# Investigation Notice **TEENS AT RISK** Severe Lung Illness in People Who Vape

The Texas Department of State Health Services and local health departments are investigating cases of severe lung illness in people with a recent history of vaping.

#### Most of the affected people are adolescents and young adults.

*Vaping* is the use of an electronic device to inhale substances like nicotine, marijuana, THC or flavorings.

Vape devices can look like everyday items like pens, flash drives, highlighters—even candy.

## **Ongoing Investigation**

DSHS health officials have not yet identified a common cause, but all patients reported recent use of vaping products containing nicotine and/or THC.

## **Symptoms**

Symptoms of patients with Severe Lung Illness include:

- Cough, shortness of breath, or chest pain
- Nausea, vomiting, or diarrhea
- Fatigue, fever, or weight loss

Many patients developed severe respiratory illness and required

hospitalization. Some patients had to be put on ventilators to be able to breathe.

#### What You Need to Know

Regardless of this investigation, teens, young adults, and women who are pregnant should not vape.

While the investigation continues, everyone else should consider not using e-cigarettes or other vaping devices.

If you or someone you know use a vaping device and experience symptoms, seek medical care immediately.



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