

# ADAPTIVE AND INCLUSIVE RECREATIONAL PROGRAM DIRECTORY

| City   | Organization  | Services Offered  | Age Limits   | Contact Information   |
|--|---|---|--------------|---|
| <b>Abilene</b>   | <a href="#">City of Abilene Adaptive Recreation</a> | Special Olympics, Sports Clinic, Afterschool Care and Camps   | All Ages     | <b>Address:</b><br>2609 South 7th Street<br>Abilene, Texas<br><br><b>Phone:</b><br>325-675-6575                           |
| <b>Amarillo</b>  | <a href="#">Camp Alpie</a>                          | Adaptive and inclusive camp activities for children and youth with cancer diagnosis, treatment or in remission  | Ages 7 to 14 | <b>Mailing:</b><br>P.O. Box 76695<br>Amarillo, Texas<br>79114<br><br>For inquiries/camp schedule contact through website. |
| <b>Arlington<br/>Dallas<br/>Fort Worth<br/>Houston</b> | <a href="#">ASI Gymnastics</a>                      | Gymmie Kids Program, After School, Summer Camp Sports activities for children and youth with special health care needs as well as intellectual and physical disabilities. | Ages 1-17    | <b>Phone:</b><br>888-721-1395<br>or contact through website.  |

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| <b>Arlington</b> | <a href="#">Cheer Academy</a>             | Cheerleading for youth and teens with physical and intellectual disabilities.   | All Ages | <p><b>Address:</b><br/>805C Secretary Drive Arlington, Texas</p> <p><b>Phone:</b><br/>817-832-2167</p> <p><b>Email:</b><br/><a href="mailto:info@cheeracademy.com">info@cheeracademy.com</a></p> |
| <b>Arlington</b> | <a href="#">Cooper Street YMCA Branch</a> | Various inclusive recreational and sports activities including Adaptive swimming, sports league, After School Care and various camps. | All Ages | <p><b>Address:</b><br/>7120 S. Cooper Street Arlington, Texas</p> <p><b>Phone:</b><br/>817-299-9629</p> <p>Aquatics Director:<br/>817-419-9629</p>   |

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| <b>Austin</b>      | <a href="#">Danny G. McBeth Recreation Center and Annex</a> | Inclusive and adaptive Aquatics, Softball, Special Olympics, Summer and Holiday Enrichment camps  | All Ages        | <p><b>Address:</b><br/>2401A Columbus Drive, Austin, TX 78746</p> <p><b>Contact:</b><br/>Mc Beth Recreation Center 512-974-9011</p> <p>Youth Programs:<br/>512-974-3911</p> |
| <b>Austin Buda</b> | <a href="#">Dream of Hopes Ranch</a>                        | Adaptive and inclusive seasonal teams to include: Special Olympics, Basketball, Softball, Bowling and Basketball as well as other recreational activities, holiday and summer camps | Ages 8 to Adult | <p><b>Mailing:</b><br/>P.O. Box 1475<br/>Dripping Springs, Texas 78620</p> <p><b>Phone:</b><br/>512-791-0160</p>  |
| <b>Austin</b>      | <a href="#">Special Olympics of Texas</a>                   | Various adaptive and inclusive recreational and sports activities   | All Ages        | <p><b>Address:</b><br/>1804 Rutherford Lane<br/>Austin, TX 78754</p> <p><b>Phone:</b><br/>512-835-9873</p>  |

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| <b>Coppell</b> | <a href="#">Coppell Family YMCA</a>                                 | Inclusive youth sports and recreational, afterschool, holiday and summer camp programs  | All Ages  | <b>Address:</b><br>146 Town Center<br>Coppell, Texas 75019<br><br><b>Phone:</b><br>972-393-5121          |
| <b>Coppell</b> | <a href="#">Coppell Youth Soccer Association TOP Soccer Program</a> | Soccer Program for children and youth with disabilities   | Ages 4-19 | <b>Mailing:</b><br>P.O. Box 364<br>Coppell, Texas 75019<br><br><b>Phone:</b><br>917-304-0886             |
| <b>Dallas</b>  | <a href="#">Bachman Recreation Center</a>                           | Inclusive and adaptive services to include: Aquatics, Wheelchair Basketball, Cool Club, Summer Camp, Arts/Crafts Special Olympics, Teen programs, Zumba | All ages  | <b>Address:</b><br>1500 Marilla<br>St. Room 6FN<br>Dallas, Texas 75201<br><br><b>Phone:</b> 214-670-6266 |

