped</p>	<p>PWD: 16oz can 6 cans/case</p>
<p style="text-align: center;"><u>HCY 2</u></p> <p>Manufacturer Mead Johnson Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>Methionine-free medical food with iron. Care must be taken to provide enough methionine from other foods to support growth. Not intended as a sole source of nutrition.</p>	<p>Homocystinuria in children or adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped</p>	<p>PWD: 16oz can 6 cans/case</p>
<p style="text-align: center;"><u>HOM 2</u></p> <p>Manufacturer Nutricia Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>L-amino acids free of methionine, enriched with vitamins and minerals.</p>	<p>For children with vitamin B6 non-responsive homocystinuria due to cystathionine synthase deficiency. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.</p>	<p>PWD: 500g can 2 cans/case</p>
<p style="text-align: center;"><u>Hominex 1</u></p> <p>Manufacturer Abbott Form PWD Type Metabolic Level S/3 Exempt/Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>Amino acid modified medical food with iron. Methionine-free. Gluten-free and lactose-free.</p>	<p>Vitamin B-6 nonresponsive homocystinuria in infants or toddlers. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.</p>	<p>PWD: 14.1oz can 6 cans/case</p>

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 Level 4: State Approval Only

Latest Update 9/25/2009

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Texas WIC 10

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

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PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p><u>Hominex 2</u></p> <p>Manufacturer Abbott</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Amino acid modified medical food with iron. Methionine-free. Gluten-free and lactose-free.</p>	<p>Vitamin B-6 nonresponsive homocystinuria in children or adults.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p>	<p>PWD: 14.1oz can</p> <p>6 cans/case</p>	
<p><u>I Valex 1</u></p> <p>Manufacturer Abbott</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Exempt/Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Amino acid modified medical food with iron. Leucine-free. Gluten-free and lactose-free.</p>	<p>Isovaleric acidemia or other disorders of leucine catabolism in infants or toddlers.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p>	<p>PWD: 14.1oz</p> <p>6 cans/case</p>	
<p><u>I Valex 2</u></p> <p>Manufacturer Abbott</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Amino acid modified medical food with iron. Leucine-free. Gluten-free and lactose-free.</p>	<p>Isovaleric acidemia or other disorders of leucine catabolism in children or adults.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p>	<p>PWD: 14.1oz</p> <p>6 cans/case</p>	
<p><u>IMPACT</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level 4 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, gluten-free, lactose-free, low-residue enteral formula for critically ill adults.</p>	<p>For persons with trauma, post-surgery, burns or wounds, and mechanically ventilated, critically ill.</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p>	
<p><u>IMPACT w/Fiber</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level S/3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, gluten-free, lactose-free enteral formula with fiber for critically ill adults.</p>	<p>For persons with trauma, post-surgery, burns or wounds, and mechanically ventilated, critically ill</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p>	

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 11

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p>IMPACT 1.5</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level 4</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>45cal/oz, gluten-free, lactose-free, low-residue enteral formula for critically ill adults. Contains MCT oil.</p>	<p>1) For persons with trauma, post-surgery, burns, wounds, and mechanically ventilated critically ill.</p> <p>2) Increased caloric needs</p> <p>3) Volume restriction</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p>	
<p>Isomil Advance</p> <p>Manufacturer Abbott</p> <p>Form PWD, CON, RTU</p> <p>Type Soy based Infant Formula</p> <p>Level 1</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, milk-free, Kosher, gluten-free, lactose-free, iron-fortified soy protein infant formula with DHA and ARA added. Contains sucrose and corn syrup solids. Similar to ProSobeee LIPIL.</p>	<p>1) Current contract standard soy-based formula.</p> <p>2) Over age 1 with cow's milk allergy or intolerance.</p> <p>3) Galactosemia</p> <p>No RX when <1 year of age. Level 1 when >1 year of age</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 12.9oz can</p> <p>6 cans/case</p> <p>CON: 13oz can</p> <p>12 cans/case</p> <p>RTU: 32oz ctnr</p> <p>6 cans/case</p> <p>RTU: 8oz ctnr</p>	
<p>Isomil DF</p> <p>Manufacturer Abbott</p> <p>Form RTU</p> <p>Type Soy Infant Formula w/Fiber</p> <p>Level 1</p> <p>Maximum Length of Issuance Do not exceed 8 cans per month (7-10 day supply)</p>	<p>20cal/oz, milk-free, Kosher, gluten-free, lactose-free, iron-fortified soy protein formula with fiber for infants older than 6 months. Contains sucrose and corn syrup solids.</p>	<p>Short-term diarrhea.</p> <p>Isomil DF is to be used for a short duration - no longer than 10 days.</p>	<p>RTU: 32oz ctnr</p> <p>6 cans/case</p>	
<p>Isosource 1.5 Cal</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level 4</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>45cal/oz, Kosher, gluten-free, lactose-free, high-calorie, high-nitrogen, complete liquid formula with fiber. Contains Benefiber. Used for tube feedings.</p>	<p>For persons with fluid restriction, higher caloric and protein needs, and fiber</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>vanilla</p>	
<p>Isosource HN</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Increased Calorie Supplement</p> <p>Level 4</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>36cal/oz, Kosher, gluten-free, lactose-free, high-protein, high-nitrogen, complete liquid formula with fiber. Used for tube feedings.</p>	<p>For persons with general malnutrition and elevated protein requirements</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p>	

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

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Texas WIC 12

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Jevity 1 Cal		31cal/oz, nutritionally complete, high-protein, gluten-free, lactose-free, isotonic nutritional supplement with fiber to support lean body mass.	For tube feeding with need for fiber and wound healing in adults.	RTU: 8oz can 24 cans/case unflavored
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ketocal 3:1		Nutritionally complete, high-fat, low carbohydrate medical food. For oral or tube feeding. 3 to 1 fat to carbohydrate and protein ratio.	Non-metabolic reason: Intractable epilepsy in children over 1 year of age If requested for infants, approval is level 4 Metabolic reasons require state approval and metabolic prescription form. After initial approval, renew as Level 3. Pyruvate dehydrogenase deficiency (PDH) Glucose transporter type-1 deficiency	PWD: 300g can 6 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	High Fat, Low Carb Formula			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ketocal 4:1		Nutritionally complete, high-fat, low carbohydrate medical food. For oral or tube feeding. 4 to 1 fat to carbohydrate and protein ratio.	Non-metabolic reason: Intractable epilepsy in children over 1 year of age If requested for infants, approval is level 4 Metabolic reasons require state approval and metabolic prescription form. After initial approval, renew as Level 3. Pyruvate dehydrogenase deficiency (PDH) Glucose transporter type-1 deficiency	PWD: 300g can 6 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	High Fat, Low Carb Formula			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ketonex 1		Branched-chain amino acid-free medical food with iron. Gluten-free and lactose-free.	Branched-chain ketoaciduria (Maple Syrup Urine Disease) in infants or toddlers. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt/Medical Food			
Maximum Length of Issuance	1 Certification Period			
Ketonex 2		Branched-chain amino acid-free medical food with iron. Gluten-free and lactose-free.	Branched-chain ketoaciduria (Maple Syrup Urine Disease) in children or adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 13

