## Athetic Trainer Growth Trends

This fact sheet is an overview of the trends, distribution, and demographics of athletic trainers in Texas. In 2020, there were 3,551 actively licensed athletic trainers in Texas.

■ This number represented a $20.5 \%$ increase since 2015 and a $44.1 \%$ increase since 2010.

- Relative to population growth, the size of the athletic trainer workforce has improved by $18.8 \%$ over the past 10 years.

Figure 1. Total Athletic Trainers


## Geographic Distribution of Athletic Trainers

Figure 2. Ratio of Population to Athletic Trainer


Table 1. Ratio of Texas Population to Athletic Trainer by Geographic Designation

| Geographic Designation | Ratio of Population to Athletic <br> Trainer |
| :---: | :---: |
| Metropolitan | 8,389 |
| Non-metropolitan | 8,099 |
| Border | 9,658 |
| Non-border | 8,240 |
| Texas | 8,358 |

Athletic trainers were not evenly distributed throughout border and non-border counties.

- Per capita, metropolitan counties had 1.0 times as many athletic trainers as non-metropolitan counties.
- Per capita, non-border counties had 1.2 times as many athletic trainers as border counties.


## Demographics of Athletic Trainers

## Age Distribution of Athletic Trainers

Within 10 years, $9.4 \%$ of the current Texas athletic trainer workforce will be over 65 years of age. ${ }^{1}$

- $50.9 \%$ of athletic trainers were 35 years of age or under.

Table 2. Age Distribution of Athletic Trainers

| Age Group | Frequency | Percentage |
| :---: | :---: | :---: |
| $\leq 25$ | 331 | $9.3 \%$ |
| $\mathbf{2 6 - 3 0}$ | 829 | $23.3 \%$ |
| $31-35$ | 649 | $18.3 \%$ |
| $\mathbf{3 6 - 4 0}$ | 498 | $14.0 \%$ |
| $41-45$ | 365 | $10.3 \%$ |
| $\mathbf{4 6 - 5 0}$ | 320 | $9.0 \%$ |
| $\mathbf{5 1 - 5 5}$ | 225 | $6.3 \%$ |
| $\mathbf{5 6 - 6 0}$ | 145 | $4.1 \%$ |
| $\mathbf{6 1 - 6 5}$ | 115 | $3.2 \%$ |
| $>65$ | 74 | $2.1 \%$ |
| Total | 3,551 | $100.0 \%$ |

${ }^{1}$ The earliest retirement age for social security is 62 .

