Agenda

1. Welcome & Review Minutes
2. Presentation, *Project Updates*, Center for Disability Studies at UT- Austin
3. Presentation, *TexasYouth2Adults* Family Transition Planning Tool, BridgingApps
4. MCH Transition Project Updates
5. CSHCN Systems Development Group & Other Member Updates
7. Next Meeting Date & Adjourn
Welcome and Review Minutes

FY18
Q4 Meeting – August 15, 2018

Guest Speaker:
Linda Jones, Texas Parent to Parent,

Topic:
“Texas Network Connections”
Updates from the Center for Disability Studies at UT Austin

Nina Zuna, Ph.D.
Associate Director, Texas Center for Disability Studies (TCDS)
TRANSITION TO ADULTHOOD PROGRAMS AT TCDS

Presentation to DSHS’ Transition to Adulthood Learning Collaborative on November 7, 2018

The University of Texas at Austin
Texas Center for Disability Studies
TEX4S

educate. empower. employ. excel.

For information contact:
Joe Tate, Project Coordinator  joetate@utexas.edu.
Amy Sharp, Director  sharpamy@utexas.edu
What is E4Texas

- University-based
- Employment-focused opportunity
- For adults with and without disabilities
- Career focus: Personal Care Attendant
E4Texas – 3 Semester Program

**Summer Semester:** Students live on campus at University of Texas at Austin for 3 weeks and learn independent living and self-determination skills.

**Fall Semester:** Students go to classes on the University of Texas campus and at community partner organizations. Fall builds on the skills learned in the summer and adds the Personal Care Attendant classes. This semester combines classroom instruction with practical career building experiences.

**Spring Semester:** Students participate in internships in the community as well as maintaining community involvement and some classes.
My Plan for WORK

• A 5-week pre-employment transition services program for youth with disabilities ages 14-22.

• Direct instruction and individualized support in career exploration and work readiness skills.

• Goal: to prepare youth with disabilities to successfully transition from high school into competitive integrated employment or into post-secondary settings to prepare for competitive integrated employment.
My Plan for WORK

• Weeks 1 and 2 consist of a self-determined transition/vocational assessment process (student and family)
  • Comprehensive assessment profile
  • Individualized community resource map

• Weeks 3 - 5 consist of coursework around three main topics:
  • Creating My Career Portfolio
  • Charting My Career Path
  • Developing Skills for Workplace Success
My Plan for WORK

• Classes during the summer will be held on Saturdays and during the week.

• Classes during the regular school year will be held on Saturdays, after school, and during school breaks (as appropriate).

• Ideally, we aim to hold classes on the high school campus in which the student attends; however, some classes may be held at the Pickle Research Campus at 10100 Burnet Road
Application Process

• Recruitment will begin in February
• Online Application Process
• Competitive process (only 6 students per semester)
• Youth and family members should work with TWC to determine if the young adult is eligible for the program.

• For more information:
• **Contact:** Nina Zuna, Ph.D., Associate Director
• Texas Center for Disability Studies,
• Ph. [512-232-0758](tel:512-232-0758)
• nzuna@austin.utexas.edu

Healthy Relationships

- People labeled with intellectual disabilities often do not receive any sexuality education and if they do, the information they receive is limited (Winges-Yanez, 2015).

- People labeled with ID are victims of sexual assault at a rate 7x higher than those without disabilities (Shapiro, 2018) – and those are the ones that are reported.

- Another recent study found “that girls with ID were 37% more likely to contract an STI than girls without ID” (Branard-Brak, Schmidt, Chesnut, Wei, & Richman, 2014, p. 86).
Healthy Relationships

• People with IDD are not given the same opportunities to learn about sexuality, healthy vs. unhealthy relationships, communication, and resources.

• People with IDD are not given opportunities to practice skills in communication, consent, and mutually respectful relationships.

• All people, regardless of ability, mature, experience puberty, want to experience respect, and deserve the opportunity to experience love.
Healthy Relationships

• In fact, the World Healthy Organization has stated that sexuality is a human right.

• The United Nation’s Convention on the Rights of Persons with Disabilities also includes sexuality a human right.


Healthy Relationships

• In this course for adult self-advocates, we cover such topics as:
  • Communication
  • Varying roads to relationships
  • Friendships
  • Dating
  • Different types of relationships
  • Anatomy

Students gain a better understanding of the nuances of healthy relationships, how to recognize unsafe behaviors, and how to effectively communicate with friends and significant others.
Healthy Relationships

• There are also opportunities for family and professionals to learn how to effectively communicate about sexuality and social skills.

• In these workshops, we use a transformative learning approach to discuss:
  • How were we taught about sexuality?
  • What biases do we have about sexuality and IDD?
  • How do we communicate to learners with IDD effectively?
  • Tips for how to discuss sensitive or uncomfortable topics.
  • Learn about resources available!
Healthy Relationships

Healthy Relationships Workshops

All people deserve accurate information on healthy relationships. Healthy relationships require information on bodies, communication, consent, sexuality, sexually transmitted infections, and resources on where to find support. These workshops use the curriculum developed by Katherine McLaughlin “Sexuality Education for People with Developmental Disabilities.”

