### RISK REDUCTION OBSERVATION: FOLLOW-UP SESSION FOR POSITIVE HIV RESULT (REQUIRED)

<table>
<thead>
<tr>
<th>Risk Reduction Specialist:</th>
<th>Observer:</th>
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</thead>
<tbody>
<tr>
<td>Session Date:</td>
<td>Site/Location:</td>
</tr>
<tr>
<td>Start Time:</td>
<td>End Time:</td>
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</table>

Did this Risk Reduction Specialist (RRS) also do the initial counseling for this client? ___ Yes ___ No

#### Instructions:
Using your *Session Evaluation Notes*, please check the *Met* column to show that the area was covered satisfactorily during the session. Check the *Part Met* column to show that the RRS tried to cover a topic but needs improvement and check the *Not Met* column to show that the RRS did not try to cover the topic at all. Check the *N/A* column if the topic was not applicable. Use the *Comments* area to give more detail.

<table>
<thead>
<tr>
<th>1. Orient To Session and Provide Test Result</th>
<th>Met</th>
<th>Part Met</th>
<th>Not Met</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Introduce yourself to client <em>(if first meeting with client)</em>.</td>
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<td>2. Re-explain confidentiality.</td>
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<td>3. Verify that the result belongs to the client.</td>
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<td>4. Assess client’s readiness to receive the result.</td>
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<td>5. Provide result clearly and simply.</td>
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<td>6. Allow the client time to absorb the meaning of the result.</td>
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<td>7. Explore client’s understanding of the result.</td>
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<td>8. Assess how the client is coping with the result.</td>
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<td>9. Address immediate concerns and fears.</td>
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<td>10. Acknowledge the challenges of dealing with a positive result.</td>
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<td>11. If applicable, provide or ask about other test results and address additional concerns.</td>
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</table>

Did the RRS provide the result according to standards? ___ Yes ___ Tried to, but need improvement ___ Didn’t try

Comments:
2. Identify Sources of Support and Provide Referrals

<table>
<thead>
<tr>
<th></th>
<th>Met</th>
<th>Part Met</th>
<th>Not Met</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Assess who client would like to tell about his/her positive test result.</td>
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<td>2. Discuss wellness strategies or &quot;living positively.&quot; <em>(If the client is not prepared for this discussion, offer him/her printed material to reference at a later time.)</em></td>
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<td>3. Identify a family member or friend to help support the client.</td>
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<td>4. Address the need for health care providers to know client’s test result.</td>
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<td>5. Identify current health care resources.</td>
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<td>6. Explore client's access to medical services.</td>
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<td>7. <em>If applicable</em>, identify needed medical referrals.</td>
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<td>8. Assess client’s receptiveness to referral, including Early Intervention.</td>
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<td>9. <em>If applicable</em>, help client access referral services.</td>
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</table>

Comments:

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3. Address Risk-Reduction Issues

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<thead>
<tr>
<th></th>
<th>Met</th>
<th>Part Met</th>
<th>Not Met</th>
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</thead>
<tbody>
<tr>
<td>1. Refer to client’s RR step.</td>
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<tr>
<td>2. Assess client's plan to reduce risk of transmission to current partners.</td>
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<td>3. Explore client’s plan for reducing the risk of transmission to future partners.</td>
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<td>4. Address disclosure of HIV status to current and future partners.</td>
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<td>5. Encourage the client to protect others from HIV.</td>
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<td>6. Revise or develop a new SMART RR step.</td>
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<td>7. Document the revised RR step with a copy to the client.</td>
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</table>

Did the RRS review the prior RR step?  
*Yes*   *Tried to, but need improvement*   *Didn’t try*  
Did the RRS help the client revise/develop a realistic RR step?  
*Yes*   *Tried to, but need improvement*   *Didn’t try*  
Did the step address HIV/STD/HCV risk?  
*Yes*   *No*  
Was the step appropriate to the client’s risk?  
*Yes*   *No*  
Was the step SMART?  
*Yes*   *No*  
Did the step work from the client’s strengths?  
*Yes*   *No*  

Comments:
### 4. Negotiate Disclosure and Partner Referral

<table>
<thead>
<tr>
<th></th>
<th>Met</th>
<th>Part Met</th>
<th>Not Met</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Transition to discussion of Partner Notification.</td>
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<td>2.</td>
<td>Resolve problems preventing client cooperation in partner elicitation.</td>
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<td>3.</td>
<td>Elicit number of sex and/or needle sharing partners (# men and # women).</td>
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<td>4.</td>
<td>Elicit number of marriage partners.</td>
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<td>5.</td>
<td>Elicit names of partners.</td>
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<td>7.</td>
<td>Negotiate options for notification, encouraging health department referral.</td>
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<td>8.</td>
<td><strong>If applicable</strong>, coach client on all partners s/he wants to tell. When client cannot demonstrate notification skills or expresses concern about partner’s reaction, encourage health department referral.</td>
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<td>9.</td>
<td><strong>If applicable</strong>, negotiate follow up to assure self-referred partners receive timely information.</td>
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<td>10.</td>
<td>Provide the client with support.</td>
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</table>

Comments:

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### 5. Summarize and Close the Session

<table>
<thead>
<tr>
<th></th>
<th>Met</th>
<th>Part Met</th>
<th>Not Met</th>
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</thead>
<tbody>
<tr>
<td>1.</td>
<td>Validate client feelings.</td>
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<td>2.</td>
<td>Summarize key issues addressed.</td>
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<td>3.</td>
<td>Review client and RRS contact information.</td>
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<td>4.</td>
<td>Get the client’s immediate plans.</td>
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<td>5.</td>
<td>Close the session.</td>
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</table>

Did the RRS provide appointment reminders?

- [ ] Yes
- [ ] Tried to, but need improvement
- [ ] Didn’t try
- [ ] Not Applicable

Comments:
**Instructions:** For the following section, mark those elements and components the RRS used well in the first column, the skills she/he used adequately in the second column, the skills she/he needs improvement on in the third column, and those that did not apply in the last column.

<table>
<thead>
<tr>
<th>6. Use of Counseling Elements and Components</th>
<th>Met</th>
<th>Part Met</th>
<th>Not Met</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Kept client's emotional status in mind.</td>
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<td>2. Maintained focus on RR.</td>
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<td>3. Redirected client when necessary.</td>
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<td>4. Used open-ended questions.</td>
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<td>5. Used active listening techniques.</td>
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<td>6. Gave information simply.</td>
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<td>7. Was nonjudgmental.</td>
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<td>8. Offered options, not directives.</td>
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<td>9. Provided opportunities for client to build skills.</td>
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<td>10. Supported client.</td>
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<tr>
<td>11. Summarized and closed the session.</td>
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**Comments:**

1. What things interfered with or supported the RR session (e.g. setting, interruptions)?

2. What did the RRS do that enhanced the quality and outcome of the session?

3. What could be improved about the RRS’s work in this session?
4. Describe the RRS’s use of the protocol.

5. Did the RRS follow the goals in the correct order?   ___ Yes   ___ No If not, why not?

6. Is there a need for an action plan for further improvement of the RRS’s work?   ___ Yes   ___ No   If yes, please describe.