

# Early Intervention Services Service Standard

Texas Department of State Health Services, HIV Care Services Group — <u>HIV/STD</u> <u>Program | Texas DSHS</u>

Subcategories	Service Units
Early Intervention Service	Per visit

# Health Resources & Service Administration (HRSA) Description:

The RWHAP legislation defines EIS for using § 2651(e) of the Public Health Service Act. Per HRSA, Early Intervention Services (EIS) are services that include identification of individuals at points of entry and access to services. Specifically, EIS must include the following four components:

- Targeted HIV testing to help individuals who are unaware learn of their HIV status and receive a referral to HIV care and treatment services if found to be living with HIV
  - Recipients must coordinate these testing services with other HIV prevention and testing programs to avoid duplication of efforts
  - HIV testing paid for by EIS cannot supplant testing efforts paid for by other sources
- Referral services to improve HIV care and treatment services at key points of entry
- Access and linkage to HIV care and treatment services such as HIV Outpatient/Ambulatory Health Services, Medical Case Management, and Substance Abuse Care
- Outreach Services and Health Education/Risk Reduction related to HIV diagnosis

## **Program Guidance:**

The elements of EIS often overlap with other service category descriptions; however, EIS is the combination of such services rather than a stand-alone service. Ryan White HIV/AIDS Program (RWHAP) Part B recipients should be aware of programmatic expectations that stipulate the allocation of funds into specific service categories.

#### Limitations:

Agencies may use RWHAP Part B funds for HIV testing only where existing federal, state, and local funds are not adequate and RWHAP funds will supplement, not supplant, existing funds for testing.

EIS services are limited to:

- Counseling and HIV testing
- Referral to appropriate services based on HIV status
- Linkage to care
- Education and health literacy training for clients to help them navigate the HIV care system

EIS services require coordination with providers of prevention services and should be provided at specific points of entry.

Counseling, testing, and referral activities are designed to bring people living with HIV (PLWH) into Outpatient/Ambulatory Health Services (OAHS). The goal of EIS is to decrease the number of underserved PLWH by increasing access to care.

EIS also provides the added benefit of educating and motivating clients on the importance and benefits of getting into care. Agencies should refer individuals found to not be living with HIV to appropriate prevention services.

#### **Universal Standards:**

Service providers for Early Intervention Services must follow <u>HRSA and DSHS</u> <u>Universal Standards</u> 1-46 and 68-72.

#### **Service Standard and Measures:**

The following standards and measures are guides to improving healthcare outcomes for people living with HIV throughout the State of Texas within the Ryan White Part B and State Services Program.

Standard	Measure
<ul> <li>HIV Testing: Agencies providing HIV testing will ensure the following:</li> <li>Staff perform HIV testing using blood samples (either finger stick or venipuncture)</li> <li>The agency maintains records of the number of HIV tests conducted in each measurement year</li> <li>The agency maintains records of test results with documentation that indicates whether the client was informed of their status</li> </ul>	1. Percentage of clients who test positive for HIV who are given their test results in the measurement year. (HRSA HAB measure)
RWHAP Part B and State Services funds may be used to purchase Food and Drug Administration (FDA) approved in-home testing kits.	
<b>Results Counseling:</b> Agencies must offer results counseling to all clients regardless of the result of the HIV test performed. Results counseling should include a discussion of safe health practices and general health education for all clients.	<ol> <li>Percentage of clients offered results counseling as documented in the primary client record.</li> </ol>
Results counseling for individuals who test positive for HIV will include:	
Health education regarding HIV	
Healthy behavior promotion	
Maintaining viral suppression	
<ul> <li>Disclosure to partners and support systems</li> </ul>	
<ul> <li>Importance of accessing medical care and medications</li> </ul>	
<ul><li>Results counseling for individuals with negative HIV testing will include:</li><li>Health education</li></ul>	