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Kid Essentials 1.5</u>		45cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, low-residue supplement for oral or tube feeding. Contains MCT oil.	1) Medical condition that increases calorie needs, for catch up growth, e.g. preemies over one year of age. 2) Oral motor feeding problems. 3) Tube feeding. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT. Normally used for children. If requested for an infant under age 1, contact state office staff.	RTU: 8oz 27 cans/case vanilla
Manufacturer	Nestle			
Form	RTU			
Type	Pediatric Supplement 45 cal/oz			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period for a child over age 1			
<u>Kid Essentials 1.5 w/Fiber</u>		45cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free with fiber supplementation for oral or tube feeding. Contains MCT oil.	1) Medical condition that increases calorie needs, for catch up growth, e.g. preemies over one year of age. 2) Oral motor feeding problems. 3) Tube feeding. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT. Normally used for children. If requested for an infant under age 1, contact state office staff.	RTU: 8oz 27 cans/case vanilla
Manufacturer	Nestle			
Form	RTU			
Type	Pediatric Supplement 45 cal/oz			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period for a child over age 1			
<u>LMD</u>		A leucine-free, iron-fortified product. Contains increased B-vitamins for cofactor production. Sucrose added. 1 unpacked level scoop = 4.5g.	Disorders of leucine metabolism (including isovaleric acidemia) in infants, children or adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt/Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>MCT Oil</u>		Kosher , gluten-free, lactose-free, 100% MCT oil. 8.3cal/g, 7.7cal/mL	For persons with decreased pancreatic lipase, decreased bile salts, fat malabsorption, or defective lymphatic transport of fat. Requires state agency approval.	RTU: 32oz bottle 6 bottles/case
Manufacturer	Nestle			
Form	RTU			
Type	Modular			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Microlipid</u>		4.5cal/mL, Kosher , lactose-free, 100% of total calories from safflower oil. Fat emulsion for use in oral or tube-feeding formulas. Discard bottle 5 days after opening. 1T = 68 cal	1)For persons with increased caloric requirements, anorexia, fluid or volume restriction. 2)Addition of polyunsaturated fats to diet Requires state agency approval.	RTU: 3oz bottle 48 bottles/case
Manufacturer	Nestle			
Form	RTU			
Type	Modular			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1:Certifying Authority
Level 2:Nutritionist
Level 3:RD or LD

Level S/3:Initial issuance is state approval. Renewals are Level 3.
Level 4:State Approval Only

Latest Update 9/25/2009

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Texas WIC 14

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Monogen		Milk based nutritional supplement. Can be mixed to 22cal/oz or 30cal/oz for oral or tube feeding. 90% of fat is MCT oil. Long-term use may lead to essential fatty acid deficiency. Not recommended for infants under 1. Similar to Portagen.	1) Chylothorax 2) For children and adults who do not efficiently digest or absorb conventional fat and long chain fatty acid oxidation disorders e.g. decreased pancreatic lipase, decreased bile salts, defective mucosal fat absorption, and/or defective lymphatic anomalies, hyperlipoproteinemia type 1, or long chain 3-hydroxyacyl-CoA dehydrogenase deficiency (LCHAD) 3) Conditions requiring high MCT oil; 90% of fat blend as medium chain triglycerides (MCT) oil 4) For other reasons, contact state office staff.	PWD: 400g 6 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	High MCT Oil Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
MSUD Analog		Isoleucine, leucine and valine-free infant formula. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrates, vitamins and minerals. Not intended as the sole source of nutrition. 13g protein/100g powder.	Maple Syrup Urine Disease (MSUD) in infants. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
MSUD Maxamaid		Isoleucine, leucine and valine-free formula. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrates, vitamins and minerals. Not intended as the sole source of nutrition. Not intended for infants under 1 year of age. 25g protein/100g powder.	Maple Syrup Urine Disease (MSUD) in children. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
MSUD Maxamum		Isoleucine, leucine and valine-free formula. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrates, vitamins and minerals. Not intended as the sole source of nutrition. Not intended for children under 8 years of age. 40g protein/100g powder.	Maple Syrup Urine Disease (MSUD) in children over 8 years and adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
MSUD 2		L-amino acids free of isoleucine, leucine and valine, enriched with vitamins and minerals. Nutritionally incomplete. Adequate amounts of fat, carbohydrate, isoleucine, leucine and valine must be included in the diet.	Maple syrup urine disease, hypervalinemia, a-methyl-acetoacetic aciduria, ketotic hypoglycemia, hyperprolinemia type II, with hyperleucine-isoleucinemia in children. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 500g can 2 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

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Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 15

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Neocate		20cal/oz, nutritionally complete, lactose sucrose, soy, and gluten-free hypoallergenic infant formula. 100% free amino acids. 5% of fat is MCT oil.	1) Severe allergy to cow's milk 2) Multiple food protein intolerance 3) GI impairment, or medical condition requiring a hypoallergenic formula. Note: A protein hydrolysate (Nutramigen LIPIL, Alimentum, or Pregestimil LIPIL) shall be trialed before issuing unless medically contraindicated. Contact state office staff for exceptions.	PWD: 400g can 4 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	Pediatric Elemental Formula			
Level 3	Exempt			
Maximum Length of Issuance	1 Certification Period			
Neocate w/DHA/ARA		20cal/oz, nutritionally complete, lactose, sucrose, soy, and gluten-free, hypoallergenic infant formula. 100% free amino acids. 5% of fat is MCT oil. Contains the fatty acids DHA and ARA.	1) Severe allergy to cow's milk 2) Multiple food protein intolerance 3) GI impairment, or medical condition requiring a hypoallergenic formula. Note: A protein hydrolysate (Nutramigen LIPIL, Alimentum Advance, or Pregestimil) shall be trialed before issuing unless medically contraindicated. Contact state office staff for exceptions.	PWD: 400g can 4 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	Pediatric Elemental Formula			
Level 3	Exempt			
Maximum Length of Issuance	1 Certification Period			
Neocate Junior		30cal/oz, nutritionally complete, milk-free, gluten-free, lactose-free, elemental diet for oral or tube feeding. Contains 100% free amino acids. 35% of fat is MCT oil. Not intended for infants under 1 year of age. unflavored, 1T = 7g; 1C = 105g tropical fruit and chocolate: 1T=6g, 1C = 85g	1) Severe malabsorption 2) Severe food allergies, multiple protein intolerance. 3) GI impairment. 4) Medical condition requiring a hypoallergenic elemental formula. Normally used for children over age 1.	PWD: 400g can 4 cans/case unflavored chocolate tropical fruit
Manufacturer	Nutricia			
Form	PWD			
Type	Pediatric Elemental Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Neocate One+		30cal/oz, nutritionally complete, gluten, lactose, whey, soy and milk protein-free, hypoallergenic elemental formula containing 100% free amino acids. For oral or tube feeding. 35% of fat is MCT oil. Same nutrient profile as E028 Splash.	1) Severe malabsorption 2) Severe food allergies, multiple protein intolerance. 3) GI impairment. 4) Medical condition requiring a hypoallergenic elemental formula. Normally used for children over age 1.	PWD: 60g packets 15 packets/case
Manufacturer	Nutricia			
Form	PWD			
Type	Pediatric Elemental Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Neosure		22 cal/oz, iron-fortified, high protein, vitamin, and mineral formula for preterm and/or low birth weight infants. Kosher and gluten-free. Contains MCT oil. Similar to EnfaCare LIPIL.	Premature or low birth weight infants meeting birth weight guidelines as indicated below. If needed longer or for other medical reasons, consult with state office staff. Premature infants weighing more than 5lbs 8oz at birth - may issue for 1 month with hospital prescription. ≥3lbs. 5oz (1500gms) to ≤ 5lb 8oz (<2500gms) issue up to 9 months chronological age. <3lbs. 5oz (<1500gms) issue up to 12 months chronological age. If requested outside of these parameters or for other reasons, contact the State office for approval. Ready-to-use may be issued if the RTU form improves compliance or better accommodates the infants condition. ** Refer to RTU Issuance Guidelines on Last Page of Formulary	PWD: 12.8oz cans 6 cans/case RTU: 32oz bottle 6 bottles/case
Manufacturer	Abbott			
Form	PWD, RTU			
Type	Premature Infant Formula			
Level 1	Exempt			
Maximum Length of Issuance	See guidelines in next panel			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 16

