

September 2020

Diabetes News You Can Use is a free news bulletin of the Texas Department of State Health Services. It is compiled by the <u>Diabetes Prevention and Control Program</u>. Each month we highlight information and news related to diabetes.

September is Healthy Aging Month: Get inspired to improve your well-being.

Articles

- <u>Severe Hypoglycemia, Diabetic Ketoacidosis Twice as Prevalent Among Adults</u> with Diabetic Peripheral Neuropathy
- Improving Care and Promoting Health in Populations: Standards of Medical Care in Diabetes-2020
- Diabetes and Aging: Unique Considerations and Goals of Care
- Health in Aging: Information from the American Geriatrics Society
- <u>Diabetes and Aging: From Treatment Goals to Pharmacologic Therapy</u>
- <u>Use and Discontinuation of Insulin Treatment Among Adults</u> <u>Aged 75 to 79 Years with Type 2 Diabetes</u>

Diabetes Friendly Recipes

- <u>Basil Pesto Stuffed Mushrooms</u>
- Gluten-free Hummus

Crispy Potato Skins

Seafood Gumbo

The articles and hyperlinks to external websites appearing in *Diabetes News You Can Use* are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services. Other websites may not be accessible to people with disabilities. For more information about any of the items listed, please contact the sponsoring organization directly.

Go to <u>dshs.texas.gov/txdiabetes</u> to sign up to receive this monthly bulletin in your email mailbox. You also will receive periodic messages related to public meetings and activities of the DSHS Diabetes Prevention and Control Program.



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