

## **Preparing 24 Calorie Per Ounce Formula From Powder** (Using Similac with Iron, Similac Advance, Similac Isomil, Similac Isomil Advance, and Similac Sensitive)

**Caution:** This formula should not be used unless prescribed by your baby's doctor.

Sterilization:

1. Wash bottles, nipples, nipple rings and bottle caps in warm soapy water.
2. Sterilize bottles, nipples, nipple rings and bottle caps by boiling for 5 minutes in a covered pan. Let cool with the lid on.
3. Boil water used to prepare the formula (including bottled water) for one minute, and then cool to a warm temperature with the lid on.

**Note:** If your infant is older than 3 months, check with the baby's doctor to see if you need to continue to boil the water used to prepare formula.

**To Make 6 Ounces of Formula:**

1. Fill the bottle with 5 ounces of the boiled, cooled water.
2. Add 3 level unpacked scoops of powder on top of the water. Be sure to use only the scoop provided in the can of formula and make sure there are no air spaces left in the scoop after measuring.
3. Tighten the lid and shake very well.

**Note:** Immediately store prepared individual feeding bottles in refrigerator and use within 24 hours. Once feeding begins, use within one hour or discard. If the formula is to be used in a tube feeding, use boiled, cool water. Because powdered formula is not sterile, hang the bag for no longer than four hours to prevent spoilage.