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Nepro</u>		54 cal/oz, calorically dense, Kosher , gluten-free, lactose-free formula. For oral or tube feeding.	For persons undergoing dialysis and when electrolytes and fluids are restricted (e.g., chronic, acute renal failure)	8oz can 24 cans/case vanilla butter pecan mixed berry
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>NEXT STEP LIPIL</u>		20cal/oz, iron-fortified, Kosher , milk-based older infant and toddler formula with added calcium, DHA and ARA added. Similar to Similac Go & Grow Milk.	1) Documented intolerance to Similac Go & Grow and over age 1 with medical need for 20 cal/oz formula. Possible reasons include: prematurity, developmental delay, oral-motor feeding problems. Shall reassess product need 3 months in coordination with food instrument issuance. Challenge with contract formula required during reassessment unless medically contraindicated. Please document reason if medically contraindicated. 2) Normally used for older infants and toddlers. If prescribed for a younger infant or for any reason other than that listed above, consult with local agency RD or state office staff. ** Refer to RTU Issuance Guidelines on Last Page of Formulary	PWD: 24oz can 6 cans/case RTU: 32oz 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD, RTU			
Type	Follow Up Milk Based Formula			
Level 1	Non-Exempt			
Maximum Length of Issuance	2-3 months			
<u>NEXT STEP ProSobee LIPIL</u>		20cal/oz, soy-based, Kosher , lactose-free infant formula with added calcium, DHA and ARA added. Similar to Similac Go & Grow Soy.	Documented intolerance to Similac Go & Grow Soy and allergy or sensitivity to cow's milk, galactosemia or vegan diet in children over age 1 year. Shall reassess product need every 3 months in coordination with food instrument issuance. Challenge with contract formula required during reassessment unless medically contraindicated. Please document reason if medically contraindicated. If prescribed for infants younger than 9 months or for any reason other than that listed above, contact local agency RD or state office staff.	PWD: 24oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	Follow Up Soy Based Formula			
Level 1	Non-Exempt			
Maximum Length of Issuance	2-3 months			
<u>NovaSource Renal</u>		60cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, gluten-free, low-residue, high-calorie formula. Contains MCT oil.	For persons with acute renal failure, chronic renal failure, electrolyte restrictions, or fluid restrictions.	RTU: 8oz box 27 boxes/case
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Nutramigen AA LIPIL</u>		20cal/oz, nutritionally complete, lactose, sucrose, soy, and gluten-free, hypoallergenic formula. 100% free amino acids.	For infants with multiple food protein intolerance, cow milk allergy, soy allergy, and protein hydrolysate intolerance, or for elimination diets. Some medical conditions may necessitate issuing to children.	PWD: 14.1oz can 4 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	Pediatric Elemental Formula			
Level 3	Exempt			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 17

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Nutramigen LIPIL</u>		20cal/oz, hypoallergenic casein hydrolysate, lactose-free, sucrose-free infant formula with iron. Has DHA and ARA added. Does not contain MCT oil.	1) Cow's milk and/or soy protein allergy, intolerance or sensitivity. 2) Gastroesophageal reflux (GER) with one or more of the following: aspiration or risk of aspiration, respiratory disease (bronchopulmonary dysplasia, reactive airway disease, chronic lung disease, asthma, or pneumonia), poor weight gain or weight loss, esophagitis, using reflux medications such as Prevacid, Prilosec, Zantac, Bethanecol, Tagamet, Reglan, Zegrid (omeprazole) or generic equivalents. 3) Intact protein sensitivity/allergy. ** Refer to RTU Issuance Guidelines on Last Page of Formulary	CON: 13oz can 12 cans/case RTU: 32oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	CON, RTU			
Type	Casein Hydrolysate			
Level 1	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>Nutramigen LIPIL LGG</u>		20cal/oz, hypoallergenic, lactose-free, galactose-free, sucrose-free formula with iron. Has DHA/ ARA added. Contains probiotic.	1) Cow's milk and/or soy protein allergy, intolerance or sensitivity. 2) Gastroesophageal reflux (GER) with one or more of the following: aspiration or risk of aspiration, respiratory disease (bronchopulmonary dysplasia, reactive airway disease, chronic lung disease, asthma, or pneumonia), poor weight gain or weight loss, esophagitis, using reflux medications such as Prevacid, Prilosec, Zantac, Bethanecol, Tagamet, Reglan, Zegrid (omeprazole) or generic equivalents. 3) Intact protein sensitivity/allergy. 4) Contains probiotic <u>Lactobacillus rhamnosus GG (LGG)</u> to aid in the management of allergy and normal functioning GI tract 5) For other reasons, contact state office staff.	PWD: 12.6oz 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	Casein Hydrolysate			
Level 1	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>Nutren 1.0</u>		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, low-residue, low-osmolality, oral or tube feeding supplement. 25% of fat is MCT oil.	For persons requiring a tube feeding or oral supplement.	RTU: 250mL can 24 cans/case vanilla
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Nutren 1.0 w/Fiber</u>		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, low-osmolality, oral or tube feeding supplement with fiber. 25% of fat is MCT oil.	For persons requiring a fiber-containing, tube feeding or oral supplement.	RTU: 250mL can 24 cans/case vanilla
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Nutren 2.0</u>		60cal/oz, high calorie, Kosher , low-residue, gluten-free, lactose-free, oral supplement. 75% of fat is MCT oil. Similar to Resource 2.0.	For persons with fluid restriction or with elevated calorie needs	RTU: 250mL can 24 cans/case vanilla
Manufacturer	Nestle			
Form	RTU			
Type	Increased Calorie Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 18

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p>Nutren Junior</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Pediatric Supplement</p> <p>Level 2</p> <p>Maximum Length of Issuance 1 Certification Period for a child over age 1.</p>	<p>30cal/oz, nutritionally complete, Kosher, gluten-free, lactose-free, low-residue, low-osmolality, oral or tube feeding supplement. 22% of fat is MCT oil.</p>	<p>1) Medical condition that increases calorie needs or for catch up growth, e.g. premature infants.</p> <p>2) Oral motor feeding problems.</p> <p>3) Tube feeding.</p> <p>4) May provide for 1 month for diagnostic purposes such as ruling out FTT due to non-dietary causes.</p> <p>Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.</p>	<p>RTU: 250mL</p> <p>24 cans/case</p> <p>vanilla</p>	
<p>Nutren Junior w/Fiber</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Pediatric Supplement</p> <p>Level 2</p> <p>Maximum Length of Issuance 1 Certification Period for a child over age 1.</p>	<p>30cal/oz, nutritionally complete, Kosher, gluten-free, lactose-free, low-residue, low-osmolality, oral or tube feeding supplement. 22% of fat is MCT oil.</p>	<p>1) Medical condition that increases calorie and fiber needs or for catch up growth in preemies.</p> <p>2) Oral motor feeding problems with need for increased fiber.</p> <p>3) Tube feeding and need for increased fiber.</p> <p>4) May provide for 1 month for diagnostic purposes such as ruling out FTT due to non-dietary causes.</p> <p>Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.</p>	<p>RTU: 250mL</p> <p>24 cans/case</p> <p>vanilla</p>	
<p>Nutren Pulmonary</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Adult Supplement</p> <p>Level 4</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>45cal/oz, nutritionally complete, Kosher, low-residue, high-calorie, high-protein, low-carbohydrate, gluten-free, lactose-free pulmonary formula. 40% of fat is MCT oil.</p>	<p>For persons with pulmonary disease, respiratory disorder, ventilator dependency, or need for fluid restriction</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>vanilla</p>	
<p>NutriHep</p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Adult Supplement</p> <p>Level 4</p> <p>Maximum Length of Issuance 1 Certification Period for a child over age 1.</p>	<p>45cal/oz, high calorie, high branched-chain amino acid, low-aromatic and ammonogenic amino acid hepatic formula, low-residue, Kosher, gluten-free, lactose-free. 70% of fat is MCT oil.</p>	<p>For patients with hepatic insufficiency or liver disease</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p>	
<p>OA 1</p> <p>Manufacturer Mead Johnson</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>An isoleucine, methionine, threonine and valine-free, iron-fortified formula. Not nutritionally complete. Increased levels of B-vitamins for cofactor production. Sucrose added. 1 unpacked level scoop = 4.5g powder</p>	<p>Propionic acidemia or methylmalonic acidemia in infants or toddlers. OA stands for organic acid.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p> <p>No UPC on can; must be drop shipped</p>	<p>PWD: 16oz can</p> <p>6 cans/case</p>	

Level 1:Certifying Authority
 Level 2:Nutritionist
 Level 3:RD or LD

Level S/3:Initial issuance is state approval. Renewals are Level 3.
 Level 4:State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 19

