A Community Support Guide for Alternatives to Inpatient Mental Health Treatment
Hello from
Lauren Lacefield Lewis,
Assistant Commissioner

It is estimated that one in five Americans will experience a mental health issue during their lifetime and that one in 20 will develop a serious mental illness. Mental illness is not a personality weakness; it is a disease like many other diseases, such as cancer or diabetes.

Our mission is to restore hope, resilience, and recovery for the people we serve. The good news is that treatment works; recovery from a mental illness is possible; and help is available for Texans living with mental health issues and substance use disorders.

Inpatient care is an important part of the overall service array for people with mental illness. However, this guide is designed to educate the public about community treatment options that can be used to help children and adults with behavioral health issues avoid inpatient treatment if a less intensive alternative is appropriate.

Beyond the behavioral health crisis system in Texas, there are numerous resources that can provide the support and treatment that people with mental illness may need to move toward recovery and avoid psychiatric crises. Local Mental Health Authorities and NorthSTAR providers, located in the Dallas region, can help link people to these important services.

In addition, The Hogg Foundation for Mental Health has produced an overview of services across the state. You may find this to be a helpful reference:

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About This Guide

The purpose of this guide is to help people better understand mental health care in Texas. This guide provides basic information regarding the services available across the state and the organizations that can help people get connected to these resources.

**Local Mental Health Authorities:**

Every community in Texas is served by a Local Mental Health Authority (LMHA). LMHAs help people understand what treatment options will address the challenges associated with their mental illness and ultimately achieve recovery. LMHAs provide a wide array of treatment services and support, and also connect people with resources unique to their community.

The map below helps identify the LMHA nearest you. In addition, the Department of State Health Services (DSHS) website can help you identify which LMHA serves your community. For a complete list of LMHAs visit [www.dshs.state.tx.us/mhsa/lmha-list](http://www.dshs.state.tx.us/mhsa/lmha-list), or review Appendix A: Local Mental Health Authorities.

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Available Services:
People do not have to wait until they are in crisis to receive help. Services are available to assist people in finding employment, find or keep safe housing, and get access to medications when needed. This guide provides a description of such services. We hope this will help you better understand what an LMHA does and how these organizations can assist you or someone you know.

For many people, a crisis causes an initial request for help from the mental health system. That is why LMHAs have a variety of services to assist people in crisis – even if they are not yet connected with care.

Some services, like the crisis hotlines and Mobile Crisis Outreach Teams (MCOT), are available in every community. Others, such as the various types of crisis facilities, have been developed by communities to meet their local needs and may not exist in every area. This guide will help you understand what options are available where you live. It also provides a description of the services and lists contact information for each provider.

What do I need? Are there any openings right now?
LMHAs have mental health professionals available 24/7 to help people understand what kind of care they need and how they can receive services. LMHA staff knows what openings are available and what the best options are if a person has to wait. Some programs are designed for walk-ins. However, LMHAs work with people to ensure they arrive at the right program that has the space and staff available to meet their needs. We encourage people to reach out directly to their LMHA when assistance is needed.

Sometimes it is more appropriate to call 9-1-1 or go directly to a hospital. For example, if an individual has hurt himself or herself, calling 9-1-1 for an ambulance or going directly to a hospital for immediate care is the most appropriate means to access services. LMHAs help people make the best choice possible in difficult crisis situations.

How much will services cost?
Services provided by LMHAs are available on a "sliding fee scale," meaning payment for services may be greatly reduced based on a person’s income. LMHAs also accept most forms of insurance.

Are there options for people who have been arrested?
A number of services are available to people in the criminal justice system. Typically referred to as "forensic services," this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also collaborate with the Texas Correctional Office on Offenders with Medical or Mental Impairments. Information regarding these specialized services is also provided in this guide.

Services designed for people involved in the criminal justice system are noted by the symbol to the left.

NorthSTAR:
NorthSTAR is an integrated mental health and substance abuse managed care program that serves Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties. NorthSTAR takes the place of an LMHA for these communities. For more information visit: www.valueoptions.com/northstar/members/resources/NorthSTAR_Provider_Directory.pdf
You may find the following acronyms helpful:

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Types of Services Available

Crisis Services and Facilities

Across the state, there is a wide array of crisis services available to individuals in crisis. A crisis may be a period of intense difficulty where an individual may be experiencing severe symptoms related to mental illness, be a danger to themselves or others, or feel extremely hopeless. In crisis where you or someone you know is in immediate danger, call 9-1-1. Otherwise, the first step is to call the crisis hotline. The services listed below are in order from least intensive to most intensive treatment options.

**Crisis Hotline:** Provides information, support, referrals, screening, and intervention services 24/7.

**Mobile Crisis Outreach Teams (MCOT):** Provides immediate response to the location where a psychiatric crisis is occurring. MCOT is available 24/7 and medical and mental health professionals respond to calls from the home, school, street, or clinic.

**Crisis Intervention, Relapse Prevention, and Follow-Up:** Provides services to individuals who are not in imminent danger of harm to self or others, but require additional assistance to avoid reoccurrence of the crisis event. Mental health professionals respond to crises to reduce symptoms and prevent admission of an individual to a more restrictive environment.

**Crisis Respite:** Provides short-term, community-based crisis care for individuals who have low-risk of harm to themselves or others, but may have some functional impairment. This is the least intensive, facility-based crisis option. Services occur outside of a person’s home and may be provided for a few hours or a few days. Many people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have mental health professionals on-site 24/7.

**Crisis Residential:** Provides up to 14 days of short-term, community-based residential, crisis treatment for individuals who may pose some risk of harm to themselves or others, have a severe impairment in their ability to function, and demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting. This is a more intensive, facility-based crisis option. Mental health professionals are on-site 24/7 and provide support and rehabilitative services.

**Psychiatric Service Emergency Centers (PESC):** Provides a combination of facility-based crisis care services, such as those listed above. PESCs must be available for walk-ins and provide immediate access to assessment, triage and a continuum of stabilizing treatment for individuals experiencing a behavioral health crisis. PESCs are staffed by medical personnel and mental health professionals and provide care 24/7.

**Extended Observation Units (EOU):** Provide emergency services for up to 48 hours to individuals in psychiatric crisis. Services are provided in a secure and protected, clinically staffed, psychiatrically supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate- to high-risk of harm to themselves or others. A determination of whether the individual has stabilized or requires a psychiatric hospitalization is made prior to the end of the 48-hour period.
**Crisis Stabilization Units:** Provide short-term, residential treatment to reduce acute symptoms of mental illness. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options.

**Rapid Crisis Stabilization Beds:** Provides very brief stays in licensed hospitals to relieve acute symptoms and restore an individual’s ability to function in a less restrictive setting.

**Residential Treatment Centers (RTCs):** Provides 24-hour care for children less than 18 years of age and may offer programmatic services such as transitional living or emergency care, or may offer treatment services for emotional disorders or primary medical needs. Residential treatment centers are a subset of General Residential Operations that serve only children needing treatment services for emotional disorders.

