

Texas Health Ministries Network (THMN)

A Statewide Organization Providing Resources and Networking for Your Health Ministry

Purpose: Promote a statewide network with regional contacts in Texas for health promotion education and access to resources and maintain a database of faith community nurses and health ministers in Texas.

Spirit of Texas



March 2022

THMN Meetings, Minutes & Education

Words of Encouragement

THMN Membership Application

Articles & Resources

Primary Emphasis:

Website for THMN

dshs.texas.gov/library/nursing.shtm

(for calendar of THMN events, etc.)

National Health Ministries Association

www.hmassoc.org

1-800-723-4291

Nurse Resource Center-Westberg

Institute for Faith Community Nursing

www.westberginstitute.org

THMN Officers 2021-2023

THMN Membership Application

**Send your stories for the THMN
newsletter to:**

dorothy.chesley@dshs.texas.gov

Texas Health Ministries Network January Meeting

The THMN May 26, 2022 @ 11 a.m. meeting will be conducted virtually. THMN members will receive a May virtual business meeting announcement by email. Meeting is hosted by Catalina Schulze-Kraft, Methodist Healthcare Ministries of San Antonio. Health Equity is the education topic with CEs offered. To join the THMN, see the [membership application form](#) on the last page of this newsletter. If you need help with the cost, send an email to rita.carlson@dshs.texas.gov.

Below is the website via gratis by the Texas Department State Health Services (DSHS) that relates to health ministry: dshs.texas.gov/library/nursing.shtm. Rita Carlson updates the calendar on a regular basis.

Scroll past the calendar to see the THMN listings. Please visit this site and let Rita know what you like, dislike or want added.

THMN is developing its own website. Stay tuned!

Words of Encouragement - Hand of God.

By Andrea C. Davis, contributing writer.

The hand represents **divine approval, and specifically acceptance of his sacrifice!**
Will you hold on to his unchanging hand!

Psalm 8:3

When I consider Your heavens, the work of Your fingers,
The moon and the stars, which You have ordained;

Psalm 138:8

The Lord will accomplish what concerns me;
Your lovingkindness, O Lord, is everlasting;
Do not forsake the works of Your hands.

Isaiah 64:8

But now, O Lord, You are our Father,
We are the clay, and You our potter;
And all of us are the work of Your hand

Isaiah 41:19-20

I will put the cedar in the wilderness,
The acacia and the myrtle and the olive tree;
I will place the juniper in the desert
Together with the box tree and the cypress,
That they may see and recognize,
And consider and gain insight as well,
That the hand of the Lord has done this,
And the Holy One of Israel has created it.

Thank you!

Andrea Davis



Nursing 101: Listen to the Patient

Submitted by Linda Schoene, RN, MSN

On a recent Sunday, a physician was jogging on the track across from our church when he noticed a woman in distress. He assisted her across the street to the door of the church where she needed significant help getting into the narthex. The temperature that day was warm. I noted that she was heavily dressed and her jacket felt damp. It was apparent she had been walking for a significant period of time.

She had no ID with her, but was able to state her name and that she had to get to the veterinarian's office because he had to put her horse down. Further conversation yielded no more information and it became clear that she most likely had some dementia.

Several members of the church made phone calls to Adult Protective Services, SEARCH Homeless Services and 911. I knew the woman herself was the only one who could help us find her way to home and family. Nursing education taught me to always listen to the patient. I pursued the need to go the vet's office which was indeed an upsetting subject that brought tears, but it also brought forth the name of the vet. I took a shot and did a Google search. One name popped up, but it was a vet in LaGrange. LaGrange and horse made sense, so I called. Even though it was a Sunday, the vet quickly answered the phone. To make a long story short, he knew the woman, where she lived and how to contact her family.

I soon received a call from her son who said a family member would come to get her. Turns out, she eloped from a nearby memory care unit. 911 arrived and talked with the woman who declined to go to the ER, but I was able to assure EMS that family was coming.

Very soon, a family member arrived along with staff from the care facility. Together, we helped our mystery guest into the car and she was on her way home. The whole process took less than an hour. Some may wonder how all of this came together, but I have no wonder at all. God's hand was present in all of it. It started with a physician who recognized something wasn't right. Otherwise, she may not have gotten attention until she passed out or fell down. Google was efficient and the vet was responsive as was her family. But most of all, the woman herself was able to help us even in the dementia because of the love for a horse. The patient is always the key.

East Texas Nurses Christian Fellowship invites nurses, educators, students, and healthcare professionals to take time away from the busyness of life and *Refresh* your body, mind, and spirit!