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
OA 2		An isoleucine, methionine, threonine and valine-free, iron-fortified product. Not nutritionally complete. Increased levels of B-vitamins for cofactor production. Sucrose added. 21g protein equivalent/100g powder. 1 packed level scoop = 16g powder	Propionic acidemia or methylmalonic acidemia in children or adults. OA stands for organic acid.	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson		Requires state agency approval and metabolic prescription form.	
Form	PWD		After initial approval, renew as Level 3.	
Type	Metabolic		No UPC on can; must be drop shipped	
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
OS 2		L-amino acids free of isoleucine, methionine, threonine and valine, enriched with vitamins and minerals. Adequate amounts of fat, carbohydrate and the 4 above amino acids must be included in the diet along with OS 2. A carnitine supplement may be necessary. Does not contain fat.	Propionic acidemia or methylmalonic aciduria.	PWD: 500g can 2 cans/case
Manufacturer	Nutricia		For children and women with propionic acidemia or methylmalonic aciduria.	
Form	PWD		Requires state agency approval and metabolic prescription form.	
Type	Metabolic		After initial approval, renew as Level 3.	
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Optimental		30cal/oz, nutritionally complete, gluten-free, lactose-free, low-residue elemental formula for oral or tube feeding. 28% of fat is MCT oil.	1) For persons with malabsorptive disorders e.g. Crohn's requiring elemental diets. 2) Dietary management of metabolic stress/acute trauma. 3) For persons who can benefit from supplemental arginine.	RTU: 8oz can 24 cans/case vanilla
Manufacturer	Abbott		Requires state agency approval. After initial approval, renew as Level 3.	
Form	RTU			
Type	Increased Calorie Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Osmolite 1 Cal		32cal/oz, nutritionally complete, isotonic, Kosher , gluten-free, lactose-free, low-residue supplement for oral or tube feeding. 20% of fat is MCT oil. 10.5g protein per 8oz can.	For persons with increased protein needs with intolerance to hyper-osmolar feedings with calorie needs <2000 cal/day.	RTU: 8oz can 24 cans/case unflavored
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Osmolite 1.2 Cal		36cal/oz, nutritionally complete, high-protein, isotonic, Kosher , gluten-free, lactose-free, low-residue supplement for oral or tube feeding. 20% of fat is MCT oil.	For persons with increased energy or protein needs with intolerance to hyperosmolar feedings.	RTU: 8oz can 24 cans/case unflavored
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 20

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Oxepa		45cal/oz, high-calorie, low-carbohydrate, gluten-free, lactose-free, low-residue tube feeding formula. 25% of fat is MCT oil.	For persons on mechanical ventilation, e.g., acute respiratory distress syndrome. Requires state agency approval. After initial approval, renew as Level 3.	RTU: 8oz can 24 cans/case unflavored
Manufacturer	Abbott			
Form	RTU			
Type	Adult Tube Feeding Formula			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Pediasure		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free supplement. Similar to Nutren Jr. and Kid Essentials 1.5. Osmolality: vanilla, strawberry and banana cream - 480, orange cream-540, chocolate-560.	1) Medical condition that increases calorie needs or for catch up growth in preemies. 2) Oral motor feeding problems. 3) Tube feeding. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can/bottle 6 bottles/carton 24 cans/case vanilla, chocolate strawberry banana cream
Manufacturer	Abbott			
Form	RTU			
Type	Pediatric Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period for a child over age 1.			
Pediasure w/Fiber		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free supplement with fiber. Similar to Nutren Jr with Fiber and Kid Essentials 1.5 with Fiber. Osmolality: 480.	1) Medical condition that increases calorie and fiber needs or for catch up growth in preemies. 2) Oral motor feeding problems with need for increased fiber. 3) Tube feeding and need for increased fiber. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT and need for increased fiber. Normally used for children. If prescribed for an infant, or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can/bottle 6 bottles/carton 24 cans/case vanilla
Manufacturer	Abbott			
Form	RTU			
Type	Pediatric Supplement			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period for a child over age 1.			
Pediasure Enteral		30cal/oz, nutritionally complete, isotonic, Kosher , gluten-free, lactose-free supplement. Oral or tube feeding. Similar to Nutren Jr. Osmolality: 335.	1) Tube feeding. 2) Oral motor feeding problems. 3) Medical condition that increases calorie needs. Normally used for children. If prescribed for an infant or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can 24 cans/case vanilla
Manufacturer	Abbott			
Form	RTU			
Type	Pediatric Tube Feeding Formula			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period for a child over age 1.			
Pediasure Enteral w/Fiber		30cal/oz, nutritionally complete, isotonic, Kosher , gluten-free, lactose-free supplement with fiber. 20% of fat is MCT oil. Oral or tube feeding. Similar to Nutren Jr with Fiber. Osmolality: 345.	1) Medical condition that increases calorie and fiber needs or for catch up growth in preemies. 2) Oral motor feeding problems with need for increased fiber. 3) Tube feeding and need for fiber. 4) May provide for 1 month for diagnostic purposes such as ruling out FTT and need for increased fiber. Normally used for children. If prescribed for an infant, or for any reason other than that listed above, consult with local agency RD or state office staff.	RTU: 8oz can 24 cans/case vanilla
Manufacturer	Abbott			
Form	RTU			
Type	Pediatric Tube Feeding Formula			
Level 2	Medical Food			
Maximum Length of Issuance	1 Certification Period for a child over age 1.			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 21

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p><u>Pepdite Jr.</u></p> <p>Manufacturer Nutricia</p> <p>Form PWD</p> <p>Type Pediatric Elemental Formula</p> <p>Level 3</p> <p>Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, milk-free, lactose-free, galactose-free, semi-elemental formula, 35% of fat is MCT oil. Similar to Peptamen Junior. Not intended for infants under 1 year of age.</p>	<p>1) Malabsorption</p> <p>2) Severe food allergies, whole protein intolerance.</p> <p>3) GI impairment</p> <p>4) Medical condition requiring a hypoallergenic elemental formula.</p> <p>Normally used for children over age 1.</p>	<p>PWD: 51g packet</p> <p>15 packets/case</p> <p>unflavored</p> <p>banana</p>	
<p><u>Peptamen</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Adult Elemental Formula</p> <p>Level 3</p> <p>Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, nutritionally complete, isotonic, low-residue, gluten-free, lactose-free elemental liquid formula. 70% of fat is MCT oil. Contains hydrolyzed whey protein from cow's milk.</p>	<p>GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis.</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p> <p>vanilla</p>	
<p><u>Peptamen 1.5</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Adult Elemental Formula</p> <p>Level 3</p> <p>Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>45cal/oz, nutritionally complete, isotonic, gluten-free, lactose-free, low-residue, peptide-based, elemental formula. 70% of fat is MCT oil. Contains partially hydrolyzed whey protein from cow's milk.</p>	<p>GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis and increased calorie needs or fluid restriction.</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p> <p>vanilla</p>	
<p><u>Peptamen Junior</u></p> <p>Manufacturer Nestle</p> <p>Form PWD, RTU</p> <p>Type Pediatric Elemental Formula</p> <p>Level 3</p> <p>Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, nutritionally complete, low residue, gluten-free, lactose-free, elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein from cow's milk. Similar to Pepdite Junior.</p>	<p>1) GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis.</p> <p>2) Call state if needed for other reasons.</p> <p>Normally used for children over age 1.</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>unflavored</p> <p>vanilla</p> <p>chocolate</p> <p>strawberry</p>	
<p><u>Peptamen Junior 1.5</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Pediatric Elemental Formula</p> <p>Level 3</p> <p>Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>45cal/oz, nutritionally complete, low residue, gluten-free, lactose-free, elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein from cow's milk.</p>	<p>1) GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis and need for added fiber.</p> <p>2) Call state if needed for other reasons</p> <p>Normally used for children over age 1.</p>	<p>RTU: 250mL</p> <p>24 cans/case</p> <p>unflavored</p>	

