



## **Stock Epinephrine Advisory Committee**

Texas Department of State Health Services  
Brown-Heatly Building, 4806 N Lamar Blvd, Room 1430  
Austin, TX 78751  
Friday, September 28, 2018  
10:00 a.m.

### **APPROVED Meeting Minutes**

#### **Members Present:**

Louise Bethea, MD  
Drew Bird, MD  
Carla Davis, MD  
Theodore Freeman, MD  
Erika Gonzalez-Reyes, MD  
Doug Jeffrey, MD  
Karen Schwind, BSN, RN  
Wesley Stafford, MD  
Cynthia Taylor, RN  
Pooja Varshney, MD  
Beth Wichman, MD

#### **Members Absent:**

Jannifer Fulbright, BSN, RN

#### **Staff Present:**

Laurie Anderson, Texas Department of State Health Services  
Melissa Cammack, Texas Department of State Health Services  
Leanne Raborn, Texas Department of State Health Services  
Anita Wheeler-Hill, Texas Department of State Health Services  
Nycia Deal, Health and Human Services Commission, Legal Services  
Natalie Adelaja, Health and Human Services Commission, Legal Services

#### **Guests Present:**

Susan Tharp, San Antonio Food Allergy Support Team

**Agenda item 1** was the call of the meeting to order by Dr. Carla Davis at 10:09 a.m.

**Agenda item 2** was the introduction of members, guests, and staff. Dr. Davis introduced the two newest members of the Stock Epinephrine Advisory Committee (SEAC), Dr. Beth Wichman and Cynthia Taylor, RN, and thanked them for providing perspective for post K-12 academic environments and institutions. Dr. Erika Gonzalez-



Reyes made a motion to move agenda item 6 after agenda item 3. The motion was seconded by Dr. Louise Bethea and passed.

**Agenda item 3** was the approval of the minutes from the July 28, 2017 SEAC meeting. A motion was made by Dr. Theodore Freeman to approve the minutes. The motion was seconded by Dr. Bethea and passed.

**Agenda item 4** was the Legal overview of Texas Education Code, Title 2, Chapter 38, Subchapter E, Section 38.202. Nycia Deal from HHSC legal department discussed the Open Meetings Act. She advised against discussing committee business outside of meetings or lobbying to legislators on behalf of the committee unless asked to do so by DSHS.

**Agenda item 5** was the discussion regarding the review and feedback of the committee by-laws. Mrs. Wheeler-Hill stated she put the bylaws in a draft document, which she will send to committee members. She asked that committee members review the draft copy and provide her with feedback; once completed, Mrs. Wheeler-Hill will send a hard copy back out to committee members for final review and preparation for signing/approval. Dr. Davis inquired regarding the timeline for members to review and return the document, and 6 weeks from the date Mrs. Wheeler-Hill sends the document out was agreed upon.

**Agenda item 6** was the update on the Epinephrine Auto-injector rules regarding kindergarten through Grade 12. Mrs. Wheeler-Hill stated that current rules went into effect August 1, 2018, and she has been receiving requests from schools on guidance navigating the rules. Dr. Davis thanked her for making the resource user friendly.

**Agenda item 7** was the discussion regarding the Recommendations to the Department of State Health Services (DSHS) in accordance with Texas Education Code, Chapter 51, Subchapter Y-1. Dr. Davis reviewed the recommendation topics focusing on storage and maintenance of auto-injectors, trainings of school personnel, and a plan for one or more school personnel or volunteers trained in the administration of auto-injectors. Committee members agreed on-campus storage and maintenance in higher education institutions was the priority, however, inclusion of off-campus buildings, dorms, and apartments was considered for future implementation through voluntary participation. The committee agreed having a designated university employee or department check inventory would be feasible, and the institutions would ultimately be responsible for checking monthly to see if campus auto-injectors need to be replaced.

Dr. Freeman and suggested revising the definition of "personnel", and Dr. Wichman suggested changing "secure location" to "secure locations" on page 7 and including a definition for "volunteer" as anyone who is authorized or trained in administration but is not personnel. Further committee comments on the training of school personnel included implementing a 30-minute training with a reporting section for training administrating volunteers and a skills checklist.

**Agenda item 8** was the discussion regarding reporting administration of epinephrine auto-injectors to DSHS. Mrs. Wheeler-Hill stated the language on the form can easily be changed for clarity. Ms. Taylor suggested clarifying the injection location and adding a field for geographic location. There were also recommendations to include "institution of higher education" under school information and "infant dose" as an option for type of dosage administered. Regarding symptom information, the committee agreed to changing "rash" to "rash/hives" as a skin symptom, adding "cramps/abdominal pain" and "vomiting/nausea" as gastrointestinal symptoms, and moving "tingling or numbing sensation" to central nervous system symptoms and "swelling of lips, tongue, or throat" to respiratory symptoms.

**Agenda item 9** was the discussion regarding future activities of the SEAC. Mrs. Wheeler-Hill shared that the School Health Program Epi Reporting System went live on November 7, 2017 and started again on August 1, 2018; the report was a pilot run, and a deeper analysis will be conducted in July 2019. A discussion on the report breakdown followed with mention of food as a consistently common anaphylaxis trigger. Dr. Davis suggested including a reminder in the *Friday Beat* to report assigned and unassigned cases of anaphylaxis and follow up with a medical provider, especially in unknown cases. There was also a committee request to add supporting data and studies to the *Friday Beat* and School Health Program website.

**Agenda item 10** was public comment. Ms. Tharp shared that University of Texas dorms now have a naloxone manual available to student residents and viewed it as making progress toward having auto-injector/anaphylaxis information and treatment become more accessible in higher education institutions. Ms. Wheeler-Hill mentioned that the epinephrine expiration information has been posted in the *Friday Beat* and proposed training campus residents assistants on awareness, symptoms, next steps, and epinephrine use.

**Agenda item 11** was the opportunity for committee members to make any further announcements. There were no announcements presented.

**Agenda item 12** was adjournment. The meeting adjourned at 12:40 p.m.

Contact:

Anita Wheeler-Hill, MSN, RN  
P.O. Box 149347 (MC 1925)  
Austin, TX 78714-9347  
512/776-7279