A specialized RTC initiative implemented through a partnership between DSHS and the Department of Family and Protective Services (DFPS) provides an intensive service alternative for children/youth at risk for parental relinquishment of custody due to a lack of mental health resources. Youth reside in these facilities an average of six months. Children between 5 and 17 years of age are referred by DFPS’ Child Protective Services in collaboration with LMHAs and have “no finding” of abuse/neglect by the parents/guardians. LMHAs provide assessments and access to RTCs.

**Waco Center for Youth Residential Treatment Center:** A state-operated, psychiatric residential treatment facility that serves adolescents 13 to 17 years of age with significant or severe emotional difficulties and/or behavioral problems. This is a unique facility that serves approximately 70 youth from across the state and is located in Waco. **Contact:** Admissions Coordinator 254-745-5399, or Admissions/Aftercare Assistant 254-745-5302.

### Outpatient Services

Across the state of Texas, there are core services provided by LMHAs and NorthSTAR providers to help you or someone you know get better. Youth Empowerment Services (YES) is only offered in certain counties for now, but these services will be expanding to other parts of Texas soon.

**Access to Benefits:** When an individual is enrolled in services, the benefits officer may assist the individual in applying for Supplemental Security Income (SSI) or Supplemental Security Disability Income (SSDI).

**Assertive Community Treatment (ACT):** An evidence-based practice that is specifically designed for those who have difficulty avoiding repeated admissions or long stays in inpatient psychiatric facilities. ACT provides a full array of intensive, in-home services and utilizes person-centered recovery planning to help these individuals achieve stability and facilitate community living.

**Case Management:** Case managers are employed by LMHAs or NorthSTAR providers and help adults, children, or caregivers obtain needed services, such as employment, medication, and substance abuse treatment.

**Counseling (Cognitive Behavioral Therapy and Cognitive Processing Therapy):** Individual, family, and group therapy works to reduce or eliminate an individual’s symptoms of mental illness and increase the individual’s ability to perform normal, daily activities. This evidence-based practice is frequently recommended for people with diagnoses of major depression or post-traumatic stress disorder.
Home and Community Based-Adult Mental Health Program (HCBS-AMH): The HCBS-AMH program is designed to serve adults age 18 and older who have a diagnosis of a serious mental illness, and who have resided in an inpatient psychiatric hospital for three or more years (cumulative or consecutive) during the five years prior to enrollment. Individuals must be eligible for Medicaid and meet specific functional criteria to receive HCBS-AMH services. The HCBS-AMH program also has funds available to serve a small number of indigent individuals, who are not eligible for Medicaid. The HCBS-AMH program provides an array of services, appropriate to each individual’s needs, to enable individuals to live and experience long-term treatment in his or her community. The program is currently accepting provider applications and anticipates enrolling individuals by September 2015. For more information on the services available through HCBS-AMH, visit https://www.dshs.state.tx.us/mhsa/hcbs-ammh.

Medication and Medication Training: Physicians (and people who assist physicians, such as nurse practitioners and physician assistants) assess whether medications would help adults and children address symptoms, achieve stability, and ultimately recover. Physicians also work with treatment teams to provide education and guidance about these medications and their possible side effects.

Peer Services and Supports: Peer providers share their experience related to recovery; act as a model of hope and resilience to others; provide education, training, and interventions within the recovery process; and promote integration with community resources. Peer providers have experienced mental illness, which makes them uniquely able to promote wellness, recovery, and an independent life in the community.

Rehabilitation and Skills Training: Provide evidence-based intervention services as part of the overall treatment planning process to facilitate recovery.

Substance Abuse Services: LMHAs work closely with Outreach, Screening, Assessment, and Referral Centers (OSARS) to help people with issues related to substance use. Regardless of their ability to pay, Texas residents seeking substance abuse services and information may qualify for services based on need. For a complete list of OSARS, visit www.dshs.state.tx.us/sa/OSAR, or Appendix B: Outreach, Screening, Assessment, and Referral Centers.

Supported Employment: This evidence-based practice builds upon rehabilitation services and works to help people choose, obtain, and maintain employment in regular community jobs.

Supported Housing: This evidence-based practice builds upon case management and rehabilitation services to help people choose, obtain, and maintain regular, integrated housing.

Youth Empowerment Services (YES): The YES program serves youth 3 to 18 years of age by providing services in a child’s home and local community to children who would otherwise need an institutional level of care or whose parents would turn to out-of-home placement due to the child/youth’s serious emotional disturbance (SED). Individuals must be eligible for Medicaid and meet specific requirements to receive services. Parental income is not included in financial eligibility determinations for Medicaid, often resulting in eligibility for children/youth not otherwise Medicaid eligible. Services are currently available in Travis, Bexar, Tarrant, Harris, Cameron, Hidalgo, Willacy, Williamson, Burnet, and McLennan counties. The remaining Texas counties are anticipated to begin enrolling participants by September 2015, including the NorthSTAR area. Visit www.dshs.state.tx.us/mhsa/yes for additional information.
Services for People in the Criminal Justice System
Forensic Services

A number of services are available to people involved in the criminal justice system. Typically referred to as forensic services, this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also partner with the Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI). Information regarding these specialized services is also provided in this guide.

Services designed for people involved in the criminal justice system are noted by the symbol to the left.

Outpatient Competency Restoration Program: Provided through an LMHA or NorthSTAR, this program offers a full array of mental health services to adults deemed incompetent to stand trial. This program also provides services and supports in a person’s home or community and is created as an alternative to inpatient treatment for competency restoration at state mental health facilities.

Texas Correctional Office on Offenders with Medical or Mental Impairments Programs (TCOOMMI): LMHAs and NorthSTAR providers connect juvenile and adult offenders with special needs to a full array of psychiatric and medical services upon their release on probation or parole. The Texas Department of Criminal Justice, county jails, and Texas Juvenile Justice Department Institutions refer juvenile or adult offenders to this program. LMHA and NorthSTAR providers also work closely with parole and probation officers to help the person comply with the conditions of his or her release, with a particular focus on engaging them in behavioral health treatment.