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 22

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p><u>Peptamen Junior w/Fiber</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Pediatric Supplement</p> <p>Level 3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, nutritionally complete, gluten-free, lactose-free elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein from cow's milk. Similar to Pepdite Junior.</p>	<p>1) GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis.</p> <p>2) Call state if needed for other reasons</p> <p>Normally used for children over age 1.</p>	<p>RTU: 250mL can</p> <p>24 cans/case</p> <p>vanilla</p>	
<p><u>Peptamen Junior w/Prebio</u></p> <p>Manufacturer Nestle</p> <p>Form RTU</p> <p>Type Pediatric Supplement</p> <p>Level 3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, nutritionally complete, low residue, gluten-free, lactose-free, elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein from cow's milk. Also contains prebiotics to support GI flora.</p>	<p>1) GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis and need for added fiber.</p> <p>2) Call state if needed for other reasons</p> <p>Normally used for children over age 1.</p>	<p>RTU: 250mL</p> <p>24 cans/case</p> <p>vanilla</p>	
<p><u>Perative</u></p> <p>Manufacturer Abbott</p> <p>Form RTU</p> <p>Type Adult Increased Calorie Supplement</p> <p>Level 4 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>39cal/oz, nutritionally complete, Kosher, gluten-free, lactose-free, low-residue partially hydrolyzed protein tube feeding formula. 40% of fat is MCT oil.</p>	<p>For metabolically stressed patients with pressure ulcers, multiple fractures, wounds, burns, or surgery.</p>	<p>RTU: 8oz can</p> <p>24 cans/case</p> <p>unflavored</p>	
<p><u>Periflex Infant</u></p> <p>Manufacturer Nutricia</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Phenylalanine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrates, fats, vitamins and minerals. Not intended as the sole source of nutrition. 13g protein/100g powder.</p>	<p>Infants with phenylketonuria.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p>	<p>PWD: 400g can</p> <p>4 cans/case</p> <p>unflavored</p>	
<p><u>Periflex Junior</u></p> <p>Manufacturer Nutricia</p> <p>Form PWD</p> <p>Type Metabolic</p> <p>Level S/3 Medical Food</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>Phenylalanine-free medical food. Not intended as a sole source of nutrition. Not intended for infants under 1 year of age.</p>	<p>Phenylketonuria in children older than 1 year.</p> <p>Requires state agency approval and metabolic prescription form.</p> <p>After initial approval, renew as Level 3.</p>	<p>PWD: 454g can</p> <p>4 cans/case</p> <p>unflavored</p> <p>orange</p> <p>chocolate</p>	

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 23

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>PFD 1</u>		Amino acid and protein-free formula. Amino acids or protein must be supplied to support growth. Increased levels of B vitamins added for cofactor production. Not intended as a sole source of nutrition. 1 unpacked level scoop = 4.5g powder.	Inborn errors of amino acid metabolism in infants or toddlers.	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	
Form	PWD			
Type	Metabolic			
Level S/3	Exempt/Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>PFD 2</u>		Amino acid and protein-free formula. Amino acids or protein must be supplied to support growth. Not intended as a sole source of nutrition.	Inborn errors of amino acid metabolism in children and adults.	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Phenix 1</u>		Amino acid modified, phenylalanine free medical food with iron. Gluten free and lactose-free.	Phenylketonuria (PKU) or hyperphenylalaninemia in infants or toddlers.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>Phenix 2</u>		Amino acid modified, phenylalanine free medical food with iron. Gluten free and lactose-free.	Phenylketonuria (PKU) or hyperphenylalaninemia in children or adults.	PWD: 14.1oz can 6 cans/case unflavored vanilla
Manufacturer	Abbott		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>PhenylAde Drink Mix</u>		Amino acid modified, phenylalanine free, medical food. Not for children under one year of age. 140g/scoop = 10g protein equivalent.	Phenylketonuria (PKU) in children or adults.	PWD: 454g can 4 cans/case vanilla strawberry orange crème
Manufacturer	Applied Nutrition		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 24

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Phenyl Free 1 Manufacturer Mead Johnson Form PWD Type Metabolic Level S/3 Exempt Maximum Length of Issuance 1 Certification Period	Phenylalanine-free food with iron. Not intended as a sole source of nutrition.	Hyperphenylalaninemia, including PKU in infants or toddlers. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case	
Phenyl Free 2 Manufacturer Mead Johnson Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period	Phenylalanine-free food with iron. Not intended as a sole source of nutrition. 22g protein/100g powder	Hyperphenylalaninemia, including PKU in children or adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case	
Phenyl Free 2HP Manufacturer Mead Johnson Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period	Phenylalanine-free food with iron. Higher in protein and most vitamins and minerals than Phenyl Free 2. Not intended as a sole source of nutrition. 40g protein/100g powder	Hyperphenylalaninemia, including PKU in children or adults. High protein phenylalanine-free formula Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case	
Phlexv - 10 Drink Mix Manufacturer Nutricia Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period	Phenylalanine-free, vitamin and mineral free, fat-free medical food. Fat must be included in the diet. Not intended as a sole source of nutrition. Not intended for infants under 1 year of age.	Phenylketonuria in children over age 1 and adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 20g packet 30 packets/case blackcurrant /apple tropical surprise	
PKU 2 Manufacturer Nutricia Form PWD Type Metabolic Level S/3 Medical Food Maximum Length of Issuance 1 Certification Period	L-amino acids free of phenylalanine enriched with vitamins and minerals.	Hyperphenylalaninemia, including PKU in children. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 500g can 2 cans/case unflavored PWD: 45g packet 30 packets/case tomato	

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 25

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
PKU 3		L-amino acids free of phenylalanine enriched with vitamins and minerals.	Hyperphenylalaninemia, including PKU in children or adults. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 500g can 2 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Portagen		30cal/oz., Kosher , not nutritionally complete milk based, lactose-free nutritional supplement. For oral or tube feeding. 87% of fat is MCT oil. Long-term use may lead to essential fatty acid deficiency. Similar to Monogen. Not recommended for infants under 1, Enfaport may be an appropriate alternative.	1) Chyllothorax 2) For children and adults who do not efficiently digest or absorb conventional fat and long chain fatty acid oxidation disorders e.g. decreased pancreatic lipase, decreased bile salts, defective mucosal fat absorption, and/or defective lymphatic anomalies, hyperlipoproteinemia type 1, or long chain 3-hydroxyacyl-CoA dehydrogenase deficiency (LCHAD). 3) Conditions requiring high MCT oil; 84% of fat blend as medium chain triglycerides (MCT) oil 4) For other reasons, contact state office staff.	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	High MCT Oil Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Pregestimil 24 LIPII		24cal/oz, hypoallergenic, nutritionally complete, casein hydrolysate infant formula with iron. 55% of fat is MCT oil. Contains DHA and ARA.	1)For infants who experience fat malabsorption and/or may also be sensitive to intact proteins. 2)Fat malabsorption or steatorrhea may be associated with cystic fibrosis, short bowel syndrome, bile acid deficiency, intractable diarrhea, and severe protein calorie malnutrition. Pregestimil LIPII is also appropriate for infants with galactosemia. 3)Appropriate for infants with galactosemia.	RTU: 2oz bottle 48 bottle/case
Manufacturer	Mead Johnson			
Form	RTU			
Type	Protein Hydrolysate			
Level 4	Exempt			
Maximum Length of Issuance	1 Certification Period			
Pregestimil LIPII		20cal/oz, hypoallergenic, nutritionally complete, lactose-free, sucrose-free, casein hydrolysate infant formula with iron. 55% of fat is MCT oil. Contains DHA and ARA.	1) Malabsorption 2) Malabsorption and allergy or sensitivity to milk and /or soy protein. 3) Malabsorption and allergy or sensitivity to intact protein. 4) Appropriate for infants with galactosemia. 5) Contact state office staff if needed for other reasons. ** Refer to RTU Issuance Guidelines on Last Page of Formulary	PWD: 16oz can 6 cans/case RTU: 2oz bottle 48 bottle/case
Manufacturer	Mead Johnson			
Form	PWD, RTU			
Type	Protein Hydrolysate			
Level 1	Exempt			
Maximum Length of Issuance	1 Certification Period			
Promote		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, very high-protein formula. For oral or tube feeding. 19% of fat is MCT oil.	For persons with pressure sores, infection, injury or recovering from surgery.	RTU: 8oz can 24 can/case vanilla
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1:Certifying Authority
Level 2:Nutritionist
Level 3:RD or LD

Level S/3:Initial issuance is state approval. Renewals are Level 3.
Level 4:State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 26

