**Plano Independent School District**

**School Health**

**Possible Problem List for Meter Dose Inhaler**

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| **Observation** | **Reason/Action** |
| Dizziness, lightheadedness | Student may be breathing too rapidly. Encourage students to take slower breaths. If persists, stop treatment and continue when students is feeling better. Contact Parent. |
| Becomes shaky or jittery during treatment. | Medication may be causing increased heart rate. Contact Parent.  |
| Chest tightness, coughing, wheezing, shortness of breath (SOB), and retractions. | Follow Student Asthma Action Plan. Give inhaler, if ordered. Contact Parent.  |
| Breathing gets increasingly difficult. Cough or wheeze worsens. | Stay calm. Reassure student. Document vital signs. Follow Student Asthma Action Plan. Contact Parent. |
| Struggling to breathe or hunching over after treatment is finished. | Follow Student Asthma Action Plan. Call 911. Contact Parent.  |