Contact: Texas Department of Criminal Justice – Reentry and Integration Division, Community Based Interventions, 512-671-2134
Resources Available in the Northern Regions of Texas

Betty Hardwick Center (LMHA)
www.bhcmhmr.org/
2616 S Clack St., Abilene, TX 79606
**Main Phone:** 325-690-5100  **Crisis Hotline:** 1-800-758-3344  
**Counties:** Callahan, Jones, Shackelford, Stephens and Taylor

Crisis Respite Center:
Population Served: Adults 18+ years of age
Address: 2616 S. Clack St., Abilene, TX 79606
Phone: 1-800-758-3344

Center for Life Resources (LMHA)
www.cflr.us
408 Mulberry St., Brownwood, TX 76801
**Main Phone:** 325-646-9574  **Crisis Hotline:** 1-800-458-7788
**Counties:** Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 1200 3rd St., Brownwood, TX 76801
Phone: 1-800-458-7788

Central Plains Center (LMHA)
www.clplains.org
715 Houston St., Plainview, TX 79072
**Main Phone:** 806-293-2636  **Crisis Hotline:** 1-800-687-1300
**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 801 Houston, Plainview, TX 79072 and 2601 Dimmitt Rd., Plainview, TX 79072
Phone: 1-800-687-1300

Denton County MHMR Center (LMHA)
www.dentonmhmr.org/
2509 Scripture St., Denton, TX 76201
**Main Phone:** 940-381-5000  **Crisis Hotline:** 1-800-762-0157
**Counties:** Denton
Crisis Residential Center:  
Population Served: Adults 18+ years of age  
Address: 2519 Scripture St., Denton, TX 76201  
Phone: 1-800-762-0157

Psychiatric Triage Center: Evaluations are provided to individuals in crisis. Walk-ins are accepted and referrals to other community resources are provided as needed.  
Population Served: Adults 18+ years of age  
Address: 2509 Scripture St., Suite 100, Denton, TX 76201  
Phone: 940-381-9965

Helen Farabee Centers (LMHA)  
www.helenfarabee.org/  
1000 Brook, Wichita Falls, TX 76301  
Main Phone: 1-800-669-4166  
Crisis Hotline: 1-800-621-8504  
Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young

Crisis Respite and Rapid Crisis Stabilization Beds:  
Population Served: Children/adolescents 6-17 years of age and adults 18+ years of age  
Crisis Respite – Address: 500 Broad St., Wichita Falls 76301  
Phone: 1-800-621-8504  
Rapid Crisis Stabilization Beds – Phone: 1-800-621-8504

Wise Behavioral Health  
Address: located within Wise Regional Hospital in Wise County (Decatur, TX)

Pecan Valley Centers for Behavioral and Developmental HealthCare (LMHA)  
www.pvmhmr.org  
2101 W. Pearl St., Granbury, TX 76048  
Maine Phone: 817-579-4400  
Crisis Hotline: 1-800-772-5987  
Counties: Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

Green Street Crisis Respite: The Green Street Crisis Respite facility serves all six Pecan Valley Centers counties and is open 24/7. Assistance with transportation is available. Individuals seeking services must not be actively suicidal or homicidal, must be medically stable and able to self-manage personal hygiene needs. Eligibility and admission determination is made through a face-to-face assessment by calling the Pecan Valley Centers Crisis Hotline.  
Population Served: Adults 18+ years of age  
Address: 532 Green Street, Stephenville 76401  
Phone: 254-552-2050  
Crisis Hotline: 1-800-772-5987
StarCare Specialty Health System (LMHA)
www.StarCarelubbock.org

904 Avenue O St., Lubbock, TX 79401
Main Phone: 806-766-0310  Crisis Hotline: 1-800-687-7581
Counties: Cochran, Crosby, Hockley, Lubbock and Lynn

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 904 Ave. O St., Lubbock, TX 79408
Phone: 806-766-0310

MHMR Tarrant (LMHA)
www.MHMRtarrant.org

3840 Hulen St., Fort Worth, TX 76107
Main Phone: 817-335-3022  Crisis Hotline: 1-800-866-2465
Counties: Tarrant

Crisis Respite (Adolescents):
Population Served: Adolescents 13-17 years of age
Address: 1520 Rio Grande Ave., Fort Worth, TX 76102
Phone: 1-800-866-2465

Crisis Respite and Residential (Men):
Population Served: Males 18+ years of age
Address: 1350 E Lancaster, Fort Worth, TX 76102
Phone: 1-800-866-2465

Crisis Respite & Residential (Women):
Population Served: Females 18+ years of age
Address: 815 S. Jennings, Fort Worth, TX 76104
Phone: 1-800-866-2465

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Counties: Tarrant
Phone: 817-569-5600
Website: www.dshs.state.tx.us/mhsa/yes

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 3840 Hulen Tower North, Fort Worth, TX 76107
Phone: 817-335-3022 or 1-800-866-2465
Texas Panhandle Centers (LMHA)
www.texaspanhandlecenters.org/
901 Wallace Blvd., Amarillo, TX 79106
Main Phone: 806-358-1681 or 1-800-299-3699  Crisis Hotline: 1-800-692-4039

Rapid Crisis Stabilization Beds:
Population Served: Children & Adolescents 6-17 years of age and adults 18+ years of age
Address: 1501 S. Coulter St., Amarillo, TX 79106
Crisis Hotline: 1-800-692-4039

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 2002 Hardy St., Amarillo, TX 79106
Crisis Hotline: 1-800-692-4039

Texoma Community Center (LMHA)
www.mhmrst.org/location.html
315 W McLain Dr., Sherman, TX 75092
Main Phone: 903-957-4700  Crisis Hotline: 1-877-277-2226
Counties: Cooke, Fannin and Grayson

Long-Term Residential:
Population Served: Adults 18+ years of age
Address: 102 (A) Memorial Dr., Denison, TX 75020
Phone: 903-957-4700
Crisis Hotline: 1-877-277-2226

Crisis Respite Facility:
Population Served: Adults 18+ years of age
Address: 102 (B) Memorial Dr., Denison, TX 75020
Phone: 903-957-4700
Crisis Hotline: 1-877-277-2226

NorthSTAR/Value Options
www.valueoptions.com/northstar
1199 S. Beltline Rd., Ste. 100, Coppell, TX 95019
Main Phone: 1-888-800-6799  Crisis Hotline: 1-866-260-8000
Counties: Collin, Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 233 W. 10th St., Dallas TX 75208
Phone: 214-941-3500
Crisis Hotline: 1-866-260-8000
Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Counties: Dallas
Phone: 214-653-3535

Athletes for Change-RTC Placement:
Population Served: Ages 13-17
Address: 1205 E. Bear Creek Rd., Glenn Heights, TX 75154
Phone: 972-223-2011

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 888-800-6799
Website: www.dshs.state.tx.us/mhsa/yes
Resources Available in the Eastern/Central Regions of Texas

ACCESS (LMHA)
www.accessmhmr.org
1011 College Avenue Jacksonville, TX 75766
Main Phone: 903-586-5507 Crisis Hotline: 1-800-621-1693
Counties: Anderson and Cherokee

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Andrews Center Behavioral Healthcare System (LMHA)
www.andrewsccenter.com
2323 West Front St., Tyler, TX 75702
Main Phone: 903-597-1351 Crisis Hotline: 1-877-934-2131
Counties: Henderson, Rains, Smith, Van Zandt and Wood

Crisis Respite and Psychiatric Service Emergency Center:
Population Served: Adults 18+ years of age
Address: 959 Farm Rd., Tyler, TX 75705
Phone: 903-566-6410
or 1-800-374-6058

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 2323 West Front St., Tyler, TX 75702-7747
Phone: 903-597-1351

Austin Travis County Integral Care (LMHA)
www.integralcare.org
1430 Collier St. Austin, TX 78704
Main Phone: 512-447-4141 24/7 Hotline: 512-472-HELP (4357) Crisis Hotline: 844-398-8252
TTY: 512-703-1395
Counties: Travis

24/7 Walk-in Psychiatric Emergency Services Clinic:
Population Served: Children, adolescents, and adults
Address: 56 East Ave., Austin, TX 78701
Phone: 512-472-HELP (4357)
Website: www.integralcare.org/content/psychiatric-emergency-services-pes
Crisis Respite and Rapid Crisis Stabilization Beds: Next Step provides short-term psychiatric respite services for adults residing in Travis County who are recovering from a psychiatric crisis. The Inn provides short-term community-based residential crisis treatment. The Inn offers residential services, medication stabilization, around-the-clock nursing services, psychosocial rehabilitative skills training, case management and group treatment.