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| <p><b>Cedar Hill<br/>Dallas<br/>Fort Worth<br/>Waxahachie</b></p> | <p><a href="#">Metroplex Adaptive Water Sports</a></p>              | <p>Water Skiing Clinics/<br/>Camps</p> <p>Clinics held at various<br/>lake locations</p>   | <p>All ages</p>     | <p><b>Address:</b><br/>820 Shawnee<br/>Rd.<br/>Waxahachie,<br/>Texas</p> <p><b>Phone:</b><br/>214-803-9955</p>           |
| <p><b>El Paso</b></p>   | <p><a href="#">El Paso County Parks and<br/>Recreation</a></p>      | <p>Aquatics, Baseball,<br/>Fishing, Golf and T-<br/>Ball</p>   | <p>All ages</p>     | <p><b>Address:</b><br/>6900 Delta Dr.<br/>El Paso, TX 79905</p> <p><b>Phone:</b><br/>915-771-2380</p>                    |
| <p><b>Flower<br/>Mound</b></p>                                    | <p><a href="#">Cross Timbers Family YMCA "Buddy<br/>Sports"</a></p> | <p>Adaptive and inclusive<br/>seasonal sports to<br/>include: Special<br/>Olympics, Basketball,<br/>Bowling, Softball &amp;<br/>Swimming</p> | <p>Ages 5 to 15</p> | <p><b>Address:</b><br/>2021 Cross Timbers Rd<br/>Flower Mound, Texas<br/>75028</p> <p><b>Phone:</b><br/>979-539-9622</p> |

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| <b>Harker Heights</b> | <a href="#">City of Harker Heights Adaptive Sports</a>           | Wheelchair Basketball, Superhero Adaptive Sports: Soccer, Tennis  | Ages 5-22    | <b>Address:</b><br>307 Miller's Crossing<br>Harker Heights, Texas<br><br><b>Phone:</b><br>254- 953-5657   |
| <b>Houston</b>        | <a href="#">City of Pearland Parks and Recreation</a>            | Adaptive and Inclusive Arts/Crafts, Bingo, Cooking, Basketball, Bowling, Football, Kayaking, Yoga and Track Goal Ball             | All ages     | <b>Address:</b><br>4141 Bailey Road<br>Pearland, Texas 77584<br><br><b>Phone:</b><br>281-412-8900   |
| <b>Houston</b>        | <a href="#">The River Performing Arts and Visual Arts Center</a> | Accessible and Adaptive performance and visual art recreational services for children, youth and their siblings with disabilities | Ages 4 to 17 | <b>Address:</b><br>1475 West Gray,<br>Suite 158<br>Houston, Texas 77019<br><br><b>Phone:</b> 713-520-1220<br><br><b>Email:</b> <a href="mailto:river@tuts.com">river@tuts.com</a> |

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| <b>Houston</b> | <a href="#">University of Houston Adaptive Athletics (in partnership with TIRR Texans)</a> | Adaptive Tennis Program  | Ages 8 to 60      | <p><b>Address:</b><br/>4800 Calhoun Rd<br/>Houston, Texas 77004</p> <p><b>Phone:</b><br/>713-743-9065</p> <p><b>Email:</b><br/><a href="mailto:mcotting@central.uh.edu">mcotting@central.uh.edu</a></p>                                   |
| <b>Houston</b> | <a href="#">Metropolitan Multi-Service Adaptive Sports and Recreation Center</a>           | Accessible Fitness<br>Adaptive Aquatics,<br>Basketball, Boccia Ball,<br>Rugby, Soccer, Table<br>Tennis, Tennis and<br>Yoga | Youth to<br>Adult | <p><b>Address:</b><br/>1475 West Gray<br/>Houston, TX, 77019</p> <p><b>Phone:</b><br/>832-395-7333</p>  |
| <b>Huffman</b> | <a href="#">Texas Adaptive Aquatics</a>  | Adaptive Water Skiing  | All ages          | <p><b>Address:</b><br/>103 Page Lane<br/>Huffman, Texas 77336</p> <p><b>Phone:</b><br/>832-435-6253</p> <p>Program Director:<br/>281-324-4653</p> <p><b>Email:</b><br/><a href="mailto:Foger1@taasports.org">Foger1@taasports.org</a></p> |

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| <b>Hutto</b>   | <a href="#">Central Texas Ability Sports/ East Wilco Challenger Sports</a> | Adaptive/Inclusive Basketball, Kickball, Soccer and Former NFL Players Inclusion Camps              | All ages | <b>Address:</b><br>313 Mc Coy Lane Hutto, Texas<br><br><b>Phone:</b> 512-212-1259<br><br><b>Email:</b><br><a href="mailto:john@ctxabilitiesports.com">john@ctxabilitiesports.com</a> |
| <b>Irving</b>  | <a href="#">RISE Adaptive Sports</a>                                       | Adaptive skating, indoor soccer, kayaking, fishing, camping, group outings, and swimming.           | All ages | <b>Address:</b><br>P.O. Box 14112 Irving, Texas 75014<br><br><b>Phone:</b><br>469-762-5075   |
| <b>Lubbock</b> | <a href="#">City of Lubbock Texas Parks and Recreation</a>                 | Inclusive parks, playgrounds, museums and amphitheater<br><br>Various locations throughout the city | All ages | <b>Address:</b><br>1611 10 <sup>th</sup> Street Lubbock, Texas 79401<br><br><b>Phone:</b><br>806-775-2673  |