ETX NCF 2022 Save
the Date - FINAL.pdf

Historic Photo of THMN Meeting in San Antonio



Paula Lilja, former THMN president in 2009 and now deceased, is seated on the right side of the picture behind Dorothy Chesley. Standing with a green top in the back is Judy Davis, longtime member who passed away this past year. Rita Carlson is seated in the front row, second to the right.

Texas COVID-19 Update*

dshs.texas.gov/coronavirus/AdditionalData.aspx

This information is updated each day and is available by county.

Vaccine Scheduler - a new way to schedule the vaccine.

www.co.gregg.tx.us/dshs-launches-texas-public-health-vaccine-scheduler
getthevaccine.dshs.texas.gov/txcas/s/?language=en_US

Human Trafficking Prevention Month - January

hhsconnection.hhs.texas.gov/news-announcements/announcements/hhs-highlights-training-fund-during-human-trafficking-prevention

Training Courses on Human Trafficking

www.hhs.texas.gov/services/safety/texas-human-trafficking-resource-center/health-care-practitioner-human-trafficking-training

Breast Cancer

[www.health.harvard.edu/a to z/breast-cancer-a-to-z](https://www.health.harvard.edu/a-to-z/breast-cancer-a-to-z)

Symptom Checker – Mayo Clinic

www.mayoclinic.org/symptom-checker/select-symptom/itt-20009075

Lists adult and child symptoms and includes a reference list.

Vaccine Guidance - Mayo Clinic

Includes how do vaccines compare?

www.mayoclinic.org/coronavirus-covid-19

Centers of Disease Control Calendar of Events

npi.cdc.gov/pages/annual-observances

Cultural Competence in Health and Human Services

Includes a reference list.

npi.cdc.gov/pages/cultural-competence

CDC Resources to Support Local HIV and STD Prevention Efforts

npi.cdc.gov/pages/school-health

Music Therapist's Gratitude Song

Do you have a song you would like to sing? Take inspiration from this woman to create your own song.

hhsconnection.hhs.texas.gov/news-announcements/announcements/music-therapists-gratitude-song-hit-sash-staff

Johns Hopkins Medicine Health/Conditions and Diseases

Offers a wide variety of subjects regarding wellness and prevention. A free newsletter is available.

www.hopkinsmedicine.org/health/conditions-and-diseases

www.hopkinsmedicine.org/health/wellness-and-prevention

To Texas Health Ministries Network Members

From: HealthCare Chaplaincy Network <news@healthcarechaplaincy.org>

Sent: Wednesday, February 16, 2022 9:55 AM

To: Carlson,Rita (DSHS) <Rita.Carlson@dshs.texas.gov>

Subject: Try the Leadership and Coordination Webinar Series!



Westberg Institute
for Faith Community Nursing



BULLETIN



Become a Faith Community Nurse Coordinator by completing the online Leadership and Coordination Webinar Series. This 8-module series will prepare FCNs for leadership roles in settings such as networks, organizations, and other groups.

Modules:

1. Introduction to the Leadership and Coordination Series
2. Spiritual Leadership
3. Marketing and Promoting FCN Practice
4. Human Resource Management

5. Growing and Sustaining the FCN Practice
6. Relationships: Faith, Culture, and Geography
7. Functioning as an FCN Coordinator in Leadership and Management Roles
8. Documentation

[Click here to learn more and register.](#)

The logo for the Westberg Symposium features the word "Westberg" in a large, black, serif font, followed by "symposium" in a smaller, purple, sans-serif font. Below this, a horizontal bar with a colorful, geometric pattern separates the text from the subtitle. The subtitle reads "at the Caring for the Human Spirit® Conference" in a black, serif font, with "at the" in a smaller size and "Caring for the Human Spirit" in a larger size, and "Conference" in a smaller size below it.

Westberg symposium
at the **Caring for the Human Spirit**®
Conference

Theme: Embracing a Bright Future: diversity in faith community nursing practice
Diversity is multifaceted. Culture, race, religion, and practice setting are only a few of the influences faith community nurses combine to provide wholistic care. Along with diversity, the multifaceted aspects of healthcare also influence the future of our specialty practice.