Population Served: Adults 18+ years of age
Rapid Crisis Stabilization Beds – Address: 56 East Ave., Austin TX 78701
Phone: 512-472-HELP (4357)
Crisis Respite – Address: 6222 N. Lamar, Austin, TX 78752
Phone: 512-472-HELP (4357)

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Phone: 512-472-HELP (4357)

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years of age
Phone: 512-255-1720
Website: www.dshs.state.tx.us/mhsa/yes

Bluebonnet Trails Community Services (LMHA)
www.bbtrails.org

1009 N. Georgetown St., Round Rock, TX 78664
Main Phone: 512-255-1720 Crisis Hotline: 1-800-841-1255
Counties: Bastrop, Burnet, Caldwell, Fayette, Guadalupe, Lee and Williamson

Crisis Respite & Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 711 North College St., Georgetown, TX 78626
Phone: 1-800-841-1255

Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 2713 E. Court, Seguin, TX 78155
Phone: 1-800-841-1255

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years of age
Counties: Burnet and Williamson
Phone: 512-255-1720
Website: www.dshs.state.tx.us/mhsa/yes

MHMR Authority of Brazos Valley (LMHA)
www.mhmrabv.org/

804 S. Texas Ave., Bryan, TX 77802
Main Phone: 979-822-6467 Crisis Hotline: 1-888-522-8262
Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington
Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 804 S. Texas Ave., Bryan, TX 77802
Phone: 1-888-522-8262

Everyday Life, Inc. – RTC Placement:
Population Served: Ages 10-17
Address: 6955 Broach Rd., Bryan, TX 77808
Phone: 979-589-1885
Website: www.everydaylifertc.com/Home.html

Helping Hand Home for Children – RTC Placement:
Population Served: Ages 13-17
Address: 3804 Avenue B, Austin, TX 78751
Phone: 512-459-3353
Website: www.helpinghandhome.org/

Pegasus Schools, Inc. – RTC Placement:
Population Served: Ages 10-17
Address: 896 Robin Ranch Road, Lockhart, TX 78644
Phone: 512-376-2101
Website: www.pegassusschool.net/

Rock Prairie Behavioral Health Hospital
3550 Normand Drive
Address: College Station, Texas 77845
Phone: 979-703-8848
Website: www.rockprairiebh.com

Burke (LMHA)
www.myburke.org/
2001 S Medford Dr., Lufkin, TX 75901
Main Phone: 936-639-1141 Crisis Hotline: 1-800-392-8343
Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Mental Health Emergency Center (MHEC): MHEC provides assessment and/or brief treatment to individuals that are experiencing a mental health crisis. MHEC is comprised of two programs – extended observation unit and crisis residential unit.
Population Served: Adults 18+ years of age
Crisis Residential – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 1-800-392-8343
Extended Observation Unit – Address: 105 Mayo Place, Lufkin, TX 75904
Phone: 1-800-392-8343

Central Counties Services (LMHA)
www.cccmhmhr.org
304 S. 22nd St., Temple, TX 76501
Main Phone: 254-298-7000 Crisis Hotline: 1-800-888-4036
Counties: Bell, Coryell, Hamilton, Lampasas and Milam
Crisis Respite: Designed to give individuals brief care to prevent a state of crisis that requires hospitalization.  
Population Served: Adults 18+ years of age  
Address: 207 N. Lutterloh, Gatesville, TX 76528  
Phone: 254-217-1856

Scott and White Mental Health Center  
Population Served: adults 18+ years of age  
Address: 2401 S. 31st St. Temple, TX 76508  
Phone: 254-724-2585

Metroplex Behavioral Health Center  
Population Served: Children, adolescents, and adults  
Address: 2201 S. Clear Creek Rd., Killeen, TX 76549  
Phone: 254-628-1000  
Website: [http://www.mplex.org/care-services/behavioral-health](http://www.mplex.org/care-services/behavioral-health)

Cedar Crest Hospital  
Population Served: Children, adolescents, and adults  
Address: 3500 S. IH-35 Belton, Texas 76513  
Phone: 866-543-7779

Community Healthcare (LMHA)  
www.communityhealthcare.com  
107 Woodbine Pl., Longview, TX 75601  
Main Phone: 903-758-2471 Crisis Hotline: 1-800-832-1009  
Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:  
Population Served: Adults 18+ years of age  
Address: 1007 South Williams Street, Atlanta, TX 75551  
Phone: 903-796-1278

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:  
Population Served: Adults 18+ years of age  
Address: 1612 S. Henderson Blvd., Kilgore, TX 75662  
Phone: 903-984-6052

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:  
Population Served: Adults 18+ years of age  
Address: 7470 State Hwy 154, Marshall, TX 75670  
Phone: 903-927-1466

Outpatient Competency Restoration Program:  
Population Served: Adults 18+ years of age, deemed incompetent to stand trial  
Address: 950 N. 4th St., Longview, TX 75601  
Phone: 903-758-2471
Crisis Respite (Galveston County):
Population Served: Adults 18+ years of age
Address: 5825 Emmet Lowry, Texas City, TX 77591
Phone: 409-763-2373

Crisis Respite (Brazoria County):
Population Served: Adults 18+ years of age
Address: 2320 East Mulberry, Angleton, TX 77515
Phone: 409-763-2373

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Phone: 409-763-2373
Website: www.dshs.state.tx.us/mhsa/yes

Crisis Respite: Provides respite care. This facility has nine apartments with capacity for 16 residents.
Population Served: Adults 18+ years of age
Address: 612 Branard St., Houston, TX 77006
Phone: 713-970-7070

Crisis Residential Unit: There are 18 beds at this facility.
Population Served: Adults 18+ years of age
Address: 2627 Caroline St., Houston, TX 77004, Bristow Building, 1st Floor
Phone: 713-970-7070

Critical Time Intervention Program: This program assists homeless individuals with mental illness in their transition from the streets, shelters, psychiatric hospitals, or criminal justice system into the community.
Population Served: Adults 18+ years of age
Address: 9401 Southwest Freeway, 8th Floor, Houston, TX 77074
Phone: 713-970-7070

Post-Hospitalization Crisis Residential Unit: There are 24 beds at this facility.
Address: 2505 Southmore, Houston, TX
Phone: 713-970-7070
The Neuropsychiatric Center – Crisis Stabilization Unit: This inpatient stabilization unit is for people experiencing a mental health crisis. It is open 24/7, 365 days per year; the average stay is three-five days; and a doctor must refer clients.  
Population Served: Adults 18+ years of age  
Address: 1502 Taub Loop (2nd Floor), Houston, TX 77030  
Phone: 713-970-7070