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Promote w/Fiber		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, high-protein formula with fiber. For oral or tube feeding. 19% of fat is MCT oil.	For persons with pressure sores, infection, injury or recovering from surgery.	RTU: 8oz can 24 can/case vanilla
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Pro-Phree		Protein-free energy module with iron, vitamins and minerals. Gluten free and lactose-free. Provides 49% of energy as fat. Supplemented with L-carnitine and taurine. 1 T =8g, 1 C = 120g	Need for reduced protein intake, specific mixtures of L-amino acids or increased energy, minerals and vitamins in infants or toddlers. Not intended as sole source of nutrition.	PWD: 14.1oz cans 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Protein Free Formula			
Level 4	Exempt/Medical Food			
Maximum Length of Issuance	1 Certification Period			
Propimex 1		Amino acid modified medical food with iron. Methionine and valine-free. Low in isoleucine and threonine. Gluten-free and lactose-free.	Propionic or methylmalonic acidemia in infants or toddlers. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz cans 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
Propimex 2		Amino acid modified medical food with iron. Methionine and valine-free. Low in isoleucine and threonine. Gluten-free and lactose-free.	Propionic or methylmalonic acidemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz cans 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
ProSobee LIPIL		20cal/oz, milk-free, Kosher , lactose free, sucrose-free, and iron-fortified infant formula with soy protein and DHA and ARA added. Similar to Isomil Advance.	Documented intolerance to contract soy formula, and cow's milk allergy, lactose intolerance or galactosemia. Shall reassess product need every 2-3 months in coordination with food instrument issuance. Challenge with contract product required during reassessment, unless medically contraindicated. Please document reason if medically contraindicated. Note: For galactosemia powder form is recommended. ** Refer to RTU Issuance Guidelines on Last Page of Formulary	PWD: 12.9oz can 6 cans/case CON: 13oz can 12 cans/case RTU: 32oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD, CON, RTU			
Type	Standard Soy Protein Formula			
Level 1	Non-Exempt			
Maximum Length of Issuance	2-3 months			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 27

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<p><u>Pulmocare</u> Manufacturer Abbott Form RTU Type Increased Calorie Supplement Level 4 Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>45cal/oz, nutritionally complete, Kosher, high-calorie, low-carbohydrate, gluten-free, lactose-free, low-residue formula. For oral or tube feedings. 20% of fat is MCT oil.</p>	<p>For persons with COPD, cystic fibrosis, acute respiratory failure or ventilator-dependency.</p>	<p>RTU: 8oz can 24 cans/case vanilla, strawberry</p>	
<p><u>RCF (Ross Carbohydrate Free)</u> Manufacturer Abbott Form CON Type High Fat, Low Carb Formula Level 4 Exempt Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, carbohydrate-free, soy protein formula base, with iron. Kosher, gluten-free, lactose-free. Carbohydrate source must be added separately.</p>	<p>Non-metabolic reason: 1) Seizure disorders requiring a ketogenic diet Metabolic reasons require state approval and metabolic prescription form. 2) For infants and children unable to tolerate the type or amount of carbohydrate in milk or conventional infant formulas</p>	<p>CON: 13oz can 12 cans/case</p>	
<p><u>Renalcal</u> Manufacturer Nestle Form RTU Type Increased Calorie Supplement Level 3 Medical Food Maximum Length of Issuance 2-3 months</p>	<p>60cal/oz, high calorie, low-electrolyte, Kosher, gluten-free, lactose-free, low-residue supplement. 70% of fat is MCT oil. Not nutritionally complete.</p>	<p>For persons with renal failure.</p>	<p>RTU: 250mL can 24 cans/case unflavored</p>	
<p><u>Replete w/Fiber</u> Manufacturer Nestle Form RTU Type Increased Calorie Supplement Level 4 Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>30cal/oz, nutritionally complete, high-protein, isotonic, Kosher, gluten-free, lactose-free supplement with fiber. 25% of calories as protein. 25% of fat is MCT oil.</p>	<p>1) For persons with a need for high protein for wound healing, pressure ulcers, burns, and surgical wounds 2) Contains fiber for bowel function</p>	<p>RTU: 250mL can 24 cans/case vanilla</p>	
<p><u>Resource 2.0</u> Manufacturer Nestle Form RTU Type Increased Calorie Supplement Level 4 Medical Food Maximum Length of Issuance 1 Certification Period</p>	<p>60 cal/oz, nutritionally complete, Kosher, gluten-free, lactose-free, low-residue, calorically dense, high-nitrogen, balanced formula with reduced sodium. Similar to TwoCal HN, and Nutren 2.0</p>	<p>For persons on a fluid restricted diet or with increased protein and caloric needs.</p>	<p>RTU: 8oz box 27 boxes/case vanilla crème, butter pecan RTU: 32oz bottle 12 bottles/case vanilla crème</p>	

Level 1: Certifying Authority
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 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 28

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Scandishake</u> Manufacturer Axcan Form PWD Type Increased Calorie Supplement Level 2 Medical Food Maximum Length of Issuance 1 Certification Period		When mixed with whole milk is a 75 cal/oz, nutritionally incomplete, high-calorie, Kosher , gluten-free supplement.	For persons who need to gain weight or maintain their weight with conditions such as cancer or cystic fibrosis.	PWD: 3oz packet 4 packets/box chocolate strawberry vanilla
<u>Scandishake w/ Aspartame</u> Manufacturer Axcan Form PWD Type Increased Calorie Supplement Level 2 Medical Food Maximum Length of Issuance 1 Certification Period		When mixed with whole milk is a 75 cal/oz, nutritionally incomplete, high-calorie, Kosher , gluten-free supplement sweetened with aspartame.	For persons who need to gain weight or maintain their weight with conditions such as cancer or cystic fibrosis.	PWD: 18oz can 6 cans/case vanilla chocolate
<u>Scandishake Lactose Free</u> Manufacturer Axcan Form PWD Type Increased Calorie Supplement Level 2 Medical Food Maximum Length of Issuance 1 Certification Period		When mixed with soy beverage is a 65 cal/oz, nutritionally incomplete, high-calorie, Kosher , gluten-free, lactose-free supplement.	For persons who need to gain weight or maintain their weight with conditions such as cancer or cystic fibrosis.	PWD: 3oz packet 4 packets/box vanilla chocolate
<u>SHMF- Similac Human Milk Fortifier</u> Manufacturer Abbott Form PWD Type Human Milk Fortifier Level 4 Exempt Maximum Length of Issuance 1 month		One packet added to 25ml of human milk adds 4 cal/oz; one packet added to 50ml adds 2cal/oz. Kosher and gluten-free. Similar to Enfamil HMF. Not nutritionally complete.	For premature and/or low-birth-weight infants as a supplement to add to preterm human milk until the infant reaches 8 lbs (or 3600g) in weight	PWD: 0.90g packet 50 packets/carton 3 cartons/case
<u>Similac Advance</u> Manufacturer Abbott Form PWD, CON, RTU Type Standard Milk-Based Formula Level 1 Non-Exempt Maximum Length of Issuance 1 Certification Period		20cal/oz, Kosher , gluten-free, iron-fortified, milk-based infant formula with DHA and ARA added. Similar to Enfamil LIPIL	1) Current contract standard milk-based formula. Refer to Policy FD:13.0 2) Over age 1 with medical need for 20 cal/oz formula. Possible reasons include: prematurity with poor oral intake, developmental delay, or oral motor feeding problems. No RX when <1 year of age. Level 1 when >1 year of age ** Refer to RTU Issuance Guidelines on Last Page of Formulary	PWD: 12.9oz 6 cans/case CON: 13oz can 12 cans/case RTU: 32oz can 12 cans/case RTU: 8oz can

Level 1: Certifying Authority
 Level 2: Nutritionist
 Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
 Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 29

