### Risk Reduction Observation Notes: Initial Session

<table>
<thead>
<tr>
<th>Risk Reduction Specialist:</th>
<th>Observer:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session Date:</td>
<td>Site/Location:</td>
</tr>
<tr>
<td>Start Time:</td>
<td>End Time:</td>
</tr>
</tbody>
</table>

**Instructions:** Use this form during the risk reduction session to take notes. Use Form A-1, *Risk Reduction Observation: Initial Session*, for your final documentation.

**Introduce and Orient Client to Session**
- Intro self
- RRS role
- Duration
- Content
- Referrals
- Confidentiality
- Address?

**Enhance Client’s Self-Perception of Risk**
- Reason for visit
- ID risk behavior
- Direct client attention
- Assess risk concern
- Test history
- Previous HIV results
- ID conflict

**Explore the Specifics of Most Recent Risk Incident**
- Explore W?
- Acceptable risk
- Partner communication
- Situations/circumstances
- Triggers/vulnerabilities
- Pattern of risk
- ID conflict

**Review Previous Risk Reduction Experiences**
- Past success
- Obstacles
- Triggers/situations
- Partner communication
- Acceptable risk
- ID conflict
- Peer norms

**Synthesize Risk Incident and Risk Pattern**
- Summarize
- Life context
- Risk feedback
- Patterns of risk
- Triggers/vulnerabilities
- Urgency of risk
- ID conflict
- Encourage
### Negotiate a Risk Reduction Step
- Explore change
- ID SMART step
- Specific steps
- Support/barriers
- Problem solve
- Confirm w/ client
- Acknowledge challenge
- Step strength/weaknesses
- Document step

### Identify Sources of Support and Provide Referrals
- Assess support
- Longstanding issues
- Willingness
- Types of referrals
- Acknowledge challenges
- Provide referrals

### Support Test Decision
- Cost/benefit
- Coping w/ results
- Testing/risk
- Anon/Conf.
- Intro PE
- Review return visit

### Summarize and Close the Session
- Summarize
- ID follow-up
- Contact info
- Importance of return
- Close

### Use of Counseling Skills, Concepts, and Components