Interim Care Clinic: Provides interim psychiatric assessment and medication support for patients with a psychiatric diagnosis who do not have a psychiatric outpatient provider, or have experienced a disruption in their outpatient treatment and who are experiencing symptoms of a crisis and therefore in urgent need of treatment. The Interim Care Clinic is a one-time walk-in intervention.  
Address: 1502 Taub Loop (2nd floor), Houston, TX 77030  
Phone: 713-970-7070

Psychiatric Emergency Services: The Psychiatric Emergency Services Unit is staffed 24 hours a day with registered nurses, clinical social workers, licensed professional counselors and psychiatric technicians. Each person treated receives an individualized clinical service plan that can include medication administration, reinforcement of coping skills, close observation by clinical staff, family meetings and determination of appropriate community supports.  
Population Served: Screening available for individuals at any age  
Address: 1502 Taub Loop (1st Floor), Houston, TX 77030  
Phone: 713-970-7070

Youth Empowerment Services (YES):  
Population Served: Ages 3-18 years  
Phone: 713-970-7212  
Website: www.dshs.state.tx.us/mhsa/yes

Heart of Texas Region MHMR Center (LMHA)  
www.hotrmhmr.org  
110 S 12th St. Waco, TX 76701  
**Main Phone:** 254-752-3451  
**Crisis Hotline:** 1-866-752-3451  
**Counties:** Bosque, Falls, Freestone, Hill, Limestone and McLennan

Psychiatric Triage Center:  
Population Served: Walk-ins accepted. Evaluations and referrals to services provided for adults 18+ years of age  
Address: 301 Londonderry, Waco, TX 76712  
Phone: 1-866-752-3451

Extended Observation/Crisis Residential:  
Population Served: Adults 18+ years of age  
Address: 301 Londonderry, Waco, TX 76712  
Phone: 1-866-752-3451

Crisis Respite Facility:  
Population Served: Adults 18+ years of age  
Address: 1200 Clifton St., Waco, TX 76704  
Phone: 1-866-752-3451 (after hours and weekends)
Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 110 S 12th St., Waco, TX 76703
Phone: 1-866-752-3451

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years of age
Counties: McLennan
Phone: (254) 297-7002
Website: www.dshs.state.tx.us/mhsa/yes

Lakes Regional Community Center (LMHA)
www.lrmhmrc.org
400 Airport Rd., Terrell, TX 75160
Main Phone: 972-524-4159 Crisis Hotline: 1-877-466-0660
Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Spindletop Center (LMHA)
www.stmhmr.org
655 S 8th St., Beaumont, TX 77701
Main Phone: 409-784-5400 Crisis Hotline: 409-838-1818
Counties: Chambers, Hardin, Jefferson and Orange

Crisis Respite:
Population Served: Adolescents 13-17 years of age and adults 18+ years of age (separately)
Address: 2750 South 8th Street, Building C, Beaumont, TX 77701
Phone: 1-800-937-8097

Crisis Residential:
Population Served: Adults 18+ years of age
Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
Phone: 1-800-937-8097

Extended Observation Units:
Population Served: Adults 18+ years of age
Location 1 – Address: 3080 College St., Beaumont, TX 77701
Phone: 1-800-937-8097
Location 2 – Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640
Phone: 1-800-937-8097

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 655 S. 8th St., Beaumont, TX 77701
Phone: 409-784-5400
Texana Center (LMHA)
www.texanacenter.com

5311 Ave. N., Rosenberg, TX 77471
Main Phone: 281-239-1300 Crisis Hotline: 1-800-633-5686
Counties: Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

Crisis Center: Access is available only via MCOT screenings (not a walk-in center).
Population Served: Adults 18+ years of age
Crisis Hotline: 1-800-633-5686

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Counties: Fort Bend
Phone: 281-239-1485
Website: www.dshs.state.tx.us/mhsa/yes

Tri-County Services (LMHA)
www.tricountyservices.org

1506 FM-2854, Conroe, TX 77304
Main Phone: 936-521-6100 Crisis Hotline: 1-800-659-6994
Counties: Liberty, Montgomery and Walker

Crisis Stabilization Unit (Psychiatric Emergency Treatment Center), and Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 706 FM 2854, Conroe TX 77301
Phone: 1-800-659-6994

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 1020 Riverwood Ct., Conroe, TX 77304
Phone: 936-521-6100

Guardian Angels – RTC Placement:
Population Served: Ages 9-17
Address: 9530 W. Montgomery Rd., Houston, TX 77088
Phone: 281-447-1812

Gulf Winds – RTC Placement:
Population Served: Ages 10-17
Address: 2904 1st St., Bay City, TX 77414
Phone: 979-254-2334

Have Haven – RTC Placement:
Population Served: Ages 10-17
Address: 14054 Ambrose St., Houston, TX 77045
Phone: 713-413-9490
Website: www.havehaven.org/

Krause Children’s Residential – RTC Placement:
Population Served: Ages 12-17  
Address: 25752 Kingsland Blvd., Katy, TX 77494  
Phone: 281-392-7505  
Website: [www.krausechildrenscenter.org/](http://www.krausechildrenscenter.org/)

**Renewed Strength, Inc. – RTC Placement:**  
Population Served: Ages 5-18  
Address: 110 Hambrick Rd., Houston, TX 77060  
Phone: 281-448-7550  
Website: [www.renewedstrength.net/](http://www.renewedstrength.net/)

**Shamar Hope Haven- RTC Placement:**  
Population Served: Ages 10-17  
Address: 2719 Truxillo St., Houston, TX 77004  
Phone: 713-942-8822

**Unity Children’s Home – RTC Placement:**  
Population Served: Ages 6-17  
Address: 2111 River Valley Dr., Spring, TX 77373  
Phone: 281-355-0716  
Website: [www.unityresidentialtreatmentcenter.org/](http://www.unityresidentialtreatmentcenter.org/)
### Resources Available in the Southern Regions of Texas

#### Border Region Behavioral Health Center (LMHA)
[www.borderregion.org](http://www.borderregion.org)

1500 Pappas St., Laredo, TX 78041  
**Main Phone:** 956-794-3000  
**Crisis Hotline:** 1-800-643-1102  
**Counties:** Jim Hogg, Starr, Webb and Zapata

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

#### Camino Real Community Services (LMHA)
[www.caminorealcs.org](http://www.caminorealcs.org)

19965 FM-3175 N., Lytle, TX 78052  
**Main Phone:** 210-261-1000  
**Crisis Hotline:** 1-800-543-5750  
**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

**Crisis Respite:**  
Population Served: Adults 18+ years of age  
Address: 419 East San Marcos, Pearsall, TX 78061  
Phone: 210-357-0300