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| <b>McAllen</b>   | <a href="#">City of McAllen Parks and Recreation Las Palmas Community Center</a> | Inclusive recreational and sports league activities                                     | Ages 6-11 | <p><b>Address:</b><br/>1921 N 25th St<br/>McAllen, Texas 78501</p> <p><b>Phone:</b><br/>956-681-3333</p>     |
| <b>Nederland</b> | <a href="#">Adaptive Sports for Kids</a>   | Adaptive & inclusive Baseball, Basketball, Cheer Tae Kwon Do, Cheer and Flag, Football, | Up to 18  | <p><b>Address:</b><br/>Doornbos Park 2300<br/>Avenue H Nederland,<br/>Texas</p>                              |
| <b>Odessa</b>    | <a href="#">Odessa College Sports Center Summer Camps</a>                        | Wheelchair Basketball, Tennis, Swim   | Ages 8-15 | <p><b>Address:</b><br/>201 West University<br/>Odessa, Texas 79764</p> <p><b>Phone:</b><br/>423-335-6348</p> |
| <b>Odessa</b>    | <a href="#">City of Odessa Parks and Recreation</a>                              | Inclusive Aquatics, Baseball, Girls Softball and Soccer                                 | All Ages  | <p><b>Address:</b><br/>1100 W. 42nd Street,<br/>Odessa, Texas</p> <p><b>Phone:</b><br/>432-368-3548</p>      |

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| <b>Round Rock</b>  | <a href="#">City of Round Rock Recreational Center</a><br><a href="#">Baca Recreational Center</a><br><a href="#">Clay Madsen Recreational Center</a> | Adaptive and Inclusive Recreational, Sports, Afterschool, Holiday and Summer camp programs | Up to 18   | <b>Address:</b><br>1600 Gattis School Road<br>Round Rock, Texas<br><b>Phone:</b> 512-218-3220          |
| <b>San Antonio</b> | <a href="#">A Caring Choice (through Arc of San Antonio)</a>  | Summer Teen Adventure Camp YSCHN adaptive camp for teens ages 13-17                        | Ages 13-17 | <b>Address:</b><br>13430 West Ave.<br>San Antonio, TX 78216<br><b>Phone:</b><br>210-490-4300           |
| <b>San Antonio</b> | <a href="#">Morgan's Wonderland</a>   | Adaptive Theme park inspired recreation  | All Ages   | <b>Address:</b><br>5223 David Edwards Dr.<br>San Antonio, Texas 78233<br><b>Phone:</b><br>210-495-5888 |
| <b>San Antonio</b> | <a href="#">South Texas Regional Adaptive Paralympic Sports (STRAPS)</a>  | Adaptive and Inclusive Sports  | All Ages   | <b>Address:</b><br>5223 David Edwards Dr.<br>San Antonio, Texas 78233<br><b>Phone:</b><br>210-495-5888 |

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| <b>San Antonio</b> | <a href="#">Boy Scouts of America Alamo Area Council Inc.</a>  | Inclusive Cub/Boy Scout Venturing Sea Scouting and Exploring Program                       | Ages 4-20    | <b>Address:</b><br>2226 N. W. Military Hwy<br>San Antonio, Texas 78213<br><br><b>Phone:</b><br>210-341-8611   |
| <b>San Antonio</b> | <a href="#">San Antonio Parks and Recreation Lincoln Community Center, Melendez Community Center</a> | Adaptive and Inclusive Recreational, Sports, Afterschool, Holiday and Summer camp programs | Ages 5 to 17 | <b>Address:</b><br>5800 Enrique M. Barrera Pkwy San Antonio, Texas 78227<br><br><b>Phone:</b><br>210-207-3047 |
| <b>Southlake</b>   | <a href="#">City of Southlake Therapeutic Recreation</a>   | Adaptive and Inclusive Recreational, Sports, Afterschool, Holiday and Summer camp programs | All Ages     | <b>Address:</b><br>1400 Main Street Ste. 210<br>Southlake, Texas 76092<br><br><b>Phone:</b><br>817-748-8019   |

***This document is provided for informational purposes only and does not indicate an endorsement or approval of any organization listed. Not all programs in Texas are included in this list.***