

SHAC Meeting Agenda Topics

The School Health Advisory Council (SHAC) has the opportunity to influence and educate its members, school leadership, and the district school board about the coordinated school health concept, related information and resources, compliance with required statutes, school profiles, current trends, infrastructure support, and others. In addition to the regular business conducted at SHAC meetings, there is benefit for members to learn about topics of interest, engage in relevant discussions, and coordinate initiatives that impact the operation of the SHAC. This document lists topics for meetings that you may want to consider. Several topics include embedded links to provide additional information. Additional information can be found on the DSHS School Health Program [website](#).

General Meeting Topics

- [Food allergies](#)
- [Bullying/cyberbullying](#)
- Parent involvement/parent workshops
- [Health TEKS](#)
- [Available grants](#)
- [Vision screenings and eye health](#)
- [Hearing screenings and health](#)
- [Spinal screenings](#)
- [Bus idling](#)
- [Recess 1\) as physical activity, 2\) before lunch](#)
- [Denial of recess as punishment](#)
- Connecting with administrators
- Alcohol, tobacco and other drugs
- Drugs, alcohol, and tobacco and effects on the adolescent mind
- [Substance Abuse](#)
- Prescription drugs
- Sexuality education and curriculum
- [Dating violence](#)
- [Diabetes](#)
- [Head lice](#)
- [Breakfast in the classroom](#)
- Mental Health/Counseling
- [Integrated Pest Management](#)
- The positive effects dual language programs have on standardized test score (STAAR)
- [Whole Child Initiative](#)
- [Whole School, Whole Community, Whole Child](#)
- [HPV](#)
- Energy Drinks
- Social media
- [Obesity](#)
- [Farm to school program/school gardens](#)
- [Youth Risk Behavior Survey](#)
- [Suicide prevention](#)
- [Injury prevention](#)
- [Sun safety](#)
- [Water safety](#)
- [AT&T's The Last Text \(It can wait\)](#)
- [PTA](#)
- Nutrition
- Eating disorders

- Sexual abuse
- Sexual assault
- [Bicycle safety](#)
- [Car seat safety](#)
- Playground safety
- [PAPAs curriculum](#)
- [Gallup Student Poll](#)
- Denial of recess in favor of academics or tutoring
- Weather policy

- [Later school start times for students in High School](#)
- Identification of new community partners
- [E-cigarettes and vaping](#)
- [School Connectedness](#)
- [Parent Engagement](#)
- [Developmental Assets](#)
- [Emergency management](#)

Reports

- Food services
- Health services
- [Mental health services \(counseling\)](#)
- Physical education
- [Fitnessgram®](#)
- [Coordinated School Health Curriculum](#)

- Campus plans
- [Healthy school environments](#)
- [SHAC Annual Report to School Board](#)
- Special education topics

Projects

- Transition/disability awareness fairs
- Employee health fair/public health fair
- Food drive
- [Kids Heart Challenge](#)
- 5k fun run
- Field Day
- [Weekend backpack food program](#)
- [Walk Across Texas](#)
- [5-2-1-0 Healthy Habits Program](#)

- [Community garden](#)
- Healthy recipe contest
- Community surveys
- Immunization clinics
- Exercise classes
- [Bike trains](#)
- [Walking school bus](#)
- [Safe routes to school](#)

Organizational

- [Orientation/purpose of the SHAC](#)
- [Development of bylaws](#)

- [Conducting a needs assessment](#)

- [What is Coordinated School Health?](#)
- [SHAC Self-Assessment](#)
- Development of a work plan
- [School Health Initiative Screening Tool](#)
- Yearly meetings schedule
- [Healthy fundraisers](#)
- [Wellness policies](#)

Texas School Health Advisory Committee Topics

The following TSHAC Research and Recommendation documents can be accessed on the TSHAC Recommendations [webpage](#).

- Benefits to Students in School Districts that Prohibit Physical Activity as Punishment
- Health Education for all Texas Students, Kindergarten through 12th Grade and Resolution
- Offering Physical Activity Outside of the School Day
- Physical Education
- Recess and Physical Activity: Impact on Student Health and Academic, Social and Emotional Development and Resolution
- School Bus and Automobile Idling
- Student consumption of regular and diet sodas in high schools

The following TSHAC Tools and Resources can be accessed on the TSHAC Resources [webpage](#).

- Bullying Prevention Toolkit
- Childhood Obesity Prevention Resolution
- Coordinated School Health Data Sets
- Recommended School Health Services Staff Roles
- Resolution Supporting Inclusive Practices for Students with Exceptionalities in Public Schools
- Resources for Students and Families Dealing with Economic Crisis
- SHAC Annual Progress Report to the Board of Trustees (Power Point)
- SHAC Self-Assessment
- School Health Initiative Screening Tool
- Reducing Sodium Intake in the School Setting – Partnership document
- Mental Health Resources for Educators and Schools