#### The Center for Health Care Services (LMHA)
[www.chcsbc.org](http://www.chcsbc.org)

3031 W I-10, San Antonio, TX 78201  
**Main Phone:** 210-261-1000  
**Crisis Hotline:** 210-223-7233  
**Counties:** Bexar

**Crisis Care Center and Extended Observation Unit:**  
Population Served: Adults 18+ years of age  
Address: 601 N. Frio, San Antonio, TX 78207  
Phone: 210-223-7233 or 1-800-316-9241

**Children’s Crisis Unit:** The Children’s Crisis Unit provides crisis assessments to children if they are perceived to be a potential danger to themselves or others and they are physically within the boundaries of Bexar County. Crisis assessors also conduct crisis assessments in the field, at schools, residences, and other locations.  
Population Served: Ages 3-17  
Address: 227 West Drexel, San Antonio, TX 78210  
Phone: 210-223-7233 or 1-800-316-9241

**Youth Empowerment Services (YES):**  
Population Served: Ages 3-18 years  
Phone: 210-261-1135  
Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)
**Outpatient Competency Restoration (OCR) Program:**
Population Served: Adults 18+ years of age deemed incompetent to stand trial
Address: 3031 IH-10 West, San Antonio, TX 78201 Phone: 210-261-1000

**Coastal Plains Community Center (LMHA)**
[www.coastalplainsctr.org](http://www.coastalplainsctr.org)
200 Marriott Dr., Portland, TX 78374
**Main Phone:** 361-777-3991 **Crisis Hotline:** 1-800-841-6467
**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 200 Marriott Dr, Portland, TX 78374
Phone: 1-800-841-6467

**Gulf Bend Center (LMHA)**
[www.gulfbend.org](http://www.gulfbend.org)
6502 Nursery Drive, Suite 100, Victoria, TX 77904-1178
**Main Phone:** 361-575-0611 **Crisis Hotline:** 1-877-723-3422
**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

Extended Observation Unit:
Population Served: Adults 18+ years of age
Address: 2701 Hospital Dr., Victoria, TX 77901
Phone: 1-877-723-3422

**Hill Country Mental Health & Developmental Disabilities Centers (LMHA)**
[www.hillcountry.org](http://www.hillcountry.org)
819 Water St, Suite 300, Kerrville, TX 78028
**Main Phone:** 830-792-3300 **Crisis Hotline:** 1-877-466-0660
**Counties:** Bandera, Comal, Edwards, Gillespie, Kendall, Kerr, Kinney, Medina, Real, Uvalde and Val Verde

Crisis Stabilization Unit:
Population Served: Adults ages 18+
Address: 643 Sheppard Rees Rd., Kerrville, TX 78028
Phone: 1-877-466-0660

**Hector Garza Center – RTC Placement:**
Population Served: Ages 10-17
Address: 620 E. Afton Oaks Blvd., San Antonio, TX 78232
Phone: 210-568-8600
Website: [www.abraxasyfs.com/facilities/hectorgarza/](http://www.abraxasyfs.com/facilities/hectorgarza/)

**Hill Country Youth Ranch – RTC Placement:**
Population Served: Ages 5-17
Address: 522 Junction Hwy., Ingram, TX 78025 Phone: 830-367-2131
Website: [www.youth-ranch.org/](http://www.youth-ranch.org/)
New Life Children’s Treatment Center - RTC Placement:
Population Served: Ages 11-17
Address: 650 Scarbourough, Canyon Lake, TX 78133
Phone: 830-964-4390
Website: www.newlifechildrenscenter.org/

Behavioral Health Center of Nueces County (LMHA)
www.bhcnc.org
1630 S. Brownlee Blvd., Corpus Christi, TX 78405
Main Phone: 361-886-6970 Crisis Hotline: 1-888-767-4493
Counties: Nueces

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 1630 S. Brownlee, Corpus Christi, TX 78404
Phone: 1-888-767-4493

Outpatient Competency Restoration (OCR) Program:
Population Served: Adults 18+ years of age, deemed incompetent to stand trial
Address: 1630 S. Brownlee, Corpus Christi, TX 78404-3178

Tropical Texas Behavioral Health (LMHA)
www.ttbh.org
1901 S. 24 St., Edinburg, TX 78539
Main Phone: 956-289-7000 Crisis Hotline: 1-877-289-7199
Counties: Cameron, Hidalgo and Willacy

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 715 North H St., Harlingen, TX 78550
Phone: 1-877-289-7199

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 1901 South 24th Ave., Edinburg, TX 78540
Phone: 1-877-289-7199

Shoreline, Inc. – RTC Placement:
Population Served: Ages 13-17
Address: 1220 Gregory St., Taft, TX 78390
Phone: 361-528-3356
Website: www.shorelinetreatmentcenter.com/

Youth Empowerment Services (YES):
Population Served: Ages 3-18 years
Address: 1901 S. 24 St., Edinburg, TX 78540
Phone: 956-289-7000
Website: www.dhs.state.tx.us/mhsa/yes
Resources Available in the Western Regions of Texas

**Emergence Health Network (LMHA)**

*www.emergencehealthnetwork.org*

1600 Montana Ave., El Paso, TX 79902  
**Main and Crisis Phone:** 915-887-3410  
**Counties:** El Paso

- **Crisis Residential and Rapid Crisis Stabilization Beds:**  
  Population Served: Adults 18+ years of age  
  Crisis Respite – Address: 8716 Independence, El Paso, TX 79907  
  Phone: 915-887-3410  
  Rapid Crisis Stabilization Beds  
  Phone: 915-887-3410

- **Extended Observation Unit:**  
  Population Served: Adults 18+ years of age  
  Phone: 915-887-3410

- **Outpatient Competency Restoration (OCR) Program:**  
  Population Served: Adults 18+ years of age deemed incompetent to stand trial  
  Phone: 915-887-3410

**MHMR Services for the Concho Valley (LMHA)**

*www.mhmrcv.org*

1501 W Beauregard St., San Angelo, TX 76901  
**Main Phone:** 325-658-7750  
**Crisis Hotline:** 1-800-375-8965  
**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

- **Crisis Respite:**  
  Population Served: Adults 18+ years of age  
  Address: 244 N. Magdalen Bldg. #240, San Angelo, TX 76903  
  Phone: 1-800-375-8965

- **Rapid Crisis Stabilization Beds:**  
  Population Served: Adults 18+ years of age  
  Address: 1501 W Beauregard, San Angelo, TX 76901  
  Phone: 1-800-375-8965
Permian Basin Community Centers for MHMR (LMHA)

www.pbmhmr.com

401 E Illinois Ave., Midland, TX 79701


Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

West Texas Centers (LMHA)

www.wtcmhmhr.org

319 Runnels St., Big Spring, TX 79720

Main Phone: 432-263-0007 Crisis Hotline: 1-800-375-4357

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

Rapid Crisis Stabilization Beds:
Population Served: Adults 18+ years of age
Address: 319 Runnels St., Big Spring, TX 79720
Phone: 1-800-375-4357