Healthy behavior promotion	
Referral to HIV prevention services	
<b>Linkage to Care:</b> Clients who test positive for HIV through preliminary testing should be linked to medical care and assisted in scheduling an appointment with a medical provider of the client's choosing.	<ol> <li>Percentage of clients with positive tests who were linked to OAHS in the measurement year.</li> </ol>
Successful linkage to Outpatient/Ambulatory Health Services is measured as attendance at the actual medical appointment with a prescribing provider.	4. Percentage of clients with positive tests who attended a routine HIV medical care visit within 1 month of HIV diagnosis. (HRSA HAB measure)
	5. Percentage of clients with positive tests who were experiencing homelessness or were unstably housed, who attended a routine HIV medical care visit within 3 months of HIV diagnosis. (HRSA HAB measure)
<ul> <li>EIS Care Planning: Staff should develop care plans for clients living with HIV during the time they are receiving services through EIS programs. Care plans must include:</li> <li>Problem statement based on client need</li> <li>One to three current goals</li> </ul>	<ol> <li>Percentage of clients with positive tests who have a care plan documented in the primary client record.</li> </ol>
<ul> <li>Interventions to achieve goals (such as tasks, referrals, or service deliveries)</li> <li>Individuals responsible for the activity (e.g., EIS staff, client, family)</li> <li>Anticipated time for the completion of each intervention</li> </ul>	<ol> <li>Percentage of clients with positive tests with a care plan updated at least monthly.</li> </ol>
Staff should update the care plan with outcomes and revise in response to changes in the client's life circumstances or goals. As EIS programs are designed to assist clients in engaging in medical care rapidly after testing positive, staff should update care plans at least monthly, or more often as goals are achieved.	

<b>Progress Notes:</b> Agencies should maintain progress notes in each client's primary record and include documentation of the assistance the EIS staff provided to the client to help achieve the goal of a successful linkage to OAHS services.	<ol> <li>Percentage of clients with positive tests that have documented progress notes showing assistance provided to the client.</li> </ol>
<ul> <li>Referrals and Follow-up: EIS staff will assist the clients with referrals to necessary services to achieve successful linkage to care. Staff should document referrals in the client's primary record and should include referrals to the following, as applicable:</li> <li>OAHS</li> <li>Medical case management (MCM)</li> <li>Medical transportation</li> <li>Mental health</li> <li>Substance use treatment</li> <li>Any additional services necessary to help clients engage in their medical care</li> </ul>	<ul> <li>9. Percentage of clients with positive tests with documentation that referrals were initiated in a timely manner upon identification of client needs.</li> <li>10. Percentage of clients with positive tests with documentation of any referrals declined by the client.</li> </ul>
All referrals must have documentation of the follow-up to the referral in the client's primary record. Follow-up documentation should include the result of the referral and any additional assistance the EIS staff offered to the client.	11. Percentage of clients with positive tests that have documentation of follow-up to referrals, including whether the appointment was attended.
<b>Transition and Case Closure:</b> Agencies should close the cases of clients who are successfully linked to active MCM services or OAHS or are no longer engaged in EIS services. Closed cases for clients living with HIV must have a case closure summary, including both a brief narrative progress note and a formal case closure and graduation summary. The EIS supervisor should review and sign all closed cases.	12. Percentage of closed cases of clients with positive tests that include documentation stating the reason for the closure and a closure summary (brief narrative in progress notes and formal case
Agencies may consider a client "out of care" if three attempts to contact the client (via phone, e-mail or written correspondence) are unsuccessful and the client has been given 30 days from initial contact to respond. Staff should utilize multiple methods of contact (phone, text, e-mail, certified letter), as permitted by client authorization when trying to re-engage a client. The agency can initiate case closure proceedings 30 days following the third attempt at contact. EIS staff should work	closure/graduation summary). 13. Percentage of closed cases of clients with positive tests with supervisor signature and approval on closure summary

with their local Disease Intervention Specialists (DIS) to assist clients who have not been informed of their HIV status or successfully linked to care.	(electronic review is acceptable).
Common reasons for case closure include:	
Client is referred and successfully linked to MCM and/or OAHS services	
Client relocates outside of the service area	
Client declines services or chooses to terminate services	
Client is lost to care or does not engage in services	
Client is incarcerated for more than 6 months in a correctional facility	
Client is deceased	

## **References:**

Division of Metropolitan HIV/AIDS Programs, HIV/AIDS Bureau (HAB). <u>Ryan White</u> <u>HIV/AIDS Program (RWHAP) National Monitoring Standards for RWHAP Part A</u> <u>Recipients.</u> Health Resources and Services Administration, June 2022.

Division of State HIV/AIDS Programs, HIV/AIDS Bureau (HAB). <u>Ryan White</u> <u>HIV/AIDS Program (RWHAP) National Monitoring Standards for RWHAP Part B</u> <u>Recipients</u>. Health Resources and Services Administration, June 2022.

Ryan White HIV/AIDS Program. *Policy Notice 16-02: Eligible Individuals & Allowable Uses of Funds*. Health Resources & Services Administration, 22 Oct. 2018.

Public Health Service Act Title XXVI—HIV Health Care Services Program <u>legislation-</u> <u>title-xxvi.pdf (hrsa.gov)</u>.