



HOW LEAD AFFECTS YOUR CHILD'S HEALTH

How does lead poison your child's body?

It can:

- Slow growth
- Cause learning and behavior problems
- Cause hearing problems and headaches
- Damage the brain and nervous system

What are some signs of lead poisoning?

Lead poisoning can have no symptoms – even people who look healthy can have lead poisoning.

These are the symptoms of lead poisoning:

- Tired or cranky
- Vomit
- Irritability
- Diarrhea / constipation
- Nausea
- Anemia
- High blood pressure
- Weight loss
- Convulsions, coma, and death

How can lead enter my child's body?

- Putting their hands covered with lead dust in their mouths
- Putting objects that are made with lead in their mouths

Examples: bb gun pellets and fishing weights

- Eating paint chips or soil that has lead
- Breathing in lead dust

Questions about Lead?

- Ask your doctor for a blood lead test.
- Call the Texas Childhood Lead Poisoning Prevention Program at 1-800-588-1248.
- Use *Lead-Safe Cleaning Tips: Keep your home clean by following these tips weekly.*
 - Available online at www.dshs.state.tx.us/lead

Health Effects in Children

micrograms per deciliter ($\mu\text{g}/\text{dL}$)