Crisis Respite:
Population Served: Adults 18+ years of age
Address: 2607 Chanute, Big Spring, TX 79720
Phone: 432-263-0007
<table>
<thead>
<tr>
<th>Local Mental Health Authorities</th>
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<tbody>
<tr>
<td><strong>ACCESS</strong>&lt;br&gt;www.accessmhmr.org&lt;br&gt;913 N. Jackson St.&lt;br&gt;Jacksonville, TX 75766&lt;br&gt;903-586-5507&lt;br&gt;<strong>Counties:</strong> Anderson and Cherokee</td>
</tr>
<tr>
<td><strong>Andrews Center Behavioral Health Care System</strong>&lt;br&gt;www.andrewscenter.com&lt;br&gt;2323 West Front St.&lt;br&gt;Tyler, TX 75702&lt;br&gt;903-597-1351&lt;br&gt;<strong>Counties:</strong> Henderson, Rains, Smith, Van Zandt and Wood</td>
</tr>
<tr>
<td><strong>Austin Travis County Integral Care</strong>&lt;br&gt;www.integralcare.org&lt;br&gt;1430 Collier St.&lt;br&gt;Austin, TX 78704&lt;br&gt;512-447-4141&lt;br&gt;<strong>County:</strong> Travis</td>
</tr>
<tr>
<td><strong>Behavioral Health Center of Nueces</strong>&lt;br&gt;www.bhcnc.org&lt;br&gt;1630 S Brownlee Blvd.&lt;br&gt;Corpus Christi, TX 78404&lt;br&gt;361-886-6900&lt;br&gt;<strong>County:</strong> Nueces</td>
</tr>
<tr>
<td><strong>Betty Hardwick Center</strong>&lt;br&gt;www.bhcmhmr.org&lt;br&gt;2616 S Clack St.&lt;br&gt;Abilene, TX 79606&lt;br&gt;325-690-5100&lt;br&gt;<strong>Counties:</strong> Callahan, Jones, Shackelford, Stephens and Taylor</td>
</tr>
<tr>
<td><strong>Bluebonnet Trails Community Services</strong>&lt;br&gt;www.bbtrails.org&lt;br&gt;1009 N. Georgetown St.&lt;br&gt;Round Rock, TX 78664&lt;br&gt;512-255-1720&lt;br&gt;<strong>Counties:</strong> Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson</td>
</tr>
<tr>
<td><strong>Border Region Behavioral Health Center</strong>&lt;br&gt;www.borderregion.org&lt;br&gt;1500 Pappas St.&lt;br&gt;Laredo, TX 78041&lt;br&gt;956-794-3000&lt;br&gt;<strong>Counties:</strong> Jim Hogg, Starr, Webb, and Zapata</td>
</tr>
<tr>
<td><strong>Burke</strong>&lt;br&gt;www.myburke.org&lt;br&gt;2001 S Medford Dr.&lt;br&gt;Lufkin, TX 75901&lt;br&gt;936-639-1141&lt;br&gt;<strong>Counties:</strong> Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler</td>
</tr>
<tr>
<td><strong>Camino Real Community Services</strong>&lt;br&gt;www.caminorealcs.org&lt;br&gt;19965 FM 3175 N.&lt;br&gt;Lytle, TX 78052&lt;br&gt;210-357-0300&lt;br&gt;<strong>Counties:</strong> Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala</td>
</tr>
<tr>
<td><strong>Center for Life Resources</strong>&lt;br&gt;www.cflr.us&lt;br&gt;408 Mulberry St.&lt;br&gt;Brownwood, TX 76801&lt;br&gt;325-646-9574&lt;br&gt;<strong>Counties:</strong> Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba</td>
</tr>
</tbody>
</table>
Central Counties Services  
www.cccmhmr.org  
304 S 22nd St.  
Temple, TX 76501  
254-298-7000  
**Counties:** Bell, Coryell, Hamilton, Lampasas and Milam

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Central Plains Center  
www.clplains.org  
2700 Yonkers St.  
Plainview, TX 79072  
806-293-2636  
**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

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Coastal Plains Community Center  
www.coastalplainsctr.org  
200 Marriott Dr.  
Portland, TX 78374  
361-777-3991  
**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

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Community Healthcare  
www.communityhealthcore.com  
107 Woodbine Pl.  
Longview, TX 75601  
903-758-2471  
**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

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Denton County MHMR Center  
www.dentonmhmr.org  
2519 Scripture St.  
Denton, TX 76201  
940-381-5000  
**County:** Denton

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Emergence Health Network  
www.emergencehealthnetwork.org  
1600 Montana Ave.  
El Paso, TX 79902  
915-887-3410  
**County:** El Paso

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Gulf Bend Center  
www.gulfbend.org  
6502 Nursery Drive, Suite 100  
Victoria, TX 77904-1178  
361-575-0611  
**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

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Gulf Coast Center  
www.gulfcoastcenter.org  
123 Rosenberg, Ste. 6  
Galveston, TX 77550  
409-763-2373  
**Counties:** Brazoria and Galveston

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Heart of Texas Region MHMR Center  
www.hotrmhmr.org  
110 S 12th St.  
Waco, TX 76701  
254-752-3451  
**Counties:** Bosque, Falls, Freestone, Hill, Limestone and McLennan

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Helen Farabee Centers  
www.helenfarabee.org  
1000 Brook  
Wichita Falls, TX 76301  
800-669-4166  
**Counties:** Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young

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Hill Country Mental Health and Developmental Disabilities Centers  
www.hillcountry.org  
819 Water St, Suite 300  
Kerrville, TX 78028  
830-792-3300  
**Counties:** Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde and Val Verde
Lakes Regional Community Center
www.lrmhmrc.org
400 Airport Rd.
Terrell, TX 75160
972-524-4159
Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

MHMR Authority of Brazos Valley
www.mhmrabv.org
804 S. Texas Ave.
Bryan, TX 77802
979-822-6467
Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

MHMR Authority of Harris County
www.mhmraharris.org
7011 Southwest Fwy.
Houston, TX 77074
713-970-7000
County: Harris

MHMR Services for the Concho Valley
www.mhmrconchovalley.org
1501 W Beauregard St.
San Angelo, TX 76901
325-658-7750
Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

MHMR Tarrant
www.mhmrtarrant.org
3840 Hulen St.
Fort Worth, TX 76107
817-335-3022, 1-800-866-2465
County: Tarrant

Pecan Valley Centers for Behavioral & Developmental HealthCare
www.pvnhmr.org
2101 W. Pearl
Granbury, TX 76048
817-579-4400
Counties: Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

Permian Basin Community Centers for MHMR
www.pbmhmr.com
401 E Illinois Ave.
Midland, TX 79701
432-570-3300
Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

Spindletop Center
www.stmhmr.org
655 S 8th St.
Beaumont, TX 77701
409-784-5400
Counties: Chambers, Hardin, Jefferson and Orange

StarCare Specialty Health System
www.StarCarelubbock.org
904 Avenue O St.
Lubbock, TX 79401
806-766-0310
Counties: Cochran, Crosby, Hockley, Lubbock and Lynn