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS	Description	REASONS FOR ISSUANCE	PACKAGING
<p style="text-align: center;"><u>Similac Go & Grow Milk</u></p> <p>Manufacturer Abbott</p> <p>Form PWD</p> <p>Type Follow Up Milk Based Formula</p> <p>Level 1 Non-Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, iron-fortified, milk-based infant formula with added calcium, phosphorus, DHA and ARA.</p> <p>Kosher and gluten-free. Similar to Next Step LIPIL.</p>	<p>1) Over age 1 with medical need for 20 cal/oz formula. Possible reasons include: prematurity, developmental delay, oral-motor feeding problems. Current contract milk-based toddler formula.</p> <p>2) May not be issued until infant reaches 9 months old.</p> <p>2-3 months, No Rx when <1 yr of age/ Level 1 when >1 yr of age</p>	<p>PWD: 22oz can</p> <p>6 cans/case</p>
<p style="text-align: center;"><u>Similac Go & Grow Soy</u></p> <p>Manufacturer Abbott</p> <p>Form PWD</p> <p>Type Follow Up Soy Formula</p> <p>Level 1 Non-Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, iron-fortified, milk-free, Kosher, gluten-free, lactose-free soy formula with DHA and ARA added, for infants and toddlers 9-24 months of age. Similar to Next Step ProSobee LIPIL.</p>	<p>1) Allergy or sensitivity to cow's milk, galactosemia or vegan diet and under age 2. Current contract toddler soy formula.</p> <p>2) May not be issued until infant reaches 9 months old.</p> <p>2-3 months, No Rx when <1 yr of age/ Level 1 when >1 yr of age</p>	<p>PWD: 22oz can</p> <p>6 cans/case</p>
<p style="text-align: center;"><u>Similac PM 60/40 Low Iron</u></p> <p>Manufacturer Abbott</p> <p>Form PWD</p> <p>Type Low Mineral Formula</p> <p>Level 3 Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20 cal/oz, whey: casein (60:40) protein dominant, low-iron infant formula. Kosher, gluten-free. Lower in minerals and electrolytes. Additional iron should be supplied from other sources.</p>	<p>1) Hypocalcemia due to hyperphosphatemia.</p> <p>2) Renal condition requiring lowered mineral level.</p>	<p>PWD: 14.1oz can</p> <p>6 cans/case</p>
<p style="text-align: center;"><u>Similac Sensitive</u></p> <p>Manufacturer Abbott</p> <p>Form PWD, CON, RTU</p> <p>Type Standard Milk-Based Formula</p> <p>Level 1 Non-Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, iron-fortified, Kosher, gluten-free, lactose-free, milk-based infant formula with DHA and ARA. Not intended for infants with galactosemia.</p>	<p>1) Current contract standard milk-based, lactose-free formula. Refer to Policy FD:13.0</p> <p>2) Over age 1 with medical need for 20 cal/oz formula. Possible reasons include: prematurity with poor oral intake, developmental delay, or oral motor feeding problems.</p> <p>No RX when <1 year of age. Level 1 when >1 year of age</p> <p>** Refer to RTU Issuance Guidelines on Last Page of Formulary</p>	<p>PWD: 12.9oz</p> <p>6 cans/case</p> <p>CON: 13oz can</p> <p>12 cans/case</p> <p>RTU: 32oz can</p> <p>12 cans/case</p>
<p style="text-align: center;"><u>Similac Sensitive RS</u></p> <p>Manufacturer Abbott</p> <p>Form PWD, RTU</p> <p>Type Lactose-free; Rice Starch Added</p> <p>Level 2 Non-Exempt</p> <p>Maximum Length of Issuance 1 Certification Period</p>	<p>20cal/oz, iron-fortified, Kosher, gluten-free, lactose-free, milk-based infant formula with rice starch, DHA and ARA. Not intended for infants with galactosemia. Similar to Enfamil AR LIPIL</p>	<p>1) Current contract rice starch-added, milk-based formula.</p> <p>2) To reduce frequent spitting up and/or fussiness & gas due to lactose sensitivity.</p> <p>No RX when <1 year of age. Level 1 when >1 year of age</p> <p>** Refer to RTU Issuance Guidelines on last page of formulary on Last Page of Formulary</p>	<p>RTU: 32oz can</p> <p>6 cans/case</p> <p>PWD: 12.9oz</p>

Level 1:Certifying Authority
 Level 2:Nutritionist
 Level 3:RD or LD

Level S/3:Initial issuance is state approval. Renewals are Level 3.
 Level 4:State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 30

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Similac Special Care Advance 24 w/Iron</u>		24cal/oz, iron-fortified, preterm infant formula. Kosher , gluten-free. 50% of fat is MCT oil.	For premature and low birth weight infants until they reach a weight of 8 pounds or consume 16-24 oz in 24 hours.	RTU: 2oz bottle 48 bottles/case
Manufacturer	Abbott			
Form	RTU			
Type	Premature Formula			
Level 4	Exempt			
Maximum Length of Issuance	1 month			
<u>Suplena</u>		54cal/oz, nutritionally complete, low protein, high-calorie, Kosher , gluten-free, lactose-free diet, for oral or tube feeding.	For persons with chronic or acute renal failure not undergoing dialysis. Also diets restricted in protein, electrolytes and fluids.	RTU: 8oz can 24 cans/case vanilla
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Tolerex</u>		30cal/oz, nutritionally complete, Kosher , gluten-free, lactose-free, low-residue, elemental diet containing 100% free amino acids.	1) Impaired digestion and absorption 2) Specialized nutrient needs such as food allergies	PWD: 2.82oz packet 60 packets/case unflavored
Manufacturer	Nestle			
Form	PWD			
Type	Elemental Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>TwoCal HN</u>		60cal/oz, nutritionally complete, high-calorie, high-nitrogen, Kosher , gluten-free, lactose-free low-residue liquid for oral or tube feeding. Similar to Nutren 2.0.	For persons with elevated protein and calorie needs requiring low-volume feedings.	RTU: 8oz can 24 cans/case vanilla butter pecan
Manufacturer	Abbott			
Form	RTU			
Type	Increased Calorie Supplement			
Level 4	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>TYR 2</u>		Mixture of L-amino acids free of phenylalanine and tyrosine, enriched with vitamins and minerals. Not intended as a sole source of nutrition.	Children and adults with tyrosinemia type I, inherited; tyrosinemia type II, due to tyrosine amino-transferase deficiency (Richner-Hanhart Syndrome). Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 500g can 2 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 31

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
Tvrex 1		Amino acid modified medical food with iron. Phenylalanine and tyrosine-free. Gluten-free and lactose-free. Not intended as a sole source of nutrition.	Infants and toddlers with tyrosinemia type I, II, or III. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
Tvrex 2		Amino acid modified medical food with iron. Phenylalanine and tyrosine-free. Gluten-free and lactose-free. Not intended as a sole source of nutrition.	Children and adults with tyrosinemia type I, II, or III. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 14.1oz can 6 cans/case
Manufacturer	Abbott			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
TYROS 1		Phenylalanine and tyrosine-free formula. Increased levels of B-vitamins for cofactor production. Contains sucrose. Not intended as a sole source of nutrition. 1 unpacked level scoop = 4.5g powder	Infants and toddlers with tyrosinemia or other inborn errors of tyrosine metabolism. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt/Medical Food			
Maximum Length of Issuance	1 Certification Period			
TYROS 2		Phenylalanine and tyrosine-free formula. Not intended as a sole source of nutrition. 22g protein equivalents/100g powder. 1 packed Level scoop = 17g powder.	Children and adults with tyrosinemia or other inborn errors of tyrosine metabolism. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
UCD 2		Mixture of all essential L-amino acids, enriched with vitamins and minerals. Not intended as a sole source of nutrition.	Children and adults with carbamylphosphate synthetase deficiency, ornithine transcarbamylase deficiency, citrullinemia or argininosuccinic acid synthetase deficiency, argininosuccinic acid lyase deficiency, arginase deficiency Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 500g can 2 cans/case
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 32