Learn more about the Symposium at
www.spiritualcareassociation.org/westberg-symposium.html

[Register Today!](#)

Important Contact Information:

Website: www.westberginstitute.org and www.spiritualcareassociation.org/nursing

For course discounts: www.spiritualcareassociation.org/westberg

For the Knowledge Sharing Platform: community.westberginstitute.org

For the Westberg Store: www.spiritualcareassociation.org/westberg-institute-store

For information about teaching the Foundations of Faith Community Nursing Curriculum: westberginstitute.org/for-educators/

To find a Foundations of Faith Community Nursing Course: westberginstitute.org/calendar-map-view/

To contact Dr. Sharon T. Hinton, Director, Westberg Institute and SCA Nursing Division: sharon@westberginstitute.org or SHinton@spiritualcareassociation.org

For general assistance, contact admin@westberginstitute.org

[Receive email updates from the Westberg Institute](#)



[Join our email list](#)

Since its founding in 1961, HealthCare Chaplaincy Network (HCCN) has led the way in the integration of spiritual care in health care through clinical practice, education, research, and advocacy. The organization has grown from a small program providing hospital chaplaincy in the New York metropolitan area into an internationally recognized model for multi-faith spiritual care, education, and research. The parent company of the Spiritual Care Association (SCA) and the SCA University of Theology and Spirituality (UTS), HCCN has catalyzed spiritual care research through a grant from the John Templeton Foundation, which has resulted in ground-breaking studies that provide an evidence base for the effectiveness of spiritual care in health care. Through the publication of several key white papers, and the annual *Caring for the Human Spirit*® Conference, HCCN's outreach and advocacy is now felt throughout the field of chaplaincy, nationally and internationally. For more information, visit

www.healthcarechaplancy.org, call 212-644-1111, follow us on [Twitter](#) or connect with us on [Facebook](#).

The Spiritual Care Association (SCA) was formed to standardize the fragmented field of professional chaplaincy training by providing resources, education, and certification backed by evidence-based practice and indicators of quality care. The ensuing development of Common Standards and Quality Indicators in spiritual care ensure that the skills and performance of SCA-trained chaplains and spiritual caregivers can be measured objectively, which is of vital importance to hiring managers in all health care settings. In addition, new methods for training and credentialing have been developed for several non-chaplain health care groups, including first responders, physicians, nurses, social workers, palliative care and hospice workers, and volunteers. The SCA's Learning Center is the most extensive and most successful online chaplain education program worldwide, and the Spiritual Care Resources app is the first online application that gives mobile access to the latest information on best practices in spiritual care for chaplains working in health care, hospice and palliative care, and first responder settings. Visit www.SpiritualCareAssociation.org, call 212-644-1111, follow on [Twitter](#) or connect on [Facebook](#).

HealthCare Chaplaincy Network
500 Seventh Avenue, 8th Floor
New York, NY 10018

Hi Texercise Partners,

In recognition of Mental Health Awareness Month (May), the Texas Health and Human Services Commission (HHSC), in partnership with Texas Systems of Care and Texas Institute for Excellence in Mental Health, the 2022 Mental Health Awareness Creative Arts Contest for both children and adults is underway.

This annual event is designed to shine a light on the often-taboo topic of mental illness and further the effort to reduce the stigma associated with mental illness. As a result, we believe more Texans of all ages will seek help when needed.

The theme of this year's event is "Why Mental Health Matters to You." The contest is open to all Texans as we invite students and adults to participate in their respective

age-group: Elementary, Middle School, High School, and Adults. Through their entries, contestants will help demystify mental illness and spread awareness by sharing their unique expressions of what mental health looks and feels like to them.

To submit an entry for the contest, visit gallery.txsystemofcare.org/ to find the electronic consent form and area for submission. The contest opened Dec. 1, 2021, and all entries must be received by March 15, 2022, at 5:00 p.m. . More information on entry rules and guidelines can be found through the link above.

If you have questions regarding the 2022 Mental Health Awareness Creative Arts Contest, email info@txsystemofcare.org. The press kit is under the Resources tab and can be used to help promote the event.



Chelsea Couch (she/her), CHES, CTCM, Texercise Program Coordinator
Texas Health and Human Services
701 West 51st Street, MC W616
Austin, TX 78757

To age and live well, visit: www.texercise.com

THMN Brochure Updated

Please note the new byline on the second page of the brochure.



THMN-Brochure-20
22-DSHS.pdf

Texas Health Ministries Network Minutes

Location: Microsoft TEAMS

Friday, January 21, 2022

Business Meeting: 11:00 a.m.-noon

Education Program: 12:32-1:30 p.m.

S. Denise Brown, president, opened the meeting with devotion and prayer. Minutes from the October meeting had been made accessible to all members. Dorothy Chesley moved to approve the minutes; the motion was seconded by Cindy Bishop.