Texana Center
www.texanacenter.com
4910 Airport Ave.
Rosenberg, TX 77471
281-239-1300
Counties: Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

Texas Panhandle Centers
www.texaspanhandlecenters.org
901 Wallace Blvd.
Amarillo, TX 79106
806-358-1681
**Texoma Community Center**  
[www.mhmrst.org](http://www.mhmrst.org)  
315 W McLain Dr.  
Sherman, TX 75092  
903-957-4700  
**Counties:** Cooke, Fannin and Grayson

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**The Center for Health Care Services**  
[www.chcsbc.org](http://www.chcsbc.org)  
3031 W I-10  
San Antonio, TX 78201  
210-261-1000  
**County:** Bexar

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**Tri-County Services**  
[www.tricountyservices.org](http://www.tricountyservices.org)  
1506 FM-2854  
Conroe, TX 77304  
936-521-6100  
**Counties:** Liberty, Montgomery and Walker

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**Tropical Texas Behavioral Health**  
[www.ttbh.org](http://www.ttbh.org)  
1901 S. 24 St.  
Edinburg, TX 78540  
956-289-7000  
**Counties:** Cameron, Hidalgo and Willacy

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**West Texas Centers**  
[www.wtcmhmr.org](http://www.wtcmhmr.org)  
319 Runnels St.  
Big Spring, TX 79720  
432-263-0007  
**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum
# Appendix B

## Outreach, Screening, Assessment and Referral Centers (OSARS)

### Substance Abuse Intervention and Treatment

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Abilene Regional Council on Alcohol/Drug Abuse</strong></td>
<td>104 Pine St., Suite #210, Abilene, TX 79601</td>
<td>325-673-2242 or 1-800-588-8728</td>
</tr>
<tr>
<td><strong>Bay Area Council on Drugs and Alcohol</strong></td>
<td>1300-A Bay Area Blvd., #102, Houston, TX 77058</td>
<td>800-510-3111</td>
</tr>
<tr>
<td><strong>Bluebonnet Trails Community Services</strong></td>
<td>1009 N. Georgetown St., Round Rock, TX 78664</td>
<td>512-244-8444 or 1-800-841-1255</td>
</tr>
<tr>
<td><strong>East Texas Council on Alcohol and Drug Abuse</strong></td>
<td>708 Glencrest Lane, Longview, TX 75601</td>
<td>903-753-7633 or 1-800-441-8639</td>
</tr>
<tr>
<td><strong>El Paso Hospital District</strong></td>
<td>5959 Gateway West, Suite 520, El Paso, TX 79925</td>
<td>915-521-7818 or 866-369-7199</td>
</tr>
<tr>
<td><strong>Mid-Coast Family Services</strong></td>
<td>700 S. Zamora St., Suite LL5, San Antonio, TX 78207</td>
<td>210-271-9452 or 888-575-7842</td>
</tr>
<tr>
<td><strong>Permian Basin Regional Council on Alcohol and Drug Abuse</strong></td>
<td>120 East 2nd St., Odessa, TX 79761</td>
<td>432-580-5100 or 1-800-332-2174</td>
</tr>
<tr>
<td><strong>Recovery Resource Council</strong></td>
<td>2700 Airport Fwy, Fort Worth, TX 76111</td>
<td>817-332-6329 or 877-332-6329</td>
</tr>
<tr>
<td><strong>Rio Grande Valley Council</strong></td>
<td>5510 N. Cage Blvd., Suite C, Pharr, TX 78577</td>
<td>956-787-7111 or 1-800-748-3577</td>
</tr>
<tr>
<td><strong>Southwest Regional Planning Commission</strong></td>
<td>4347 Phelan Blvd., Suite 104, Beaumont, TX 77707</td>
<td>409-833-7774 or 888-833-9077</td>
</tr>
<tr>
<td><strong>StarCARE Specialty Health System</strong></td>
<td>1950 Aspen Ave., Lubbock, TX 79404</td>
<td>806-767-1716 or 1-800-687-7581</td>
</tr>
<tr>
<td><strong>The Council on Alcohol and Drugs Houston</strong></td>
<td>303 Jackson Hill Street, Houston, TX 77007</td>
<td>713-942-4100 or 877-777-8829</td>
</tr>
<tr>
<td><strong>ValueOptions – NorthSTAR</strong></td>
<td>1199 South Beltline Rd., Ste. 100, Coppell, TX 75019</td>
<td>888-800-6799</td>
</tr>
</tbody>
</table>
### Appendix C
#### Helpful Links

<table>
<thead>
<tr>
<th>Organization</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2-1-1 Texas Mental Health Services</strong></td>
<td><a href="www.211texas.org/cms/search-mental-health-services-in-texas">www.211texas.org/cms/search-mental-health-services-in-texas</a></td>
</tr>
<tr>
<td><strong>Disability Rights Texas</strong></td>
<td><a href="www.disabilityrightstx.org/">www.disabilityrightstx.org/</a></td>
</tr>
<tr>
<td><strong>Mental Health America of Texas</strong></td>
<td><a href="www.mhatexas.org">www.mhatexas.org</a></td>
</tr>
<tr>
<td><strong>MentalHealthTX.org</strong></td>
<td><a href="www.mentalhealthtx.org/">www.mentalhealthtx.org/</a></td>
</tr>
<tr>
<td><strong>National Alliance on Mental Illness</strong></td>
<td><a href="www.nami.org/">www.nami.org/</a></td>
</tr>
<tr>
<td><strong>National Alliance on Mental Illness – Texas</strong></td>
<td><a href="www.namitexas.org/">www.namitexas.org/</a></td>
</tr>
<tr>
<td><strong>Speak Your Mind Texas</strong></td>
<td><a href="www.speakyourmindtexas.org/">www.speakyourmindtexas.org/</a></td>
</tr>
<tr>
<td><strong>Substance Abuse and Mental Health Services Administration</strong></td>
<td><a href="www.samhsa.gov/">www.samhsa.gov/</a></td>
</tr>
<tr>
<td><strong>Texas Council of Community Centers</strong></td>
<td><a href="www.txcouncil.com/">www.txcouncil.com/</a></td>
</tr>
<tr>
<td><strong>Texas Department of State Health Services</strong></td>
<td><a href="www.dshs.state.tx.us/">www.dshs.state.tx.us/</a></td>
</tr>
<tr>
<td><strong>Texas Department of State Health Services – Mental Health and Substance Abuse Division</strong></td>
<td><a href="www.dshs.state.tx.us/mhsa/">www.dshs.state.tx.us/mhsa/</a></td>
</tr>
<tr>
<td><strong>Texas Health and Human Services Commission</strong></td>
<td><a href="www.hhsc.state.tx.us/">www.hhsc.state.tx.us/</a></td>
</tr>
<tr>
<td><strong>Texas Workforce Commission</strong></td>
<td><a href="www.twc.state.tx.us/">www.twc.state.tx.us/</a></td>
</tr>
<tr>
<td><strong>United Ways of Texas</strong></td>
<td><a href="www.uwtexas.org/">www.uwtexas.org/</a></td>
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