COVID-19: What to Do

Stay 6 feet away from all people not in your household.

Wash hands often with soap and water for 20 seconds.

When soap and water aren’t available, use hand sanitizer with at least 60% alcohol.

Wear a face covering in public. Cover coughs and sneezes with a disposable tissue.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Disinfect surfaces, buttons, handles, knobs and other places touched often.

If sick, get tested and then stay home.

For updates and more information, visit dshs.texas.gov/coronavirus.

Dial: 211 Texas or: Visit: 211texas.org | COVID-19 Mental Health Support Line: 1.833.986.1919