

HEARTM

HEAR HER CONCERNS
TEXAS

You Can Help Save Her Life

WARNING

The content of this material contains realistic depictions of urgent maternal warning signs for pregnant and postpartum women. All images are simulated.

If you or someone you know is experiencing symptoms or something doesn't feel right, get help.



Learn more at
dshs.texas.gov/HearHerTX

You Can Help Save Her Life. Look for urgent maternal warning signs during pregnancy and for a year after.

Severe Headache That Won't Go Away or Gets Worse Over Time



Overwhelming Tiredness



Swelling, Redness or Pain of Your Leg



Vaginal Bleeding or Fluid Leaking During Pregnancy



Baby's Movement Stopping or Slowing During Pregnancy



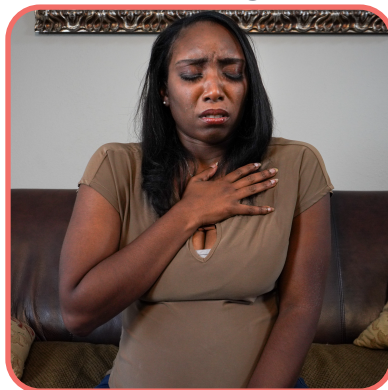
Severe Belly Pain That Doesn't Go Away



Severe Nausea and Throwing Up (Not Like Morning Sickness)



Chest Pain or Fast-beating Heart



Trouble Breathing



Thoughts About Harming Yourself or Your Baby



Extreme Swelling of Your Hands or Face



Fever of 100.4 °F (38°C) or Higher



Changes in Your Vision



Dizziness or Fainting



Heavy Vaginal Bleeding or Leaking Fluid That Smells Bad After Pregnancy