Topics covered include:

- Communication
- Many roads to relationships
- Friendships
- Different types of relationships

In this ten-week course, students will gain a better understanding of the nuances of healthy relationships, how to recognize unsafe behaviors, and how to effectively communicate with friends and significant others. Information and resources will be provided to caregivers and support staff to encourage communication and knowledge. A separate course is available for support staff.

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THE DETAILS

Workshops
Classes are 2x/week for 10 weeks. Each class is approximately 1.5 hours. A minimum of eight students and a maximum of ten students per class. Participants are encouraged to attend all sessions.

CONTACT

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http://disabilitystudies.utexas.edu/healthy-relationships
THANK YOU!

Questions?
TexasYouth2Adult
Family Transition Planning Tool

Amy Fuchs, Program Coordinator
BridgingApps Easter Seals Greater Houston
MCH Transition Project Updates

Provider Tool, Texas A&M
Transition to Adult Health Care Curriculum,
Stephen Hicks School of Social Work/UT
CSHCN Systems Development Group Updates
Meetings Sponsored or Attended

Workshops/Conferences/Exhibits:

- Partners in Prevention, September 25th – 27th
- HUB Learning/ATCIC, October 19th
- Chronic Illness and Disability: Transition from Pediatric to Adult Care, October 25th – 26th
Meetings Sponsored or Attended

Quarterly Work Group Meetings

- Policy Council for Children and Families
- State Community Resource Coordination Group (CRCG) Workgroup
Other Member Updates
Meetings Sponsored or Attended
New Publications

Updated Clinical Report on Health Care Transition,

Supporting the Health Care Transition from Adolescence to Adulthood in the Medical Home
New Publications

The National Alliance to Advance Adolescent Health, *Recommendations for Value-based Transition Payment for Pediatric and Adult Health Care Systems: A Leadership Roundtable Report*


Got Transition, *Health Care Transition in State Title V Programs: A Review of 2018 Block Grant Applications and Recommendations for 2020*
Texas Health Steps Modules:
- Adolescent Substance Abuse
- Interpersonal Youth Violence

For all modules:
- Texas Health Steps
Navigating the Health Care System is a four-module health literacy curriculum for high school students. It is designed to prepare students to be responsible for managing their own health and health care as they transition to adulthood.

*It is available at no-cost.*
New Resources

Creative Jobs Story Bank: My Work Story

We all enjoy having the chance to earn money, meet other people and help in our communities. Sometimes it is hard to know what to do or where to find the right job. We offer this website to share stories of young adults with disabilities in Texas to give others ideas on how to find a paid or volunteer job. Take a look at what we have so far.

Please click here to share your story with us. Tell us about your work (volunteer or paid) so that others can learn and get ideas from you. Just take a few minutes to tell your story using Survey Monkey or you can ask Amy Litzinger at Texas Parent to Parent to help you write your story. Email Amy at amy.litzinger@txp2p.org

We want to hear about any part-time or full-time work, self-employment and volunteer jobs. In the survey, we will ask you to tell us what you do, how you found the job, what help you need to do it, and what you enjoy about your work.

To request a poster, send your name and mailing address to gcpd@gov.texas.gov.
The Substance Abuse and Mental Health Services Administration (SAMHSA):

*Healthy Transitions: Improving Life Trajectories For Youth and Young Adults with Serious Mental Disorders Program.*

Purpose: To improve access to treatment and support services for youth/young adults ages 16 -25, including those with I/DD who have Serious Emotional Disturbance (SED) or a serious mental illness.
Call for Comments: Got Transition is Updating the Six Core Elements of Health Care Transition

*Got Transition* is seeking feedback from health care clinicians (physicians, nurses, social workers, etc.), researchers, government agencies, youth/young adults, family members, and others to update the Six Core Elements of Health Care Transition. To offer your comments on the Six Core Elements and accompanying tools, please click on this SurveyMonkey link.
Upcoming Events

• Texas Parent to Parent Pathways to Adulthood Trainings
  
  November 8, Corpus Christi  
  November 30 in Schulenburg  
  December 7, Austin

Texas Parent to Parent, Call for Speaker Proposals & Save the Dates!

2019 Conferences:

  February 23, one day conference in Tyler

  June 21–22, the 15th Annual Statewide Conference in SAN ANTONIO

All proposals must be received by December 21st
Upcoming Events

  November 9-10, Houston
- Evaluating Children for the Presence of a Disability
  November 12, Austin
- Arc of Texas, Inclusion Works
  February 9-10, Denton
- Texas A&M, Texas Transition Conference
  February 20 -22, 2019, San Antonio
Our Next Meetings

Medical Home Learning Collaborative

January 30, 2019
Noon- 1:30 pm via teleconference

Transition to Adulthood Learning Collaborative

February 20, 2019
Noon– 1:30 pm via teleconference
We Want to Hear from You!

Please take our survey after this meeting. We value your feedback.

Thank you!!
Thank you!

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