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>Vital HN</u>		30cal/oz, nutritionally complete, high-nitrogen, Kosher , gluten-free, low-residue, low-fat, partially hydrolyzed diet for oral or tube feeding. <0.25g lactose per packet	For persons with chronically impaired gastrointestinal function, such as maldigestion or malabsorption	PWD: 2.79oz packet 6 packets/carton vanilla
Manufacturer	Abbott			
Form	PWD			
Type	Increased Calorie Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Vital Jr.</u>		30cal/oz, Kosher , gluten-free, lactose-free, nutritionally complete, hydrolyzed whey protein for oral or tube feeding. 50% of fat is MCT oil.	Malabsorption, maldigestion, GI impairment in children requiring 100% hydrolyzed protein, or semi-elemental formula.	RTU: 8oz can 24 cans/case vanilla strawberry
Manufacturer	Abbott			
Form	RTU			
Type	Pediatric Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Vivonex Pediatric</u>		24cal/oz, Kosher , gluten-free, lactose-free, low-residue nutritionally-complete elemental formula. Contains 100% free amino acids. Contains MCT oil.	GI impairment in infants or children, i.e.: Crohn's disease, short bowel disease or intractable diarrhea.	PWD: 1.7oz packet 36 packets/case unflavored
Manufacturer	Nestle			
Form	PWD			
Type	Pediatric Elemental Supplement			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Vivonex Plus</u>		30cal/oz, Kosher , gluten-free, lactose-free, low-residue, high-nitrogen, low-fat, nutritionally complete, elemental diet powder. 100% free amino acids.	1) For persons with gastrointestinal-impairment including pancreatic disorders, malabsorption, and post bowel resection surgery. 2) Surgery or select trauma	PWD: 2.8oz packet 36 packets/carton unflavored
Manufacturer	Nestle			
Form	PWD			
Type	Adult Elemental Tube Feeding Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>Vivonex T.E.N.</u>		30cal/oz, Kosher , gluten-free, lactose-free, low-residue, high-nitrogen, elemental diet. Contains 100% free amino acids. Enriched with glutamine. Similar to L-Elemental.	1) For persons with gastrointestinal-impairment including pancreatic disorders, malabsorption, and post bowel resection surgery. 2) Surgery or select trauma 3) Intestinal failure	PWD: 2.84oz packet 60 packets/case unflavored
Manufacturer	Nestle			
Form	PWD			
Type	Adult Tube Feeding Formula			
Level 3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 33

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>WND 1</u>		Non-essential amino acid-free iron-fortified product. Not intended as a sole source of nutrition. Increased levels of B-vitamins for cofactor production. Sucrose added. 1 unpacked level scoop = 4.5 g powder.	Infants and toddlers with urea cycle disorders.	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>WND 2</u>		Non-essential amino acid-free iron-fortified formula. Not intended as a sole source of nutrition. 8.2 g protein equivalents/100 g powder. 1 packed level scoop = 17.1g powder.	Children and adults with urea cycle disorders.	PWD: 16oz can 6 cans/case
Manufacturer	Mead Johnson		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. No UPC on can; must be drop shipped	
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XLeu Analog</u>		Leucine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals, trace elements. Not intended as a sole source of nutrition. 13g protein/100g powder	Infants with isovaleric acidemia and other disorders of leucine metabolism.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>XLeu Maxamaid</u>		Leucine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals, trace elements. Does not contain fat. Not intended as a sole source of nutrition. 25g protein/100g powder	Children 1 to 8 years of age with isovaleric acidemia and other disorders of leucine metabolism.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XLeu Maxamum</u>		Leucine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals, trace elements. Does not contain fat. Not intended as a sole source of nutrition. 40g protein/100g powder	Children over 8 years and adults with isovaleric acidemia and other disorders of leucine metabolism.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia		Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 34

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>XLys, XTrp Analog</u>		Lysine and tryptophan-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements. Not intended as a sole source of nutrition. 13g protein/100g powder	Infants with glutaric aciduria type I . Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>XLys, XTrp Maxamaid</u>		Lysine and tryptophan-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements. Does not contain fat. Not intended as a sole source of nutrition. 25g protein/100g powder.	Children 1 to 8 years of age with glutaric aciduria type I . Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XLys, XTrp Maxamum</u>		Lysine and tryptophan-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements. Does not contain fat. Not intended as a sole source of nutrition. 40g protein/100g powder	Children over 8 years and adults with glutaric aciduria type I . Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XMet Analog</u>		Methionine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements. Not intended as a sole source of nutrition. 13g protein/100g powder	Infants with proven vitamin B-6 non-responsive homocystinuria or hyper-methioninemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>XMet Maxamaid</u>		Methionine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements. Does not contain fat. Not intended as a sole source of nutrition. 25g protein/100g powder	Children 1 to 8 years of age with proven vitamin B-6 non-responsive homocystinuria or hypermethioninemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1:Certifying Authority
Level 2:Nutritionist
Level 3:RD or LD

Level S/3:Initial issuance is state approval. Renewals are Level 3.
Level 4:State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 35

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>XMet Maxamum</u>		Methionine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements. Does not contain fat. Not intended as a sole source of nutrition. 40g protein/100g powder	Children over 8 years and adults with proven vitamin B-6 non-responsive homocystinuria or hypermethioninemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XMTVI Analog</u>		Methionine, threonine, valine-free, low isoleucine. Contains a balanced mixture of other essential and non-essential amino acids, carbohydrate, vitamins, minerals, trace elements. Not intended as a sole source of nutrition. 13g protein/100g powder	Infants with methylmalonic acidemia vitamin B-12 non-responsive, or propionic acidemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>XMTVI Maxamaid</u>		Methionine, threonine, valine-free, low isoleucine. Contains a balanced mixture of other essential and non-essential amino acids, carbohydrate, vitamins, minerals, trace elements. Does not contain fat. Not intended as a sole source of nutrition. 25g protein/100g powder	Children 1 to 8 years of age with methylmalonic acidemia vitamin B-12 non-responsive, or propionic acidemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XMTVI Maxamum</u>		Methionine, threonine, valine-free, low isoleucine. Contains a balanced mixture of other essential and non-essential amino acids, carbohydrate, vitamins, minerals, trace elements. Does not contain fat. Not intended as a sole source of nutrition. 40g protein/100g powder	Children over 8 years and adults with methylmalonic acidemia vitamin B-12 non-responsive, or propionic acidemia. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XPhe Maxamaid</u>		Phenylalanine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrates, vitamins and minerals. Not intended as the sole source of nutrition. 25g protein/100g powder	For children 1 to 8 years of age with phenylketonuria. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case unflavored orange strawberry
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 36

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS		Description	REASONS FOR ISSUANCE	PACKAGING
<u>XPhe Maxamum</u>		Phenylalanine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrates, vitamins and minerals. Not intended as the sole source of nutrition. 40g protein/100g powder; 15g protein/250mL RTU	Children over 8 years and adults with phenylketonuria, including maternal PKU. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3. ** Refer to RTU Issuance Guidelines on last page of formulary on Last Page of Formulary	PWD: 454g can 4 cans/case unflavored, orange RTU: 250mL can 18 cans/case orange, berry
Manufacturer	Nutricia			
Form	PWD, RTU			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XPhe, XTyr Analog</u>		Phenylalanine and tyrosine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, fat, vitamins, minerals and trace elements. Not intended as a sole source of nutrition. 13g protein/100g powder	Infants with tyrosinemia type I & II. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			
<u>XPhe, XTyr Maxamaid</u>		Phenylalanine and tyrosine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, fat, vitamins, minerals and trace elements. Does not contain fat. Not intended as a sole source of nutrition.	Children aged 1 to 8 years of age with tyrosinemia type I & II. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 454g can 4 cans/case orange
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Medical Food			
Maximum Length of Issuance	1 Certification Period			
<u>XPTM Analog</u>		Phenylalanine, tyrosine and methionine-free. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, fat, vitamins, minerals and trace elements. Not intended as the sole source of nutrition.	Infants with tyrosinemia type I. Requires state agency approval and metabolic prescription form. After initial approval, renew as Level 3.	PWD: 400g can 4 cans/case unflavored
Manufacturer	Nutricia			
Form	PWD			
Type	Metabolic			
Level S/3	Exempt			
Maximum Length of Issuance	1 Certification Period			

Level 1: Certifying Authority
Level 2: Nutritionist
Level 3: RD or LD

Level S/3: Initial issuance is state approval. Renewals are Level 3.
Level 4: State Approval Only

Latest Update 9/25/2009

**RTU Issuance Guidelines on last page of formulary

Texas WIC 37

Texas WIC Formulary and Medical Reasons for Issuance-October 2009

Definitions: Exempt = Exempt formula or medical food

Non-Exempt = Standard milk or soy based formula.

PRODUCTS	Description	REASONS FOR ISSUANCE	PACKAGING
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****Policy F.D. 15 for approval reasons for issuing RTU formula**

- 1) The formula is only available ready-to-use
- 2) The parent/guardian is unable to prepare formula from liquid concentrate or powder due to a physical or mental disability
- 3) There is an unsafe or unsanitary water supply

For Exempt formulas issued to infants: the following 2 reasons apply.

- 4) Improves compliance in consuming a medically prescribed formula. For issuance of Non-Exempt Formulas, contact state.
- 5) Better accommodates the medical condition requiring the formula. For issuance of Non-Exempt Formulas, contact state.