Recognizing a STROKE

F.A.S.T.

VS.

B.E.F.A.S.T.

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- Remle Crowe, PhD. RESEARCH SCIENTIST AT ESO

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- Medical Director Polk County Fire Rescue;
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Educating the Public on Stroke Recognition: FAST vs. BEFAST
Stroke in the Hispanic Population

3 of the largest Latino National Groups:

- Mexicans
- Cubans
- Dominicans

- Hispanic Population to Reach 111 Million by 2020

United States Census Bureau
• Identification of Barriers to Stroke Awareness and Risk Factor Management Unique to Hispanics

Hispanics scored lower on the Stroke Awareness. Test compared to NHWs revealed (72.5% vs. 79.1%. P = 0.029)

• Hispanic stroke patients reported greater barriers related to medical knowledge, medication adherence, healthcare access.

• Hispanics had lower stroke symptom awareness compared to NHW's.

• These results suggest that Hispanic stroke patients have less awareness over their health, experience more healthcare barriers and demonstrate lower rates of Stroke literacy.

• This is where AHORA comes to play!
NO COMMONLY ACCEPTED ACRONYM IN Spanish to help Identify symptoms of a Stroke
AHORA

Incorporated in the PCFR protocol Jan 1st, 2021

Community Outreach....Viva Polk magazine 40,000 subscribers

Nationwide exposure EMS Conferences (TBA)
THE TIME TO DO THIS IS RIGHT NOW!

THE TIME TO DO THIS IS

AHORA!!!

Thank you!