Treasurer's Report - Denise gave the treasurer report since Sandra Gaskin was absent

due to family sickness. Denise also asked for prayers for Sandra's husband.

Membership Report - Rita Carlson reported that she has received 20 memberships and encouraged the rest of us to send in our dues soon.

Newsletter - Dorothy Chesley would like members to share events at their churches in the newsletter. She also encouraged sending the newsletter to associated people who are not getting it now, such as pastors. Deadline for newsletter articles is the end of February.

Scholarships - Linda Schoene expressed appreciation to all who helped with the work on the scholarship form and rules. She suggested the new name will be the "Dr. Karen Hahn Scholarship for FCN Conference Participation". The name Ministries will be added to the heading. Qualifications for the scholarships will include the participant's sharing about the impact of the training at a meeting of THMN. Caryn Paulos moved to accept the changes, and it was seconded by Paula Miller. Denise led a discussion about putting the number of scholarships into a formal budget so we will not run out of money. The amount will be \$350 for conferences and \$200 for the basic preparation class, to be given after the class or conference is attended. Linda suggested we make a formal budget to include these expenses and have it ready by July. The basic class participants will have a mentor for 6 months after completion of the class. The mentor should be a member of THMN. Catalina Schultz-Kraft will write a job description for the mentoring responsibilities.

There was a discussion of COVID activities by Rhonda Hunnicutt and Rebecca Garcia. Joan Appleton shared ideas that her church implemented to keep congregation members from feeling so isolated. Doris suggested seminars to build resiliency among church and work staff. Denise asked us to think about how we would like the future meetings done, whether virtually, in person, or hybrid. She also asked for suggestions for speakers for upcoming meetings. The meeting was adjourned by Denise.

The Education Program was entitled "Resilience and Self-Compassion" and was presented by Dr. Shirley Martin of Texas Health Resources.

The next THMN meeting will be held in May.

Minutes submitted by Gaye Harwell, secretary.

Texas Health Ministries Network 2021-2023 officers:

President: S. Denise Brown - Waxahachie, saundrabrown@texashealth.org

President Elect: Catalina Schultze-Kraft - San Antonio, ckraft@mhm.org

Past President: Caryn Paulos - Arlington, carynpaulos@texashealth.org

Secretary: Gaye Harwell - Humble, gmharwell1@gmail.com

Treasurer: Sandra Gaskin - Austin, sandra-gaskin@sbcglobal.net

Newsletter editor: Dorothy Chesley - Amarillo, dorothy.chesley@dshs.texas.gov

Scholarships: Linda Schoene - Houston, lschoene91@att.net

Additional Regional Contacts:

Becky Seymour - Beaumont area, rebekah.seymour@bhset.net

Doris Giles - Dallas, dorisingiles@mhd.com

Sharon Skaggs - Austin, sskaggs@mhm.org

Verda Gaines - Houston, verda1117@aol.com

About the THMN Newsletter

The Spirit of Texas is published quarterly by the Texas Health Ministries Network (THMN). If changing your email address, contact rita.carlson@dshs.texas.gov.

Neither THMN nor the Editor assumes responsibility for the opinions expressed by authors of papers abstracted, quoted, or published in full in **The Spirit of Texas**.

Original articles are published that relate to multidisciplinary aspects of health ministry and education. Our mission is to promote a statewide network with regional contacts in Texas for health promotion education and access to resources. This publication is provided for educational and informational purposes only. **Note:** Submission of THMN newsletter articles are due as follows: March 1, September 1, December 1 and June 1.

Let's hear from you! Email your health ministry-related stories and photos to dorothy.chesley@dshs.texas.gov

**Texas Health Ministries Network (A 501c3)
THMN Membership Application**

Name: _____

Credentials (Check One): FCN____ Health Minister____ Other____

Address: _____

City/St/Zip _____

Phone# (H/C) _____ (W) _____

Employer _____

Email _____

My Faith (e.g., Christian/Jewish, Muslim) _____

Denomination _____

Annual membership fees due in January:

Check one:

- Individual - \$20
- Corporate - \$90 for up to 5 members

Credit card payment is not accepted.

Make checks payable to: **Texas Health Ministries Network (THMN)**

Submit the membership fee to:

Rita Carlson

600 Leah Ave. #303

San Marcos, TX 78666

For additional information and resources, contact the **Communications and Membership Chair**: rita.carlson@dshs.texas.gov

(**Note**: Information is not shared with other organizations or companies.)